

# Londonderry Times

January 14, 2016 ♦ Volume 17 – Issue 2

A FREE Weekly Publication



## Out with a Blaze

The holiday season was ushered out for the 21st time with the annual Christmas Tree Burn at Mack's Apple on Saturday. Over 400 trees were collected during the fundraiser by Boy Scout Troop 521.

*Photo by Chris Paul*

## Warrant Article Proposed to Reestablish Family Mediation

KAITLYN G. WOODS  
LONDONDERRY TIMES

School Board Member John Laferriere is gathering signatures for a citizen's petition to put on the Town Warrant an article to raise and appropriate \$50,000 to reestablish the Family Mediation Program for Londonderry families in need.

"As a community, we

need to establish these types of programs where families can come and have a place to get information, get help or talk to someone and get counseling," he said.

Additionally, the warrant article proposes establishing a special revenue fund to allow and accept any and all gifts, donations and grants to

support the Family Mediation Program.

If approved, those funds would be incorporated in the annual default budget calculation, and only a vote at Town Meeting could defund the program.

Laferriere said it would be up to the Town to determine how the funds would be utilized to

**continued on page 12**

## Community Forum Focuses on Family in Addressing Heroin Crisis

KAITLYN G. WOODS  
LONDONDERRY TIMES

As the Legislature grapples with how to address the State's heroin and opioid crisis, the Town held a well-attended community forum to educate residents and identify ways to best address the epidemic in Londonderry.

"We have seen heroin-related deaths more than quadruple in just one year," Det. Sgt. Patrick Cheetham told a crowd of about 100 residents and other members of the community at the Jan. 6 forum at Londonderry High School.

Cheetham said that over the last five years the Police Department saw a dramatic increase in residential burglaries in 2015, and in completing

their reports, Police found 93 percent of people arrested for those burglaries said they were addicted to heroin or had a history of addiction to the narcotic.

The panel for the forum included Jim Gamache of Londonderry, Chief Operating Officer of the WestBridge Treatment Center; Pastor Ken Glasier of Orchard Fellowship, who was the driving force behind organizing the community discussion; Fire Chief Darren O'Brien; Det. Chris Olson; Det. Sgt. Cheetham; Town Manager Kevin Smith; State Sen. Sharon Carson, R-Londonderry; and U.S. Senator Kelly Ayotte, R-NH.

Detailing efforts at the State and federal level, Carson and Ayotte said the focus is on increasing

access to and financial support for treatment - there are only 256 treatment beds in New Hampshire; diverting more resources to stopping heroin and Fentanyl at the Mexican border; and putting in place laws that make the manufacturing and distribution of Fentanyl as serious an offense as that of drugs like cocaine.

"Fentanyl can be 50 percent more powerful than heroin," Ayotte said, noting the opiate she described as "a serial killer" is not being treated with the same level of seriousness under the law as heroin, cocaine and other illegal substances.

Also highlighting legislative efforts to address the heroin epidemic was

**continued on page 7**

## School Board Hearing on Budget, Articles is Jan. 14

KAITLYN G. WOODS  
LONDONDERRY TIMES

The School Board has voted to move an operating budget of \$70.7 million to a public hearing this week.

The Board's budget public hearing is to be held on Thursday, Jan. 14 at 7 p.m. in the Moose Hill Council Room at Town Hall.

By decreasing the Superintendent's proposed budget by \$200,000, the Board brought the proposed budget \$150,000 below the default.

The Superintendent's proposed budget of \$70.9 million represented an

increase of \$1.9 million over this year's budget and is \$56,000 above the default budget.

Member Dan Lekas asked that the Superintendent present recommendations for where the \$200,000 could be cut from the proposed budget at the Board's meeting Tuesday, Jan. 5.

Business Administrator Peter Curro said the District may need to increase the budgeted amount for Special Education due to a number of unanticipated placements and expenses.

"We will have that

when we present the budget at the public hearing, for sure," he said.

"I want to bring down the budget too, but I also want to know what will be cut," member Leitha Reilly said. "We need the ability to modify accordingly."

"We will come in with

**continued on page 8**

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# Community Mourns Passing of Chester 'Chet' Ham



Chet and his wife, Marilyn Ham, pose in their period outfits during the Heritage Days celebration at the First Parish Church in East Derry.  
Photo by Chris Paul

KAITLYN G. WOODS  
LONDONDERRY TIMES

Londonderry is mourning the passing of Chester "Chet" Ham, a longtime public servant and the Fire Department's chaplain for more than two decades.

"He was a good man - very personable, with a

helping hand for anything he could assist with. He was here for the guys if they needed to speak with someone. He always had a shoulder to lean on," Fire Chief Darren O'Brien said.

Ham and his wife, Marilyn, moved to Londonderry in 1969, where they raised their three children, Peter,

David and Cynthia. They had eight grandchildren and one great-grandchild.

While living in Londonderry, Ham worked as a real estate broker and a rural mail carrier for the U.S. Postal Service for 17 years.

Ham started in the Fire service as a volunteer member in 1969, also serving on the Historical Society, Budget Committee, Wage and Salary Committee, School Board and with the Cub Scouts and Boy Scouts.

Ham was also a founding member and chairperson of Londonderry's Elder Affairs Committee.

In addition to serving as chaplain to the Fire Department, Ham served as affiliate pastor at First Parish Congregational Church in Derry for 45 years, greeting members at the door for services every Sunday.

"When we learned of Chet's passing, we shared how each one of us had met Chet. So many of us remember that he was the one who heartily welcomed us to the Church Sunday morning," First Parish Pastor Deborah Roof said. "Chet will be

long remembered for his heart of hospitality, his love of God and his sense of humor. He will be sorely missed."

"One thing that sticks out in my mind is he'd always come up for the

Old Home Day race, even after he'd moved away," said Sue Joudrey, a lifelong friend and neighbor of the Ham family, noting he enjoyed helping the runners get water as they passed her water station.

"It's a great loss. He'll definitely be missed, and our thoughts and prayers go out to his wife, Marilyn, and their three kids," O'Brien said.

See obituary on page 3.

## State Reps Say Trump Signs Targeted in Recent Thefts

KAITLYN G. WOODS  
LONDONDERRY TIMES

Supporters of Republican Presidential candidate Donald Trump say someone is stealing and vandalizing their campaign signs.

State Rep. Al Baldasaro, R-Londonderry said when he arrived home on Monday he noticed an oversized Trump for President sign had been taken from his property. He said the sign cost about \$120.

"It happens quite a bit," he said. "That costs money, and it's a form of freedom of speech people are stomping all over."

Sign theft doesn't respect political parties. In the Town's local 2014

election, hundreds of campaign signs for Democratic candidates disappeared, with 30 of them found in a Dumpster.

Baldasaro, who serves as chairman of Trump's campaign in Londonderry and is co-chair of Veterans for Trump, said campaign signs can make a difference in an election.

"They're stealing signs from good locations," he said. "I live on a corner lot, and Hall Road is a busy road. It's a shame, and what they're doing is trespassing on my property."

State Rep. Dan Tamburello, R-Londonderry said he also had signs that were run over and stolen.

"People have thrown garbage in my lawn, I had a window shot out of my car," he said. "I guarantee you it's related to my politics."

Tamburello reported to police early this week that someone stole two signs from his lawn, but opted not to have officers investigate the incident.

Additional signs were taken from the yard of Tamburello's neighbor.

"I never have stolen anyone's signs. It's illegal, and it's someone's individual property. What I have done, and Democrats have witnessed me doing this, is I have seen (Democratic candidates') signs knocked over and put them back in the ground. I believe in fairness and free speech and actually act on that," Tamburello said.

A person who steals campaign signs could face criminal mischief and theft charges, according to Londonderry Det. Chris Olson.



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## OBITUARY

### Chester "Chet" Ham



Chester R. "Chet" Ham, 85, of Derry died Jan. 10, 2016 at the Villa Crest Nursing Home in Manchester.

He was born in Wakefield, Mass., on July 13, 1930, a son of the late Clifford C. and Esther M. (Davenport) Ham.

He attended Wakefield High School in Massachusetts and received further education at the Governor's Academy in Byfield, Mass. He received a Bachelor of Arts from Colby College in Waterville, Maine and a Bachelor of Divinity from Andover Newton Theological School in Newton, Mass.

He married his wife, Marilyn, of 58 years while serving as a youth minister finishing up his Divinity degree. He received his first parish assignment in Columbia, S.D., where their first children, Peter and David, were born. The family then moved to Iowa, where he served as pastor in Blairsburg and Allison, and their third child, Cynthia, was born. The family then moved to Kansas City, Mo., where he worked as a life and accident insurance broker for the Presbyterian Ministers Insurance Fund.

He and his family returned to New England in 1969 and settled in Londonderry. He became a real estate broker and worked for the U.S. Postal Service as a rural mail carrier for 17 years. He also began to serve First Parish Church in East Derry.

In Londonderry he served on the Historical Society, Budget Committee, Wage and Salary Committee, School Board, Cub Scouts and Boy Scouts. He was a founding member and chairperson of the Elder Affairs Committee and joined the Fire Department as a volunteer in 1969. He served as Chaplain of the Fire Department since 2000.

Over his 60 years of pastoral service, he served 14 congregations.

His memorial thoughts are "do not grieve by my stone - go forward into your life."

He is survived by his wife, Marilyn (Webster) Ham of Derry; three children, Peter W. Ham and his wife, Carol Sosman, of Mansfield, Mass., David A. Ham and his wife, Christine, of Merrimack, and Cynthia A. Strike and her husband, Tom, of Londonderry; eight grandchildren, Jeremy and Ethan Ham, and Nathaniel, Catherine, Emily, and Meghan Ham, and Joseph and Jeffrey Oriani; one great-granddaughter, Ophelia Evelyn Oriani; two sisters, Dr. Priscilla Alexander of Sacramento, Calif., and Esther Dalrymple of Lansing, Mich.; and several nieces and nephews. He was predeceased by his brother, Rev. Dr. Clifford Ham of Pittsburgh, Penn.

Following cremation, calling hours will be held on Saturday, Jan. 23, from 1 to 4 p.m. in the Peabody Funeral Home and Crematorium, 290 Mammoth Road, Londonderry. A celebration of his life will be held Sunday, Jan. 24, at 10 a.m. at First Parish Church, 47 East Derry Road, East Derry. Burial will be in the spring in Glenwood Cemetery, Londonderry. In lieu of flowers or gifts, donations may be made to: Londonderry Child Passenger Safety Program, 103 High Range Road, Londonderry, NH 03053 and/or First Parish Congregational Church, 47 East Derry Road, Derry, NH 03038.

## Firefighters Band Together to Build Ramp

KATHLEEN D. BAILEY  
LONDONDERRY TIMES

Tuesday, Jan. 5, was one of the coldest days of the new year - or the old year. But for a dozen local firefighters, the warmth was internal as they took care of one of their own, one more time.

Members of the International Association of Firefighters Londonderry Local 3160 and Derry Local 4392, the firefighters' unions, teamed up to build a ramp at the home of retired Derry firefighter Jeffrey Barnett. Barnett is also the father of Londonderry firefighter and para-



Members of Londonderry Local 3160 and Derry Fire Local 4392 teamed up to build a ramp for a retired Derry firefighter who is also the father of a Londonderry firefighter. Courtesy photo

medic Kevin Barnett, and when the respective Locals heard about the need, they knew they had to help.

Derry union president Ron Sebastian said he heard about the need from another retired firefighter who attended a recent union meeting. "It was an opportunity to help a brother in need," he said.

Between 12 and 14 firefighters used their off-duty time to gather at Barnett's home on "that really cold day," Sebastian said. They worked from 9 a.m. to 1 p.m., and at the end, Barnett had an accessible home.

The firefighters donated their labor and paid for the materials, Sebastian said.

Londonderry Firefight-

er David Johnson first heard about the project from an e-mail Kevin Barnett sent around to the union members. "I've been friends with Kevin for some time and I knew I had to help," Johnson said. "We as firefighters try to 'give back' as much as we can."

Johnson said the temperature reached a high of 20 degrees that day. But the atmosphere was upbeat, Johnson said, and Jeff Barnett appreciated the effort.

"He loved it," Johnson said. "He'll be able to use it for years."

"All the guys felt good at the end of the day," Sebastian said. "We love taking care of our own. That's what this job is all about."

## OBITUARY

### Gene Garside



Gene A. Garside, 75, of Londonderry died Jan. 6, 2016 at Parkland Medical Center in Derry.

He was born in Hudson on Jan. 12, 1940, a son of the late Fred and Madoline (Hackett) Garside.

He was a resident of Londonderry for many years. He was a graduate of Alvirne High School in Hudson, Class of 1958.

He was a U.S. Army veteran serving during the Berlin Crisis.

He was a member of the American Legion, and was an avid snowmobiler and an antique collector. To support his family, he went door to door asking to provide services and from there built a business. He was the owner and operator of Garside Septic in Londonderry from 1972 until his retirement.

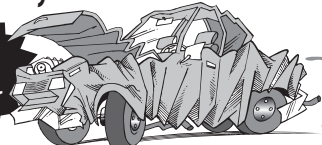
He is survived by his partner, Maggie Grundwalski; his son, Keith Garside and his wife, Laura, of Londonderry; three daughters, Jennifer Chotas and her husband, Elliot, of Marysville, Penn., Karen Madison and her husband, William, of Londonderry, and Stacey Marie of Maine; 13 grandchildren; four great-grandchildren; two brothers, Fred Garside, and Alan Garside, both of Hudson; three sisters, JoAnne Otis of New Hampton, Irene Valcourt of Newport, and Rita Shepard of Hudson; and several nieces and nephews. He was predeceased by his wife, Carol (Grace) Garside, in 2005, and by a brother, David Garside of California.

Calling hours were Jan. 11 in the Peabody Funeral Homes and Crematorium, 290 Mammoth Road, Londonderry, with cremation to follow. In lieu of flowers, memorial contributions may be made to the American Cancer Society, 30 Speen St., Framingham, Mass. 01710. To send a condolence or for more information, visit: [www.peabodyfuneralhome.com](http://www.peabodyfuneralhome.com).

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# Editorial

## It Does Happen Here

A community forum last week in Londonderry addressed the heroin and opioid drug crisis in the local area and the state. It follows similar 2015 forums in Derry and Hampstead.

The message is the same. Heroin use is increasing, along with fatal overdoses. Treatment options are limited. Family vigilance is vital.

A Londonderry police detective told forum attendees that the town has seen heroin-related deaths more than quadruple in one year. And Londonderry police found that 93 percent of people arrested for residential burglaries in 2015, a category that increased dramatically that year, said they were addicted to heroin or had a history of addiction to the narcotic.

Meanwhile in Derry in 2014, police responded to 42 drug overdoses, 12 of them fatal. By the end of September 2015, Derry Police had responded to 103 overdoses and 10 deaths.

There's a lot to consider. New Hampshire has just 256 treatment beds, a shortage that keeps many from potentially kicking the habit. When treatment is unavailable or not an immediate option, the likelihood is good of drug abuse continuing.

The State has taken some positive steps – passing a Good Samaritan Law to ensure that fear of arrest doesn't keep people from helping someone experiencing an overdose; and making Narcan, used to reverse overdoses, available by prescription to medical professionals

and families with a heroin addict.

But more remains to be done, and much of that takes money. Officials said among the things needed are drug education for all students, from Kindergarten up; prescription drug monitoring to keep addicts from "doctor shopping;" a 24-hour crisis hotline; and drug courts. As well as paying close attention when pain prescriptions are prescribed to young athletes.

In some cases, the forums included parents whose children died from heroin overdoses. Their comments offer suggestions for everyone, ranging from paying attention to your child's friends to talking about addiction to getting rid of unused medications.

Because it all begins at home. And heroin doesn't discriminate – wealthy suburban communities in Southern New Hampshire are no more immune than poor North Country towns or inner city Manchester. U.S. Senator Kelly Ayotte, R-NH, told the Londonderry forum that "we can't arrest our way out of it...It's not just a law enforcement problem, it's everyone's problem."

While arrest can be the catalyst for treatment – if treatment options are available – the key message of each forum was family involvement. Kicking the habit isn't easy. Laurie Warnock, education coordinator for the New England Poison Center, told Hampstead residents there is no "typical" user, with drug abuse a "lifelong battle."

And it can – and does – happen here.

# Letters

## Response to Letter

To the editor:

First off, I would agree many are oblivious (Moskowitz letter in last edition). However, not President Obama, Secretary Kerry, Secretary Clinton or candidate Sanders, for the following reason:

Operation Inherent Resolve was created in mid 2014, established by the international (U.S.-led) coalition against the Islamic State of Iraq and the Levant (ISIL), set up by the U.S. Central Command to coordinate military efforts against ISIL, and is composed of U.S. military forces and personnel from over 30 countries.

As of Jan. 2, 2016, U.S. and partner nation aircraft have flown an estimated 63,290 sorties in support of operations in Iraq and Syria. The results of these are 18,383 Targets Hit (Source: defense.gov).

Eleven U.S. military personnel have died in this operation, the absolute lowest in recent Middle East campaigns. If this were a ground campaign, you could expect the number in the many

thousands.

Granted, Fox News was calling it a failure 30 days in. John McCain continues saying: "only 25 percent effective." He's not exactly wrong, however presented as a stand-alone percentage, this only leads people to one conclusion. Much in the same as "20 per day" does (FYI, this is how the media can influence opinion).

Much will be written/spoken in the media during the next several months, most of which will be untrue. As a political fact check site stated, on weighing in on candidate Trump: 73 percent of what he says is at best "half-truth, if not outright 'Pants on Fire'." Example: You would think showing a TV video of people crossing a border, which turns out is really a Moroccan border crossing some 5,000 miles away, would be unconscionable? However, Mr. Trump makes no apologies for attempting to fool Americans. Why should he? This is just a reality show, right?

Referring to Mr. Moskowitz's comments on

John Kerry: this was nothing more than the Fox News headline of the day: "Secretary Kerry claims there was 'rationale' to Charlie Hebdo attack." Surprise: there was a rationale. Charlie Hebdo was drawing a cartoon of Islamic figures and this is why he was attacked, for solely this reason. Definition of rationale: a set of reasons or a logical basis for a course of action. It is little wonder why the country has a serious problem with Fox News.

Mr. Moskowitz appears to have an issue with the Democratic candidates' lack of ISIS as the focus of their media TV/radio spots. I in turn would like to ask: why the other side is 100 percent focused on ISIS? Meaning, why no other issue we face in the country takes a focus? Some would call it fear mongering.

I will leave the "leading from behind" comment as the catchphrase it has become. There will be another one along very soon. Oblivious: I think not.

Be smart and be well.

Steve Homsey  
Londonderry

Londonderry Times welcomes letters of up to 500 words on topics of local interest, and prints as many letters as possible. Please e-mail your letters to the Londonderry Times at [londonderrytimes@nutpub.net](mailto:londonderrytimes@nutpub.net). All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Londonderry Times reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed.

## Candidate Filing for Local Election Opens Jan. 20

KAITLYN G. WOODS  
LONDONDERRY TIMES

The candidate filing period for the School District and Town elections on March 8 opens next week.

Open positions for the School District Election include one School Board member, a post currently held by John Laferriere; one School District Clerk, currently held by Mary Soares; one School District Moderator, currently held by Robert Saur; and one School District Treasurer, currently held by

John Conley.

Each position carries a three-year term.

Those who wish to be included on the ballot as a candidate for one of the open positions must file with School District Clerk Mary Soares between Jan. 20-29. To make arrangements to file with Soares, call 247-1679.

For more information about candidate filing for School District positions, contact the District Office by calling 432-6920, Ext. 1103.

The filing period for

open Town positions is also Jan. 20-29.

There are two open Town Council positions, currently held by John Farrell and Tom Dolan; and two open positions on the Budget Committee, currently held by Ted Combes and Mark Aronson.

Candidates may file in the Town Clerk's Office during business hours.

For more information, contact Town Clerk Sherry Farrell at 432-1100, Ext. 195, or by email at [sfarrell@londonderrytown.org](mailto:sfarrell@londonderrytown.org).

# Londonderry Times

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# Planning Commission Hearing Set on Amending Transportation Plans

KAITLYN G. WOODS  
LONDONDERRY TIMES

The Southern New Hampshire Planning Commission (SNHPC) will again amend the FY15-18 Transportation Improvement Program (TIP) and the FY15-40 Regional Transportation Plan for the SNHPC (Plan).

Activities related to changes to the TIP and Plan, to be known as Amendment #2, are necessary because they were not known at the time of the preparation of the TIP

and Plan, according to a press release from the SNHPC.

Adopted with the Plan on Dec. 16, 2014, the TIP represents a link between plan development and the implementation of related highway and transit projects, according to the SNHPC. The federal government mandates the document in order to receive federal funds for highway and transit projects in the region.

The TIP development process starts with input

from local communities on their local transportation system and needs. The Commission reviews and ranks projects, then recommends a list of projects forwarded to the New Hampshire Department of Transportation (DOT). After receiving project lists from all Planning Commissions in the State, the DOT submits it to the Governor's Advisory Commission on Intermodal Transportation, which holds a series of public hearings in the State. At the conclu-

sion of the public hearings, the Governor forwards the Ten-Year Plan to the legislature; and once the legislature approves the Plan, its first three years may be adopted as the Four-Year TIP. The document is then forwarded to the Federal Highway Administration and Federal Transit Administration for approval.

The SNHPC commission updates the TIP every two years in conjunction with the Ten-Year Highway Plan.

If approved, Amendment #2 would not affect the financial viability of the State Transportation Improvement Program.

According to their press release, the SNHPC, in consultation with federal and state agencies, has confirmed that the proposed changes detailed in Amendment #2 trigger a new conformity determination for the City of Manchester Carbon Monoxide Maintenance Area. The SNHPC has determined that Amendment #2 conforms.

Members of the public are invited to participate in the public review and comment process for Amendment #2 at the SNHPC office, 438 Dubuque St., Manchester, until closing on Jan. 25.

A public hearing to consider the changes and any comments residents submit to the SNHPC is to be held on Jan. 26 at 11:30 a.m. at the SNHPC offices.

More information relative to Amendment #2 will be available on the SNHPC's website at [www.snhpc.org](http://www.snhpc.org).

# Planning Board OKs Six-Home Subdivision on High Range

KAITLYN G. WOODS  
LONDONDERRY TIMES

The Planning Board approved the subdivision of a High Range Road property for the future development of six single-family homes.

In addition to subdividing the nine-acre property at 71 High Range Road, the plan includes development of a new 900-foot public road off Quentin Drive.

Member Mary Soares suggested the developer consider installing sidewalks along the new public road for children walking to meet the school bus.

In addition to the subdivision, the Board approved a lot-line adjustment between the new subdivided property and the adjacent property at 77 High Range Road, on which there is an existing single-family home.

Project engineer Eric Mitchell said there are two existing wetlands within existing drainage easements along Quentin Drive, but they will not be impacted; and the subdivided properties will have sprinkler systems.

Mitchell noted the properties are not within the 100-year flood plain and feature well-drained soils, with an average slope of eight to 15 percent.

Leo Lee of 70 High Range Road expressed concern the development will increase the salinity of water draining to a pond on his property.

Mitchell said drainage from the site will continue moving in the same direction - a large pond on the southern side of Quentin Drive drains to a smaller pond at the intersection of Quentin Drive and High Range Road.

"Most will go into the smaller pond, which will be made larger," he said.

The Board assured Lee the developer must complete drainage improvements that ensure

the amount of water draining to neighboring properties does not increase as a result of the subdivision.

Mitchell said the proposed drainage improve-

ments would slow down the rate of runoff, as well as remove sediment from the water.

Janet St. Jean of 69 High Range Road asked about a rock wall on the

property that is to be deconstructed.

Mitchell said the stones from the wall are to be featured at the entrance to the subdivision.

"I'm grateful to have Dana-Farber care so close."

— Dan, Cancer survivor



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# Local Lawmakers Cry Foul After House Speaker Criticizes Behavior

KAITLYN G. WOODS  
LONDONDERRY TIMES

Local lawmakers argue that House Speaker Shawn Jasper, R-Hudson, overreached when he chastised colleagues for distasteful public behavior.

Although he didn't specify whose behavior he was responding to, Jasper said representatives "have a responsibility to act with dignity, to act with respect," especially "as the eyes of the nation are upon us."

"We represent not only ourselves, but our constituents, and in fact the entire State of New Hampshire," he said dur-

ing the Jan. 6 session.

Most recently, Reps. Al Baldasaro, R-Londonderry and Josh Moore, R-Merrimack, were criticized for comments they made on Facebook about fellow Rep. Amanda Bouldin, D-Manchester, who opposed the so-called "nipple bill" to prohibit women from exposing their bare breasts in public.

Soon afterward, Rep. Katherine Prudhomme-O'Brien, R-Derry, drew scrutiny when she heckled Democratic Presidential candidate Hillary Clinton about her husband's sexual behavior at a campaign event in Derry.

Jasper noted each

member of the House represents the entire body and that representatives "must never separate (themselves) from that title of 'honorable.'"

"I realize my remarks fall on deaf ears in some cases. So, I speak to the vast majority of you who have been upholding the dignity of this institution, particularly when the eyes of the nation are upon us," he said. "What can we do? We can privately and sincerely and politely speak to our colleagues when they step out of line and go beyond the bounds of decency and respect. We can let them know when we

believe they're not representing this institution well. That's a hard thing to do, but isn't that a problem in society? That no one wants to politely step up and say, this is not the way to behave. This is not the way to accomplish our goals."

After Jasper's remarks, House Minority Leader Steve Shurtleff, D-Penacook, made a motion to print the speaker's comments in the permanent journal of the House.

Londonderry Rep. Dan Tamburello, R-Londonderry, passionately argued against printing Jasper's comments, saying the speaker was scolding legislators for exercising

their freedom of speech.

"If you believe as I believe that people have fought, died and bled for the freedom of speech, that we show value that is enshrined in both the U.S. and New Hampshire Constitutions; if you believe as I believe that we don't have a deficit of talk in this country, but a deficit of honor and integrity in this country; if you believe as I believe that it's an incredible irony to be here, and be lectured like a bunch of third graders by our Speaker, then I encourage you to (vote against printing the Speaker's remarks in the permanent journal of the House)," he said.

"What happened is the Speaker was trying to silence our freedom of speech," Baldasaro agreed.

"He's trying to regulate what we say and how we say it, as if he has some sort of authority over us," Tamburello said. "He has no authority over any of us. He's just another Rep. in that position."

Tamburello added it's "incredibly ironic he would call us out," referring to controversy over Jasper's election to the position of Speaker last year.

"He's not representing the Republican caucus as Speaker," he said.

The vote was 313-41 to print the remarks.

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## Snowshoes to be Provided for Field Day

KAITLYN G. WOODS  
LONDONDERRY TIMES

Members of the Conservation Commission held their first meeting to plan the annual Musquash Field Day event.

The group has confirmed that a Manchester business will donate snowshoes again this year for use during the family-friendly community event, at which residents can enjoy a host of other recreational activities as well, including cross-country skiing, mountain biking and walking the trails.

Scheduled for Sunday, Feb. 14 from 10 a.m. until 2 p.m., this year's event will include nature walks on the trails to visit cellar holes, learn about winter botany and discover wildlife with the county forester.

The planning subcommittee also agreed to con-

tact New Hampshire Fish and Game to see if any of its wildlife biologists would like to talk about the endangered New England Cottontail and other threatened animal species in the Musquash.

The group also hopes to put together a fun activity, such as a scavenger hunt, for the kids.

In addition to getting residents out to enjoy the substantial recreation area, Musquash Field Day serves as an opportunity for the Commission to meet members of the community and educate them about conservation efforts in town, according to Commissioner Mike Considine.

"We use the opportunity to talk to people about things coming up in the Town Meeting, like land acquisition or warrant articles," he said.

A sign-in for snowshoes also offers an opportunity for the Commission to keep the lines of communication open with the community.

Commissioner Roger Fillio suggested starting an email list of people who utilize the Musquash. Fillio also recommended the group reach out to the Police Department, with a new Ordinance recently put in place requiring any group hosting an event on town property to submit an application for a police detail.

Musquash Field Day is a free event to the public and all are welcome, including non-residents.

More information about the Musquash Conservation Area is available on the Conservation Commission's web page on the Town's website at [www.londonderrynh.org](http://www.londonderrynh.org).

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# Heroin

Continued from page 1

Carson, who is a member of a task force investigating the surge in heroin addiction and getting a comprehensive bill to the Governor's desk by Jan. 21.

Noting the importance of supporting first responders working on the front lines to revive people during overdose events, Carson said the Legislature put over \$70 million into the State budget for treatment; made available by prescription the use of Narcan for medical professionals and for families whose loved ones are heroin addicted; and passed the Good Samaritan Law to ensure fear of arrest doesn't prevent people from seeking assistance for a friend or loved one experiencing a drug overdose.

Recommendations of the task force, which the Legislature is to begin considering this week, include a State law to stiffen penalties for the manufacture, sale or intent to sell Fentanyl; the creation of a commission to study the long-term effects of Narcan; age-appropriate drug education for all students in Kindergarten through Grade 12; a prescription drug monitoring program to prevent those who are abusing narcotics from "doctor-shopping;"

education for those prescribing pain management drugs; establishing a 24-hour crisis hotline; and expanding drug courts.

"We heard from over 62 entities," she said. "But the parents - those stories just tore your heart apart. I can't begin to convey the level of sadness and grief parents and families are experiencing from losing their loved ones to this terrible drug."

Parents like Michelle Walker, who lost her 28-year-old son Adam to a heroin overdose last year.

Walker shared at the forum the heart-wrenching story of her son's spiral into addiction, starting with his first encounter with narcotics when he was prescribed Oxycontin for a broken arm.

Walker said her son had an addictive personality, and when he had difficulty getting more of his medication for pain management, a friend suggested he try heroin.

After a period of incarceration, during which he completed treatment, Walker said it appeared Adam, who fathered a baby girl in 2012, had turned things around. But on May 1, 2015, Walker said she got the tragic call that Adam had died of an overdose.

His roommate at a



U.S. Sen. Kelly Ayotte, R-NH speaks to a large crowd at the Town's Heroin and Opioid Abuse Forum at Londonderry High School.

rooming house in Manchester had died of a drug overdose just two days earlier.

Walker urged the parents at the forum to have a routine at home and know their children's friends, especially when they begin driving.

"If their routines start to change, you'll know. Look for the red flags. Have good family dinners and game nights," she said.

Gamache reiterated the importance of com-

munication between parents and their children about heroin and opioid addiction, and said 50 percent has to do with genetics.

"If someone in your family has struggled with addiction, talk about it as a family. Often those issues are family secrets. It's really important to talk about it," he said.

Additionally, the panel recommended keeping medicine cabinets clear of medications that are no longer being used.

Olson said on March 1, the Police Station plans to install a permanent drug take-back drop box, where anyone can turn over unused prescription medications with no questions asked.

"Often the first exposure to kids is pain medications prescribed as result of a sports injury. One or two pills lights up their brain like the Fourth of July and the process of addiction begins. It starts with use, then abuse and dependence," Gamache said, recommending guardians push for non-addiction pain management for loved ones under the age

of 21. "It takes a family. You need to step up too and help out, and talk to your families about addiction because it's not going away."

"We can't arrest our way out of it. Yes, we need to go after high level dealers and those making a profit. But those struggling, we need to get help and treatment so they can lead a productive life," Ayotte said. "It's not just a law enforcement problem, it's everyone's problem."

However, Olson, who works extensively with families in the community trying to help loved ones suffering from addiction, said sometimes an arrest can be a step toward recovery.

"Arrest can be a means to treatment," he said. "Often times arrest is rock bottom for people, and it's what they need to get that treatment and stick with it. We often get phone calls saying, 'we don't know what to do, we need to get help for a loved one.' We urge them

to report when a crime has occurred because it helps us to do our job and will lead to the treatment they need."

Several panelists, including O'Brien, also emphasized the importance of calling 911 for medical assistance when someone is experiencing an overdose, even if they have been administered Narcan.

O'Brien said someone who has overdosed could slip back into a coma if not administered the proper dose, and most people wake up violently, and violently ill.

The key message of the forum was family involvement, and the importance of supporting loved ones who are heroin addicted.

"Family members being involved in treatment is crucial," Gamache said. "It's important individuals get the treatment they need and their families wrap around them and support that individual to get better."

**Correction:** Police arrested a Londonderry man for allegedly shooting multiple guns off the deck of his 18 Seasons Lane home. An article in the Jan. 7 edition incorrectly reported the wrong location.

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# In Local Visit, Bush Says National Security is Top Priority

KAITLYN G. WOODS  
LONDONDERRY TIMES

Republican Presidential candidate Jeb Bush said national security is his top priority at a campaign stop in Londonderry last week at military equipment manufacturing company L-3 Insight Technology.

While he recognized the need to solve a number of other domestic challenges, Bush told a large crowd of L-3 employees, "If you had to pick one thing the President should focus on, it's keeping the homeland safe."

Bush proposed rebuilding the military, enhancing intelligence gathering capabilities, embedding U.S. forces with Iraqi forces and supporting other allies in the Middle East, reengaging with Sunni tribal leaders and establishing a "no fly zone" in Syria.

"We need to have the strongest force known to man, because that's what strikes fear into our enemies and lets our forces know we have their back," he said. "We have to create bipartisan consensus about building a military force that's second to

none."

Touching on President Obama's emotional address last week regarding his gun control plan, Bush said he thinks the President's actions were well-motivated, and that "coming from a family that gets emotional from time to time, I think it's all right to have emotion and conviction."

That said, Bush argued that the President doesn't have the authority to put his plan in place, saying he doesn't think the President should unilaterally ignore the Constitution.

When asked by an employee to distinguish himself from Chris Christie, Bush quipped, "Well, I think I'm much better looking," inciting much laughter.

Bush said Christie is "a great guy," "has a great style" and "a great personality," but when it comes to experience, Bush argued he has Christie beat.

Bush pointed to his 32 years experience in the private sector, starting what grew into the largest full-service commercial real estate company in Miami, Fla., as well as his experience as the Sun-

shine State's Governor.

"I have a record of accomplishment that far exceeds anyone else's," he said, pointing to the State's AAA bond rating and \$9 billion in reserves when he left office, compared with the \$1 billion in reserves when he stepped into the position.

Bush also said he would repeal and replace Obamacare and called for what he described as a "pragmatic, conservative" solution to border control, which would include controlling the border with GPS (Global Positioning System) and drone technologies and installing fencing where appropriate and training local law enforcement to assist federal agents.

"Coming here legally should be easier than coming here illegally," said Bush, whose wife was born in Mexico and became a naturalized U.S. citizen after they were married.

Noting the country works when residents embrace people of different nationalities and cultures, Bush criticized Donald Trump's proposal to round up and deport

all illegal immigrants.

"The cost of this would be extraordinary, unless you want people to have no civil liberties, and that's just not America," he said. "I see why people are angry, but I think we should allow people to come out of the shadows."

Bush said illegal immigrants should not qualify for government assistance, and should pay a fine, get a work permit, pay their taxes over an extended period and over time earn legal status.

"But you don't earn a path to citizenship, you need to apply for citizenship from your native country," he said.



Republican Presidential candidate Jeb Bush spoke with employees at L-3 Warrior Systems Insight Technology last week. Photo by Chris Paul

## School

Continued from page 1

our recommendations on reductions, and the Board may have other ideas," Superintendent Nate Greenberg said.

"I think it's good we do keep a tight rein on it. It's important to me to be below default," Chairman Steve Young said.

In addition to the operating budget, the Board moved to the budget hearing warrant articles to raise and appropriate \$500,000 for the Maintenance Trust

Fund, \$300,000 for technology infrastructure and \$110,000 for the Equipment Capital Reserve; as well as an article to amend the Charter to eliminate the quorum requirement at the annual deliberative session.

The Superintendent's proposed budget is available on the District's website at [www.londonderry-nh.org](http://www.londonderry-nh.org).

The last day to submit citizen petition articles, which must be endorsed by at least 25 signatures, was Jan. 12, after the Londonderry Times goes to

press.

The filing period for School District elections on March 8 is open from January 20-29. Open positions include one member of the School Board, three-year term; one School District Clerk, three years; one School District Moderator, three years; and one School District Treasurer, three years.

To file, residents must make arrangements with District Clerk Mary Wing Soares by calling 247-1679.

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# Lancer Nation Turns Out for 10th Time on Day of Giving

KAITLYN G. WOODS  
LONDONDERRY TIMES

Nearly 200 members of Lancer Nation celebrated the high school's 10th anniversary Day of Giving event by donating their ponytails to Pantene Beautiful Lengths, which transforms the locks into real-hair wigs for women battling cancer.

The school gathered Friday morning to recognize the students' donations, as well as the strength of faculty, students and community members who have overcome challenging diagnoses in the last year.

"This program has come to mean so much to me," said teacher Karen Young, who was diagnosed with breast cancer last May.

Young said receiving the diagnosis as a mother of three children was devastating.

"I did lose my hair, but if you're going to lose your hair, this is the best place to work," she said.

English teacher Steven Juster, who heads up the Day of Giving event, brought in the American Cancer Society with several real-hair wigs for Young to choose from.

In two weeks from the Day of Giving, Young will officially be a cancer survivor.

She told all the angels on the floor of the high school gym, "If you're feeling awkward with your new hair style or are having a bad hair day, you can look at me as we're passing in the hall, and I can look at you and you can know this is a truly beautiful thing you're doing."

U.S. Senator Kelly Ayotte, R-NH, the highest

ranking public official to attend a Day of Giving event, according to Juster, said all the angels donating their hair at the Jan. 8 event were "making such a difference for so many people of all different ages battling this terrible disease."

"You have set a world record, but most of all what you've done is make a difference in so many people's lives," she said.

After all the ponytails were cut away, there were tears of joy and tears of sadness in remembering the challenges loved ones have endured undergoing difficult treatments.

Jessi Pignone honored her mother's experience battling cancer by having Kris Pignone cut her hair at the event.

"I was really nervous," she said. "But I'm glad I did it."

"She did it for the right reasons," Kris Pignone said.

Also recognized during the Day of Giving event were the parents of Suzanne Darcy, a former student of Londonderry High School who was killed in a car crash last year.

Juster said Darcy was a Beautiful Lengths Angel who cut her long blonde locks into a short pixie cut.

"She was so inspiring," he said, presenting Darcy's parents with a photo album of her before and after photos to remind them of their daughter's generous spirit. "We want to show them Lancer Nation is here with them today."

Londonderry High School also honored the parents and brother of Craig Fairweather, who was also killed in a car crash in



Clockwise, Erin Batchelor looks at the hair she donated just after her mom, Kathy Batchelor, cut it; Katie Lacerta has her hair cut by her mom, Michala Lacerta; "Bachelorette" series stars Kaitlyn Britowe and Shawn Booth were well received at the annual Day of Giving event. Photos by Chris Paul



Londonderry last year.

Craig's family accepted on his behalf the Art Psalidas Award for representing Lancer nation above and beyond with pride.

Of the anniversary Day of Giving event, Juster said none of it would be possible without the pep rally aides and angels who are willing to donate their eight inches of hair, noting the event is about so much more than the World Record for most ponytails cut and the national recognition.

"Cancer makes you feel inhuman. It takes everything from you," said Eric Mikutel, a senior who endured extensive treatment and surgeries last year after being diagnosed with cancer during

his junior year.

Mikutel spoke of the personal challenges he overcame battling cancer, thanking Lancer Nation for all their support during his hardest moments.

"No one should have to look in the mirror every day and be reminded they are dying, that they have cancer," he said. "You're giving back that humanity."

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# Planning Board Grants Occupancy Waiver for Market Basket

KAITLYN G. WOODS  
LONDONDERRY TIMES

The Planning Board approved a waiver to allow the is-

suance of a Certificate of Occupancy before placement of the final pavement wearing course for the redeveloped Market

Basket site.

John Trottier, assistant director of Public Works and Engineering, said the 42,000-square-

foot addition to the existing stores is nearly complete, and renovations to the interior of the new retail facility are under

way.

The plan includes four phases of development, with the first two phases being construction of the

additional retail space and additional parking, as well as construction of a detention pond and demolition of the former Market Basket, according to Trottier.

“Reconfiguration of the parking and service road to the rear of the building has been completed, and they’re working on the detention pond,” he said. “They’re looking for certificates of occupancy because they need to get people into the new addition before they ‘demo’ the former building.”

Planning Staff supported granting the waiver request.

According to Trottier, the applicants would not be seeking Certificates of Occupancy until April.

“It looks good out there. They’re going like gangbusters,” he said.

Member Mary Soares asked if granting the waiver would create challenges for the Town when plowing the parking lots.

Trottier said the property owners are responsible for maintaining the lots, and additionally noted the portion of the building to be demolished will be fenced off to the public.

Members also asked how soon the new boulevard access that has been proposed for the redevelopment will be constructed, but Trottier said he has not yet seen any additional plans for that portion of the project.

Chairman Art Rugg reported DeMoulas Super Markets went before the Heritage Commission last month to present plans for an updated façade for one of the shops to be housed in the redeveloped shopping plaza.

“The Heritage Commission was really pleased with the change. It fits right in and has a colonial motif,” he said.



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# LONDONDERRY SPORTS

## Lancer Wrestlers Best Four Opponents, Fall to One

CHRIS PANTAZIS  
LONDONDERRY TIMES

The Londonderry High wrestling squad enjoyed quite a bit of success last week, losing to just one of the five opponents it faced.

Wednesday, Jan. 6 was a busy and important day for the Lancer grapplers, who made the short trip over to Derry to first take

on the Nashua South Purple Panthers in a tri-meet and then the host Pinkerton Academy Astros in a second dual competition. And the Lancers wound up splitting those meets.

In the head-to-head battle with South, Londonderry snagged a lopsided and 50-18 defeat of the Purple Panthers that featured some strong

Lancer performances.

Londonderry victories were delivered by Tyler LeBlanc in the 113-pound bout, David Donnelly at 120 pounds, Ryan Cabezas at 126, Tyler Byrd in the 132-pound contest, Andrew Chase at 138 pounds, Colin Reardon in the 152-pound bout, Mahdi Achab at 170 pounds, Ben Psaledas in the 182-pound match, and Jacob Holmes in the 285-pound contest.

Within minutes of collecting that match victory, the Lancers were down to Ball Family Trophy action with the arch-rival Pinkerton Astros. And the academy crew was able to squeak out a 41-36 victory, thanks in part to three forfeit wins from the LHS bunch.

The Lancers surrendered forfeits at 106

pounds, 195, and 220, and received one at 170 pounds where Achab had no opposition.

Pinkerton zoomed out to an early lead in the match by having Keygan Nacos win at 113 pounds (on a fall 3:41 in) and Derek Wilson edge out Donnelly for a 2-1 win at 120 pounds.

Londonderry got a win at 126 pounds, thanks to Cabezas' fast pin (1:30 in), but Shayne McCann added another PA victory with a 13-4 success at 132 pounds.

However, the Lancers got consecutive wins from Chase at 138 (fall 1:03 in), Craig Santos at 145 pounds (fall at 5:21), and Reardon at 152 (fall at 3:24) to take a 24-13

match lead.

The Astros then tallied a win at 160 pounds before Achab received his forfeit victory at 170.

Psaledas bagged a relatively quick pin at 182 pounds (1:57) to give LHS a 36-23 advantage, but then forfeit wins for PA at 195 pounds and 220 helped set up the hosts for their win. And a pin win at the heavyweight level followed by a forfeit at 106 pounds gave the academy side the 41-36 match victory.

The decision left Londonderry with a 6-4 record on the season.

"We won most of the matches against Pinkerton, and I felt taking away forfeits we were the more dominant team. We con-

tinue to get better every day, and it's all about how strong we can finish. I'm very proud of their fight every day and their ability to get better each day," said coach Jason Cucolo.

The Lancers then tasted nothing but success last Friday, Jan. 8 when they welcomed teams from White Mountain Regional of Whitefield, Kearsarge Regional from Sutton, and Bishop Guertin of Nashua to the LHS gym.

Cucolo's crew creamed Kearsarge (64-18) and BG (57-12) and got past WMR as well (39-29) on a big winning day.

Cabezas, Byrd, Chase, Santos, Reardon, Alex Boucher, and Achab all bagged three victories for the hosts.



Londonderry Lancer wrestler Andrew Chase had a good week last week with five victories in five matches. Photo by Chris Paul

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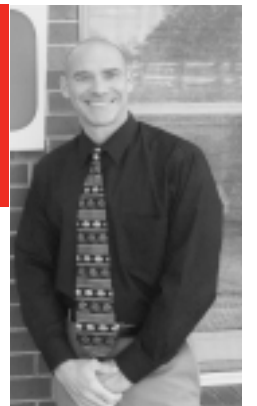
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# Wins Over BG and Concord Make LHS Girl Cagers 5-1



CHRIS PANTAZIS  
LONDONDERRY TIMES

Victories over a strong Bishop Guertin group and a weak Concord High crew last week left the Londonderry High girls' basketball squad with a 5-1 record in tough Division I.

The defending state champs edged previously-undefeated Guertin by a 50-44 tally in Nashua Tuesday, Jan. 5, and blasted winless Concord by a 49-21 score at LHS on Friday, Jan. 8.

Coach Nick Theos couldn't have hoped for a much better start to the Guertin game than his Lady Lancers gave him, sprinting out to a 9-0 lead and amazingly keeping the skilled hosts scoreless during that opening stanza.

At halftime the LHS lead sat at 27-14, and

Theos and his charges headed to their locker room with lots of reasons to feel proud and excited.

"We started out great, the girls played well, and defensively we came out just the way I wanted," said the coach.

The host Lady Cardinals outscored the locals by a 30-23 tally in the second half as part of their comeback efforts. But Londonderry was able to hang tight and collect the win.

Senior guard Jackie Luckhardt netted 11 points, dealt out six assists, and collected six steals.

"She played so well, she just tired out in the fourth quarter," said Theos. "Kelsey Coffey contributed nine points, including a big three-pointer off an in-bounds (pass) in the fourth quar-

ter."

Freshman Ashley Evans added 10 points and hauled down eight rebounds as well. Seasoned veterans Kat Wells and Kate Balcom both played big minutes and big roles for the state champs.

But the Lady Lancers were far less tested by the now 0-6 Concord contingent three nights later, with the locals driving out to an early lead and never truly being tested in the decision.

"A physical game," said the LHS coach. "We got out to a 17-5 first quarter lead and slowly pulled away from them."

Coffey paced the Londonderry offense with a relatively modest 11 points, Luckhardt filled just about every box on the stat sheet with nine points, nine steals, six assists, and five re-

bounds, and Evans was good for four points, nine boards, and some five blocked shots.

"We have a big week and a half in front of us, with Bedford, Exeter, and Merrimack all away, so we have to keep getting better and working hard," added Theos after the Concord win.

The Lady Lancers were scheduled to travel to the home of the Exeter High School Blue Hawks (2-3) on Tuesday, Jan. 12, after the Londonderry Times press time, and then Bedford High School on Thursday, Jan. 14 to face the undefeated Bulldogs.

This will be the second contest of the season against Bedford. The first resulted in Londonderry's only loss (45-33).

Londonderry High standout senior guard Jackie Luckhardt attempts a short jumper against Concord.  
Photo by Chris Paul

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# Lancer Hockey Squad Changes Fortunes, Wins a Pair

CHRIS PANTAZIS  
LONDONDERRY TIMES

After losing five games in a row, including all three it played in the Blue Devil Christmas Classic in Salem, the Londonderry High ice hockey team improved its fortunes markedly last week by bagging two straight Division I wins.

The Lancers leveled their divisional record at 2-2 with a 4-2 defeat of the Nashua North-Souhegan squad in Nashua Wednesday night, Jan. 6. And then

Saturday night, Jan. 9, the LHS icemen moved to 3-2 in D-I and got their school an important point in Ball Family Trophy play by defeating the rival Pinkerton Academy Astros by a 3-1 score in Hooksett.

Londonderry potted the only two goals scored in the first period of the game in Nashua, with Andrew Morrisette getting the first unassisted with 2:58 to go in the stanza, and then setting up a Merrill Neiman marker with just 1:06 left.

The Titans knotted the

score at 2-2 with two unanswered goals in period number two, but in the third period Londonderry scored twice without an answer from its host to win 4-2.

Patrick Maloney tallied both goals for the Lancers, with the first being set up by multi-point man Morrisette a mere 2:01 into the third and the second coming with 52 seconds to go, set up by Mike MacKenzie and Colby Austin.

And the Lancers officially got a potential winning streak rolling with a second consecutive victory in the 3-1 defeat of Pinkerton on the road at Hooksett's Ice Den over the weekend.

Both teams entered the game with 2-2 records in D-I, but Londonderry came out flying right from the opening face-off and played arguably its most energetic, spirited game of the season in tallying an impressive win.

The Lancers out-shot the Astros by a stunning, 38-15 margin and could have won even more decisively were it not for the 35-save performance of PA goalie Jordan Puzzo.

The first period was scoreless, but Londonderry enjoyed a 13-2 advantage in shots on net and definitely outplayed the Astros.

The Lancers busted the scoreless deadlock a little less than two minutes into the second stanza on a pretty goal, with Maloney setting up Nick Donnelly in the slot in front of the PA cage, and Donnelly lofting a backhand past Puzzo.

The hosts knotted the score at 1-1 with 5:40 left in the period, but the Lancers potted what proved to be the winning marker with 2:45 to go when Morrisette smacked home a rebound, with Nate Andrews notching the assist.

After two periods, the Lancers enjoyed a 30-8 advantage in shots on net and a 2-1 lead on the scoreboard.

And LHS bagged a big insurance tally with 5:55 remaining in the contest when Mike MacKenzie whipped a wrist shot wide of the PA net from the right wing, but teammate Troy Muldoon was skating past the left post of the cage and had an



Lancer Mike McCormick looks for the puck to slip out from under the PA goalie during the LHS win.

empty net to shoot at when the puck bounded off the backboards and directly to him.

LHS goalie Cody Baldwin only had to turn aside 14 Astro shots in the win.

"I feel good about this win. This is more like it," said LHS coach Dan Legro. "This gives us an indication that things are starting to come together."

## Athletes of the Week

For the Week of Jan. 3



**Maddie Baumann, Senior, Gymnastics**

This skilled senior has been a consistent all-around standout this season and has helped the LHS team to a stellar 9-0 start. She is a hard worker, which motivates her teammates.



**Jake Coleman, Junior, Boys' Basketball**

This talented 11th grader had a double-double against Bishop Guertin, tallying 20 points and 11 steals. He is more than living up to his leadership role on the team thus far.

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# Lady Lancer Tracksters Excel in League Meet at UNH

CHRIS PANTAZIS  
LONDONDERRY TIMES

Yorgelis Ortiz won three events on her own and contributed to a victorious relay effort as well in helping to lead the Londonderry High girls' indoor track and field squad to a victory in New

Hampshire Winter Track League action at the University of New Hampshire Sunday night, Jan. 10.

The LHS males didn't have as productive an evening, finishing fifth out of 10 teams, but they got an impressive win from a relay crew.

## BOYS

The Lancers' 4x400 relay quartet of Bailey Hamilton, Cam Dickson, Noah Schrank, and Zach Ford proved unbeatable (3:57.40), and Hamilton notched an individual second place in the 600 with Dickson finishing second

in the 1,000. Schrank grabbed a third place on his own in the 1,000.

## GIRLS

The Lady Lancers scored a team tally of 86 to best nine other teams, with the Winnacunnet High Lady Warriors from Hampton placing a distant second (59).

Ortiz proved unbeatable in the 55-meter dash

(7.50 seconds), the high jump (5 feet, 2 inches), and the long jump (16'6 1/4"), and she teamed with 4x160-meter relay teammates Jess Brien, Ellie Goodspeed, and Kaitlyn Marchant on another fine win (1:30.30).

Other first places were snared by Gretchen McGrath in the 600-meter run (1:39.60) and Kalin

Gregoire in the 1,000-meter run (3:15.80).

Second places were tallied by Goodspeed in the 300 dash, Jordan Dufresne in the high jump, Sarah Moriarty in the shot put, and one of the Lady Lancers' 4x400 quartets.

A third place came from Andrea Wooldridge in the long jump.

# Lancer Skiers Finally Get Their New Season Started

CHRIS PANTAZIS  
LONDONDERRY TIMES

After having their first scheduled competition of the winter cancelled due to a lack of snow, the Londonderry High skiing teams got their 2015-16 seasons rolling at Pat's Peak in Henniker Thursday, Jan. 7 and received some strong performances from their

athletes.

The Lady Lancers, who were missing four skiers and competing shorthanded with just three, had no chance to do other than finish last as a group. But Bethany Costello finished 20th as an individual with a time of 37.52 seconds. Her teammates Jordan Deschamps and Caroline Kel-

ly both finished within seconds of each other.

The Lancer males were fourth out of seven contingents as a crew, with top finisher Joshua Galluzzo finishing eighth overall (27.71) followed by Max Dolliver, Mike Payson, Oan McGrath, Eathan Kusior, Drew Gruchot, Jackson Lyscars, and Aaron Kenison.

# Young Harriers Bag Fourth at Nationals

CHRIS PANTAZIS  
LONDONDERRY TIMES

A young New Hampshire Tracksters' cross-country team based in Londonderry, co-coached by Londonderry Middle School mentor Matt Noon, and including five Londonderry youngsters, placed fourth out of more than 25 contingents at the recent National Junior Olympic Cross-Country Championships in Albuquerque, New Mexico recently.

The Tracksters' boys' 11- and 12-year-old team included Londonderry kids Matt Griffin, Will Heenan, Ryan Young, Jack Marshall, and Andrew Young.

Griffin placed 16th overall in his squad's race to lead the charge, Heenan finished 27th, and



*This New Hampshire Tracksters' cross-country team, based in Londonderry and including a handful of Londonderry members, did great at the recent National Junior Olympic Championships in New Mexico. Courtesy photo*

Ryan Young crossed the finish line 53rd.

A total of 312 individuals and 28 teams from all over the United States competed in the locals' race.

And as Matt Griffin's mom, Pam, stated, the boys and their fellow har-

riers had to overcome some real adversity to find success at the major competition.

"The high altitude made it quite a challenge, but the boys showed their true strength," said the proud mom of the local crew.

## Daniela E. Verani, M.D., P.A.

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## - PROVIDER ON CALL - MEDICATION MISTAKES THAT CAN KILL (PART ONE)

Every year approximately 1.5 million people are made ill or severely injured by medication mistakes and nearly 100,000 die. These deaths are preventable. If we would only protect ourselves by understanding the medication mistakes that can be made that can cause serious harm or even kill us or our loved ones.

Confusing two medications with similar sounding names can happen anywhere. Maybe the provider's handwriting is illegible, the name goes into the computer incorrectly or the wrong drug is pulled from the shelf. When you get a new prescription, ask your provider to write down what it is for as well as the name and dosage. Before you leave the pharmacy verify the medication.

Any drug you take has potential side effects. You've heard these on the television ads. The side effects really add up when you take two or more medications at the same time that may interact with each other. To avoid this, ask your provider and/or your pharmacist about the potential side effects including getting written printouts that you can retain for your records.

It's all too easy to end up with several medications that have similar actions, although they were prescribed for different conditions. You might have one medication for pain, one for anxiety and one for sleeping; all sedatives combining with toxic results. Pay attention to the warnings on the packaging of over-the-counter meds (e.g. Benadryl). Look for words like sleepy or drowsy. You may see warnings against driving or taking with alcohol as well.

Since drugs are prescribed in a variety of units of measure with abbreviations or symbols, all it takes is a misplaced decimal point to change a 1.0 mg dosage to 10.0 mg. This amount in some medications could be fatal. Make sure your provider's writing is clear. If you can't read it, maybe the pharmacy can't either. When you get the prescription verify the dosage.

When you see a cute bright orange sticker warning that you not to drink when taking the medication, you need to take notice. Alcohol can have dangerous interactions with OTC medications. It can also compete with certain medications for absorption which can lead to dangerous interactions. Always ask if it is safe to take if drinking alcohol.

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# Lancer Swimmers Host Large Meet, Enjoy Big Success



Anna Gruchot and the Lady Lancers' swim team posted a superb 6-1 record during a big meet in their home pool late last week.



Mike Weisse and the Lancer boys' swim team went unbeaten against six opponents in a large meet in their home pool last Friday night, Jan. 8.

CHRIS PANTAZIS  
LONDONDERRY TIMES

The Londonderry High swim teams' home pool was

jammed with competitors last Friday night, Jan. 8, as the locals played host to a slew of opposing squads from throughout the

Granite State.

And it was a productive night for coach Chrys Ewen's boys' and girls' LHS contingents.

## Lancer Boy Hoopsters Bust Bishop Guertin in Post-Holiday Return

CHRIS PANTAZIS  
LONDONDERRY TIMES

The Londonderry High boys' basketball squad began the post-Christmas segment of its 2015-16 Division I season in fine fashion at LHS Tuesday, Jan. 5, by slapping the visiting Bishop Guertin Cardinals from Nashua with a 75-62 defeat.

The hosts raced out to an impressive 21-7 lead in the first quarter and were up by 19 points at 42-23 at halftime.

The 1-2 Cardinals outscored their hosts by

a 39-33 tally in the second half but were never able to fully turn the tables on the home-standing Lancers.

Prolific junior shooting guard Jake Coleman paced the LHS offense with 20 points, nailing four three-point shots in the process. Junior forward Matt Corey was right behind him with 18 points including two treys, junior guard Cam MacDonald was good for a dozen points, and sophomore guard Cole Britting contributed 11 points.

All in all, the victori-

ous hosts sank eight three-point shots in the pleasing victory, which made them 2-1 in the division.

Coach Nate Stanton's LHS crew stepped into this week knowing it only had one game slated - at home Tuesday night, Jan. 12, after Londonderry Times press time - before a 10-day break from competition that will end on Friday, Jan. 22, with a home contest against Merrimack High's Tomahawks. Merrimack always seems to present a challenge season after season.

The Lancer males posted a 5-0-1 record on the evening, besting Conant (77-64), Spaulding (78-30), Timberlane (79-22), Laconia (73-18), and Kingswood (69-47), and settling for a tie with Campbell (57-57).

The Lady Lancers, meanwhile, tallied a 6-1 record on the night, beating Conant (101-57), Campbell (109-12), Kingswood (111-22), Laconia (112-28), Spaulding (100-40), and Winnisquam (115-8), and falling only to Timberlane (91-72).

### GIRLS

The LHS girls tallied a

slew of top-three finishes, with wins being delivered by the 200-yard medley relay quartet of Brittaney Brown, Anna Gruchot, Maeve McPhail, and Emily Buttafuoco (time of 2 minutes, 13.75 seconds) and Madison Martin on her own in the 500 freestyle (6:16.52).

Second places were snagged by McPhail in the 100-yard breaststroke and LHS 200 free relay and 400 free relay quartets.

Third places came from Martin in the 200 free, Kayla Lovy in the 200 individual medley, Buttafuoco in the 100 butterfly,

Caroline Russell in the 500 free, and a 400 free relay crew.

### BOYS

In going undefeated as a team on the night, the Lancer males received a victory from the 200 medley relay quartet of Mike Weisse, Duncan Van Etten, Matt Bompastore, and Kyle MacKenzie (1:53.20), second places from Jack Stuart in the 200 free and a 200 free relay team, and thirds from a 200 medley relay group, Van Etten in both the 50 free and the 100 backstroke, and Brian Parrott in the 100-yard breaststroke.

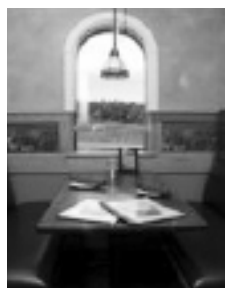
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# AROUND TOWN

**Around Town Policy:** This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$30.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$30.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. Deadline for submissions is Monday at 5 p.m.  
**Additionally:** We will run the full versions of any calendar items online free of charge at [www.nutpub.net](http://www.nutpub.net). Please send items to [calendar@nutpub.net](mailto:calendar@nutpub.net).

## Kindergarten

Pre-Registration for the 2016-2017 school year is going on now for Moose Hill School Kindergarten. Anyone who has a child who will be 5 years old by Sept. 30, 2016 and who lives in Londonderry can enroll the child at Moose Hill School. Call Moose Hill at 437-5855, stop in between 8:30 a.m. and 4 p.m. or email the director, Bonnie Breithaupt, at [bbreithaupt@londonderry.org](mailto:bbreithaupt@londonderry.org) to request a registration packet. Include child's name, birth date and Londonderry address when making a request. Registration packets are mailed in January.

## White Elephant Bingo

The Londonderry Women's Club holds its annual White Elephant Bingo Night

at the Londonderry YMCA, 206 Rockingham Road on Wednesday, Jan. 20, at 7 p.m., with snacks and refreshments. RSVP at [info@londonderrywomen-sclub.org](mailto:info@londonderrywomen-sclub.org) to if you would like to bring an unwanted item or souvenir to trade.

## Fluorescent Bulbs

Londonderry residents can recycle free all fluorescent bulbs (CFLs and tube types) at Benson Lumber & Hardware, 20 Orchard View Drive during normal operating hours, seven days a week.

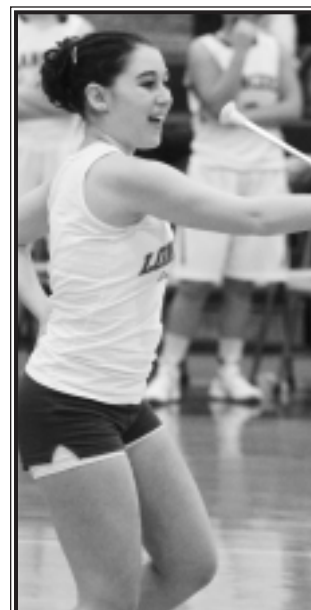
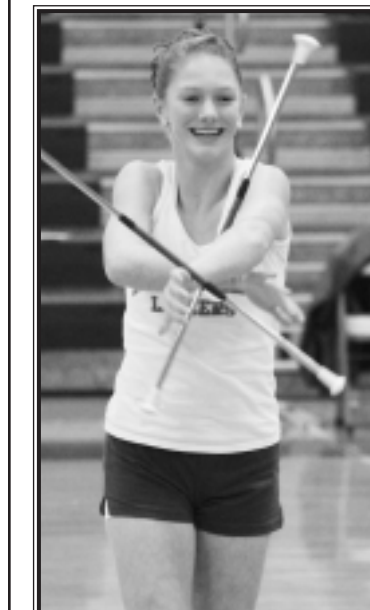
## Adult Learner Tutors

A free volunteer tutor orientation workshop for Adult Learner Services of Greater Derry will be held at the Derry Public Library from 6:30 to 8 p.m. Wednesday, Jan. 27. Tutors work

one-on-one with adult learners to help them improve reading, writing, math or English skills, or prepare for the HiSET high school equivalency test. Scheduling is flexible, once or twice each week for two hours, usually at the library. Training, materials, and ongoing support are provided. For information or registration, call 432-1907, email [als.greaterderry@yahoo.com](mailto:als.greaterderry@yahoo.com), or visit: [www.GreaterDerryLiteracy.org](http://www.GreaterDerryLiteracy.org).

## Lafa Baseball, Softball

Lafa (Londonderry Athletic Fields Association) Baseball and Softball registration is Jan. 16 from 9 a.m. to noon at the Londonderry Middle School cafeteria. Children must be 4 years old by April 30, 2016 to participate in kickball and no older than 15 (17 for girls) by Jan. 1, 2016. A parent or legal guardian must register new applicants and bring a



## Twirler Girls

Local baton twirlers Mikhala Bornstein, left, and Morgan Torre entertained basketball fans during half-time at Friday night's Londonderry High School game. The girls will be performing throughout the 2015-16 season at selected games.

Photos by Chris Paul

birth certificate. On-line registration is open for returning players at: <http://lafa.info>. Late registration is in the LMS lobby Wednesday, Jan. 27, from 6 to 7:30 p.m., first come, first served. All go on a waiting list after Jan. 27.

## Lady Lancer Basketball Clinic

The Lady Lancer Basketball Clinic, hosted by Coach Nick Theos and the defending state champion Lady Lancer basketball team, takes place Jan. 23 from 1 to 3:30 p.m. in the Londonderry High School gym. Girls in grades 3 through 8 are invited to join the team for skills and drills focused on basketball fundamentals. Cost

is \$25. Registration is at the door.

## Pats' Playoff Potluck

The Pats playoff game takes place Jan. 16 at 4:30 p.m. American Legion Post 27, 6 Sargent Road will hold a potluck dinner starting at 4 p.m.

## Bingo

American Legion Post 27 plays bingo with patients at the Veterans Administration Hospital in Manchester from 7 to 8:30 p.m. Jan. 25. The Londonderry High School Pay-it-Forward team will assist in running the event. The Legion will serve pizza and diet soda as well as providing \$150 in prize money.

## New Legionnaires

American Legion Post 27 is seeking new Legionnaires who have the appropriate military service dates. The Post also welcomes men whose fathers or grandfathers were eligible for membership as well as women related to qualified members. The latter two groups can join the Sons of the

American Legion and Auxiliary, respectively. For more information, visit [www.alpost27.com](http://www.alpost27.com) or call 437-6613 or visit the Greeley Parmenter Harrington Facebook page.

## Potter's Bowl

Community Caregivers of Greater Derry hosts its 11th annual Potter's Bowl fundraiser from 5 to 8 p.m. Saturday, Jan. 30, at Pinkerton Academy's Freshman Cafeteria in Derry. For \$40, patrons select a handcrafted pottery bowl donated by New Hampshire artists and soups donated by local restaurants, with breads and desserts. Take-out soup from 7 to 8 p.m. is \$5. A pottery demonstration runs from 4 to 5 p.m. Music, a 50/50 raffle and a silent auction of items donated by area artists are featured. Get tickets at 432-0877 or at Caregivers, 1B Commons Drive, Unit 10, Londonderry. For details, visit: [www.com-caregivers.org](http://www.com-caregivers.org).

## Holiday Hours

The Leach Library will be closed on Monday, Jan. 18, in honor of Martin Luther King Jr. Day.

## Supervisors of Checklist

The Supervisors of the Voter Checklist will meet at Town Hall on Tuesday, Jan. 19, from 6 to 7:30 p.m., and on Saturday, Jan. 30, from 10 to 11:30 a.m. to register voters and correct the checklist. Anyone who has not previously registered to vote may do so for the Presidential Primary on Feb. 9. Proof of citizenship, identity, and residency are needed to register, or affidavits may be signed. Jan. 30 is the

continued on page 17

## Drawn to the Music

January 23, 7:30 p.m.  
January 24, 2:00 p.m.



The NH Philharmonic's annual *Drawn to the Music* can't help but draw a crowd. Children throughout NH Schools participate in this popular event by drawing the artwork

displayed to the music! It is not to be missed.

Classical pieces such as Brahms Symphony no. 2 and Strauss Serenade for Winds op. 7 are just some of the selection that will be showcased during this ever popular event.

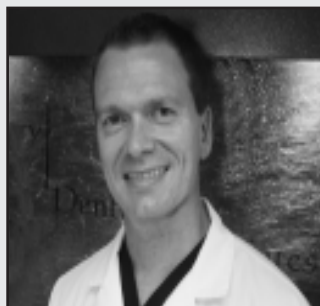
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## Around Town

Continued from page 16

last day for anyone not previously registered to do so before the February Presidential Primary. No party changes will be accepted.

### Early Education

The Londonderry Early Education Program (LEEP) is accepting applications for the current year for Londonderry children who have turned 3 by Sept. 1. The teachers are certified educators; the program is provided by the Londonderry School District. Programs for 3-year-olds meet from 8:45 to 11 a.m. either two or

four days per week and are filled as openings become available. Tuition is \$143 per month for a two day per week program, \$195 a month for a four day per week program. For more information or to apply, call Kathy Kelley at 437-5855, ext. 7223. Applications are available at [www.londonderry.org/documents/moose/leap\\_inclusion\\_app.pdf](http://www.londonderry.org/documents/moose/leap_inclusion_app.pdf).

### Child Find

Londonderry School District announces a free Community Child Find Program for all Town residents age 2-1/2 years old through 5 years 11 months old who are suspected of having vision or

hearing problems or developmental concerns. Child Find will take place at the Londonderry Early Education Program (LEEP) at Moose Hill School on Feb. 4 and April 7, 2016. Parents are encouraged to make an appointment if they have concerns. To do so or for more information, call Kathy Kelley at 437-5855, Ext. 7223 weekdays between 9 a.m. and 3 p.m. Appointments are required.

### Mount Washington

On Thursday, Jan. 21 at 7 p.m. the Leach Library will host Will Broussard as he presents "Life and Work at the Mount Washington Ob-

servatory" in the library's lower level meeting room. Broussard is the outreach coordinator for the Mount Washington Observatory. In this free, hour-long mixed media presentation, Broussard will discuss the unique weather at the summit of the mountain as well as the weather observers who man the observatory year-round. He will also explore how the mountain's weather works and what it can tell us about New England weather patterns. Light refreshments will be served.

### Bank Robbery Mystery

Youngsters in grades 6 through 12 are invited to

come to the Leach Library on Wednesday, Jan. 20, from 6 to 7 p.m. for a Young Adult Bank Robbery Mystery. All participants will work as a group to sort through clues and solve the mystery of who robbed the bank. Snacks and drinks will be served, and there will be a raffle for door prizes.

### Magic, Juggling

Children are invited to join Robert Clarke, a magician, juggler and funny man, on Monday, Jan. 25, from 4 to 5 p.m. for magic, juggling stunts and silliness. Advance registration is required and begins at 9 a.m. Tuesday, Jan. 19. To register,

call 432-1127 or stop by the Children's Room.

### Free Meals

The Derry Free Meals Network offers the following free meals to anyone in the community; Derry residency is not required: Jan. 16, 5 to 6:30 p.m., St. Luke's United Methodist Church; Jan. 17, 5 to 6:15 p.m., Etz Hayim Synagogue; Jan. 21, 5 to 6:30 p.m., West Running Brook Middle School; Jan. 24, 9 to 10 a.m., breakfast, Church of the Transfiguration; Jan. 24, lunch, 1:30 to 2:30 p.m., St. Jude Parish Community in Londonderry; and Jan. 29, 5 to 6:30 p.m., First Parish Church.

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## LONDONDERRY SCHOOL DISTRICT

### SCHOOL BOARD CANDIDATES FILING PERIOD

The Londonderry School District has the following open positions for the School District Elections to be held on March 8, 2016:

- One (1) Member of the School Board – 3 year term
- One (1) School District Clerk – 3 year term
- One (1) School District Moderator – 3 year term
- One (1) School District Treasurer – 3 year term

The filing period is January 20 through January 29, 2016. To make arrangements to file, please contact Mrs. Mary Wing Soares, School District Clerk, at (603) 247-1679. Or, for information, please contact the Londonderry School District Office at 432-6920 Ext. 1103.

Please note that Mrs. Soares will be at the Londonderry School District Offices, 268C Mammoth Road, Londonderry, NH from 3:00PM to 5:00PM on Friday, January 29, 2016, for the purpose of final filing.

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# Londonderry Police Log

Selections from the Londonderry Police Logs

**Monday, Jan. 4**

**3:13 p.m.** Caller on Boyd Road reporting juveniles operating Off-Highway Recreational Vehicles (OHRV)

on caller's property.

**Tuesday, Jan. 5**

**8:55 a.m.** Brandon Gilbert, 24, Eastman Way,

Weare turned himself in on warrant for Conduct After an Accident. Bail set at \$1,000 personal recognition, with Feb. 23

## Mediation

Continued from page 1

address the needs of families in crisis as a result of substance abuse and misuse.

"It could be used to start a program," he said. "We need to be proactive about this."

Laferriere recently asked the School District to bring forward proposals on how to address in the schools the regional heroin epidemic, calling for additional programs to educate and assist families in crisis.

"We have seen more than a 100 percent increase every year in the last three years here in Londonderry not only in

number of overdose calls, to which both police and fire respond simultaneously. But in 2015 we had four heroin-related deaths in our community, compared with only one the year before, zero in 2013 and zero to one before that," Det. Sgt. Patrick Cheetham told the large crowd gathered for a forum on heroin and opioid abuse in Londonderry on Jan. 6. "We have seen heroin-related deaths quadruple in just one year."

Additionally, Cheetham reported that over the last five years, the Police Department has seen a dramatic increase in residential burglaries in 2015.

In completing their reports, Police found 93 percent of people arrest-

ed for those burglaries said they were addicted to heroin or had a history of addiction to the powerful drug.

Laferriere said he hopes to see an aggressive response from the schools and communities to address what has become an epidemic in Southern New Hampshire, and to provide assistance to families in need.

"I think it would be great to have a place for people to go and get education and get support," Lisa Graham of Londonderry said of Laferriere's petition, during the forum. "We don't have anything like that here in Londonderry, so I think it's a good idea."

## South Reflections Winners Named

South Elementary School winners of the Parent Teacher Association-sponsored Reflections contest follow. Winners of Excellence awards went on to state-wide judging.

Excellence Awards

Visual Arts Primary Division: Tyler Bless, Caitlyn Muller and Isabella Zemetres.

Visual Arts Intermedi-

ate Division: Madeline Rolfe, Alexa Viola and Elizabeth Roy.

Visual Arts Special Artist Division: Lillian Garrity, William Garrity and Rhyannan Finney.

Literature Intermediate Division: Elizabeth Roy.

Literature Special Artist Division: Lillian Garrity.

Photography Primary Division: Caelum O'Loughlin.

Photography Intermediate Division: Andrew Zavorotny and Jake Robert Smith – two awards.

Photography Special Artist Division: William Garrity – two awards.

Honorable Mention Visual Arts Primary Division: Caelum O'Loughlin and Caitlyn Muller.

Visual Arts Special Artist Division: Rhyannan Finney – two awards.

Derry Circuit Court date. **11:19 a.m.** Damage to vehicle at Mark's Discount Auto Sales, Rockingham Road.

**2:56 p.m.** Caller reported phone stolen at Dunkin' Donuts, Mohawk Drive.

**5:07 p.m.** Tyler Rooks, 22, State Route 101, Amherst arrested for Theft: All Other. Held in jail in Brentwood, with Jan. 19 Derry Circuit Court date. Wednesday

**Friday, Jan. 8**

**7:14 a.m.** Mailbox on White Plains Avenue smashed overnight.

**8:03 a.m.** Ice on Holly Lane where it's melted and refrozen. Highway

Department notified.

**10:33 a.m.** Theft of large commercial fan at The Stumble Inn, Rockingham Road.

**2:49 p.m.** Theft of snowblower from shed at Rolling Meadows Maintenance Shed.

**Saturday, Jan. 9**

**3 a.m.** Requesting Town Highway be called out due to road conditions.

**Sunday, Jan. 10**

**1:14 p.m.** Tree down across road, on wires, on Gilcreast Road.

**2:16 p.m.** Bedford Police have Allison L. Colcord, 34, Quincy Drive, Bedford

in custody on Londonderry warrant for Theft: All Other. Bail set at \$1,500 personal recognition, with Derry Circuit Court date of Feb. 23.

**2:20 p.m.** Tree down across road, on wires, on Kimball Road.

**Monday, Jan. 11**

**3:03 a.m.** Holly Mugford, 25, Wakefield Drive, Hampstead arrested for two counts of Domestic Violence Simple Assault and two counts of Criminal Mischief (vandalism). Bail set at \$1,500 personal recognition with Derry Circuit Court date of Jan. 12.



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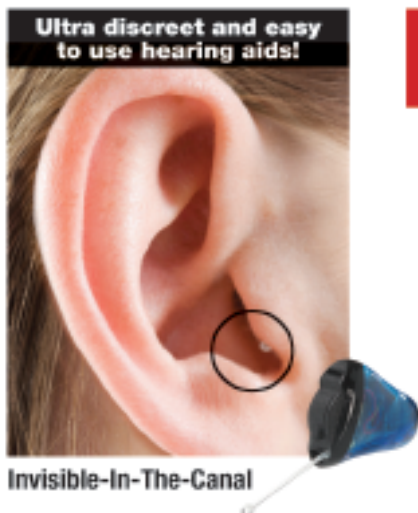
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