

# Londonderry Times

March 10, 2016 ♦ Volume 17 – Issue 10

A FREE Weekly Publication



## Early Start on Science

Moose Hill School student Caleigh Cawthron had a chance to control a robot this week as Educational STEM Solutions (e-STEM) visited the school and introduced children to robotics. See story on page 2.

*Photo by Chris Paul*

## Council Concerned Over Rezoning Rockingham Road

KAITLYN G. WOODS  
LONDONDERRY TIMES

Raising concern over the impact another multi-family residential development would have on town resources, the Town Council tabled a request Monday night to rezone an Industrial property on Rockingham Road.

The Evans Family, who

has owned the property at 280 Rockingham Road for a number of years, requested rezoning a 40-acre portion of the parcel, located near the brown-field site on Sanborn Road identified for an affordable senior housing project, to make the entire property more marketable to developers.

"The topography in that part of the site is

steeper. It has several small wetland areas and there's a large wetland in the middle of the property that creates a natural divide. It's much more conducive to smaller buildings and residential development than larger industrial development," said Earl Blatchford, senior project manager at Haynor Swanson.

*continued on page 5*

## Fire Department Drops Staffing Level by One to Meet Budget

KAITLYN G. WOODS  
LONDONDERRY TIMES

Due to end-of-the-fiscal-year budget constraints, the Fire Department must reduce staffing levels for a period of time, according to Fire Chief Darren O'Brien.

"This is, unfortunately, not ideal. The budgetary constraint we are seeing is something we generally see this time of year and we need to reduce the staffing down to a level of nine firefighters - eight plus one battalion chief," he said.

On March 5, the Professional Fire Fighters of

Londonderry Local 3160 posted a "Safety Alert Update" on its Facebook page related to the drop in staffing levels, which went into effect on March 1.

"The reduction in staff is at the Mammoth Road Fire Station, which houses two of the most technical fire trucks to operate. The ladder truck and rescue truck take a minimum of three firefighters to operate safely and effectively. Only two firefighters are staffed at this station today," the posting states.

O'Brien said the Fire Department is working to make the transition to lower staffing levels smoother.

Those efforts include the hiring of additional firefighters to replace open positions, as well as the four additional positions the voters approved last year.

"We are still in the process of hiring the additional firefighters," he said.

So far, the Department has hired two of the firefighters the warrant article supported and is in the process of hiring a

*continued on page 6*

## Council Discusses Response to State's First Case of Zika

KAITLYN G. WOODS  
LONDONDERRY TIMES

The Town Council has directed town staff to determine the costs of a town-wide spraying program following news of the first confirmed case of the Zika virus in New Hampshire.

The New Hampshire Department of Health and Human Services (DHHS) confirmed that first case last week.

The woman contracted the virus through sexual contact with a man who was symptomatic and had traveled to a country with active Zika transmission. She has fully recovered and is not pregnant, according to the DHHS.

"Identifying cases in New Hampshire is not unexpected, although the most common means of

transmission of the virus is through the bite of infected *Aedes aegypti* mosquitoes. Sexual transmission is less common," DHHS Acting Director of Public Health Marcella Bobinsky said in a press release. "Our greatest concern is for pregnant women who may be exposed to the virus through travel, or the travel of their partners because Zika has been associated with severe birth defects, including microcephaly."

Richard Canuel, who serves as Londonderry's public health officer, said the State is still discussing whether or not mosquitoes collected through their mosquito program will be tested for Zika because the mosquitoes that carry the virus

are not indigenous to New Hampshire.

Londonderry will begin the Town's mosquito control program in April, conducting surveillance, sampling mosquitoes and applying larvicide, which Canuel said is more effective than spraying large areas of town.

"We will be sending samples to the State Lab and my understanding is they will have some testing for Zika, and if they do discover the virus they

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# Robots Visit Kindergarteners for Hands-on Learning



*Moose Hill Kindergarten students were amazed by the robot brought to their classroom on Monday afternoon. Photos by Chris Paul*

KAITLYN G. WOODS  
LONDONDERRY TIMES

Londonderry kindergarteners are huddled around a table, where a special guest is reciting an entire children's book out loud. The students are engaged and interact with their storyteller, a robot named Nao.

After the story, Nao leads the students in a series of Tai chi movements, which he glides through expertly and with ease.

In another corner of Stephanie Wright's Moose Hill School classroom, students are watching 3-D lessons about the solar system and learning about drones, while other students manipulate Vex IQ robots, used to teach children about programming and engineering.



*Nao the Robot leads students at Moose Hill Kindergarten through Tai chi movements on Monday afternoon in Stephanie Wright's classroom.*

The visit from Educational STEM Solutions (e-STEM), a Manchester-based company that works to produce success in STEM (science, technology, engineering and mathematics) classrooms through their products, professional development

and educational consulting, offered students an exciting, hands-on STEM experience.

Wright said when e-STEM Solutions Director Brenda Quinn, a classroom volunteer whose granddaughter attends Moose Hill, offered to bring her company in for a presentation, she jumped at the opportunity.

"They love the hands-on activities," she said. "And it's important to give them ideas of the different careers out there. They're just fascinated. They were excited just watching them set up."

Quinn said her company's technology offers a different learning strategy to teaching STEM in the classroom.

Mike Ogilvy, also director for e-STEM Solutions, said students who watch a 3-D video lesson learn one-third more of the material than they would from a traditional lesson because the brain is stim-

ulated by the technology.

"Students also remember the material better when they go back to the lesson after class," he said, explaining in a lesson on physics, students watch atoms fusing together. "And when the teacher picks back up, students are 30 percent better at staying on task because their brains have been stimulated."

Superintendent Nate Greenberg said he was impressed with the presentation and noted the District has been investigating the potential to bring "little bots" into Kindergarten classrooms that would teach the students about programming.

Wright said while some of the concepts the students were introduced to through the lessons with the robots are highly technical, it's "nice to expose them to a broad range of ideas and experiences."

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*Moose Hill Kindergarteners watch images of the moon in 3D with the aid of special glasses.*



# Amended Approval for Subdivision on High Range Road Gets OK

KAITLYN G. WOODS  
LONDONDERRY TIMES

The Planning Board granted final approval to an amended lot line adjustment plan and subdivision plan for the development of several single-family homes on High Range Road.

In January, the Board granted approval for the lot-line adjustment between 77 High Range

Road and 71 High Range Road, as well as the subdivision of the nine-acre parcel at 71 High Range Road for the development of six, single-family homes.

The subdivision plan includes development of a new, 900-foot public road off Quentin Drive.

Project engineer Eric Mitchell told the Board at its March 2 meeting that nothing has changed to

the plans they originally approved.

"The properties involved are owned by two different people and the property owner cannot sell the land to the applicant without having the plan recorded," he said. "We would like to separate the lot line adjustment plan from the subdivision plans to allow the Town to sign and record

the plans individually. This is basically house-keeping."

Residents had expressed concerns related to the potential for the new development and road to increase drainage and the salinity of water flowing onto their properties.

The Board assured abutters the developer must complete drainage improvements that en-

sure the amount of water draining to neighboring properties does not increase as a result of the subdivision.

In other business:

• The Board continued to its April 6 meeting public hearings for the formal review of a lot line adjustment between the properties at 5 Continental Drive and 1 Continental Drive; as well as for formal

review of a site plan amendment to construct a two-story office addition at 1 Continental Drive and West Road.

The applicant, Continental Paving, requested the public hearings be continued.

The public hearings will be held at 7 p.m. in the Moose Hill Council Chambers at Town Hall

# Sentencing Postponed for Mr. Steer Accountant

KAITLYN G. WOODS  
LONDONDERRY TIMES

The former accountant for Mr. Steer Meats in Londonderry, who pled guilty to stealing more than \$300,000 from the local business, was granted a request to put off his sentencing due to surgery.

Kevin Student, 57, of Londonderry faces prison time for thefts from Mr. Steer, as well as for stealing money from Mansour Construction in Greenland.

He was scheduled to appear in court on Feb. 5, only one week after he was

to undergo surgery, according to court documents.

Student, who worked for Mr. Steer Meats for more than 30 years, pleaded guilty last year to theft by unauthorized taking and forgery for writing more than 50 fraudulent checks to himself from the account of his employer.

According to a motion to extend the sentencing hearing, Student's surgery, which was scheduled in January, requires a three-month recovery period. A judge granted Student's motion "without objection" on Jan. 5 and his sentencing hear-

ing was rescheduled for April 20.

Student started depositing into his personal account unauthorized checks from Mr. Steer Meats in 2011.

He continued to deposit large, unauthorized amounts into his account between January of 2011 and June 2015, according to court documents.

The initial report was filed on March 10, and Student was arrested on June 8. "It was a lengthy investigation," Londonderry Detective Chris Olson said last year.

Sometime in January

2012, Student also took money from Mansour Construction in excess of \$1,500.

"He had kept \$100,000

wrapped in duct tape in a package and paid some of his kids' tuition for college. He also tucked some into his children's bank

accounts," Olson said.

He faces 7 1/2 to 15 years in state prison and a fine of up to \$4,000 for the felony theft charge.

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# Editorial

## Let the Sun Shine In

Open and transparent government – it's what the public should expect and demand from officials at the local, state and national level. And providing information about the operation of government at the local level is a job this newspaper takes seriously.

March 13 through 19 is Sunshine Week, a reminder that government business conducted in the open is at the heart of a democracy. If we don't know what elected officials are doing, we have no way to hold them accountable.

And the more information we all have, the better – as Thomas Jefferson said, "information is the currency of democracy." That information is not something to be held close to the chest by politicians; it belongs to each of us so we can do our duties as citizens.

Sunshine Week is a national effort spearheaded by the American Society of News Editors. Though the week was created by journalists, it's not about newspapers, it's about the public's right – emphasize that word – to know what its government is doing. It encourages every citizen to take a role in government, and to expect to receive access to information to help them govern.

James Madison, the father of the U.S. Constitution, wrote that "consent of the governed" requires that

people be able to "arm themselves with the power which knowledge gives." That means in our participatory democracy, every citizen has a right to access government meetings and public records.

Keeping government transparent also means newspapers must act as watchdogs, asking the uncomfortable questions and providing information in unbiased fashion to their readers, even when it makes public officials squirm. If documents are not readily made available, the state's Right to Know process is ready for everyone to use.

The motto of Sunshine Week is "Open Government is Good Government." As a citizen in a democracy, you have the right to know how your government operates, and your elected officials have the obligation, except in carefully delineated situations, to conduct their business and answer questions in the open, even when that's uncomfortable for them.

We know it's easier for officials to discuss public business in private, where strategies can be aired without anyone listening. But that's not the way it's supposed to work. Discussion is to be public. In a quorum. On the record.

Without information, we're in the dark. The better choice is to let the sun shine in.



## South Chips In

Students at South Elementary School raised money and items for the Salem Animal Rescue League through the school's People to Paws program over the winter months. One of the group's organizers, Diane Fisher, recently presented D.J. Bettencourt of the League with a check and the goods collected during an assembly at the school.

## Whiteout Conditions Lead to 10-Car Pile-Up

KATHLEEN D. BAILEY  
LONDONDERRY TIMES

The Derry Fire Department responded to a multiple car pile-up Friday, March 4 on Interstate 93.

A light snowfall was the reason behind the accidents, which happened at approximately 10:15 a.m. and involved 20 vehicles.

Derry Battalion Chief Scott Haggart said, "We had just experienced a brief snow, which caused slippery roads and whiteout conditions."

The incident involved a stretch of I-93 southbound from the Derry town line through Derry, Windham and a portion of

Salem.

Derry Fire responded to a 10-car pileup in Derry, while Windham and Salem fire departments handled crashes on their portion of I-93.

Derry Fire Car 1 established command at Mile 9.3 of the 10-car pileup in Derry. Approximately 10 other vehicles were off the road in the area with no damage or injuries.

The multi-vehicle accident at the Windham/Derry town line was managed by New Hampshire State Police and Windham Fire personnel with mutual aid assistance from Derry, Londonderry, Hudson, Pelham, Manchester and Hooksett Fire Depart-

ments.

Haggart said five victims of the crash required extrication from their vehicles and transport from Derry, while another six refused treatment. Patients were transported to the Elliot Hospital and Catholic Medical Center, both in Manchester and Parkland Medical Center in Derry with minor injuries.

Mutual aid was provided by Londonderry, Manchester and Hooksett.

Haggart noted that fire and EMS (emergency medical services) resources were "stretched thin" due to similar incidents caused by the snowstorm.

## Londonderry Times

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**Owner/Publisher – Debra Paul**      **Editor – Leslie O'Donnell**  
**Art Director – Chris Paul**

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# Council Postpones Decision on Naming Recreation Commission Alternate

KAITLYN G. WOODS  
LONDONDERRY TIMES

The Town Council tabled a vote Monday night to appoint a new alternate member to the Recreation Commission.

Applicants Hector Ortiz and Todd Ellis interviewed for the position at the Council's March 7 meeting.

Ortiz, who has served as an athletic coach for baseball and football teams in town, said he is seeking the opportunity to learn more and contribute to Londonderry.

"I just want to be involved as much as I can," he said.

Although his son plays for the Londonderry Athletic and Field Association (LAFA) and he serves on the Londonderry Wildcats Board, Ortiz told the Council he wouldn't have a conflict of interest serving on the Commission.

"My son is involved as a player, but I'm no longer a coach. If a decision needs to be made, I would do what's best for the community, and especially for the youth," he said. "I have always believed in doing the right thing -

good, bad or indifferent. I'm an unbiased person."

"With you being on the board of the Wildcats, can you honestly make a good decision for both (the Wildcats and the Blue Lions)? Because this has been a conflict," Councilor Jim Butler said.

"I run the football side and the Blue Lions have to do with cheer. Our cheer is completely separate from football. I really don't know much about cheer," he said. "I personally hate the argument between both organizations because it's about the children."

When asked, Ortiz told the Council he has not been to a Recreation Commission meeting and would be open to serving on another board or commission.

"Whatever opportunity I can have to support this Town," he said.

Also interviewed for the alternate position was Todd Ellis, president of the Londonderry United Soccer Club and high school soccer coach for 11 years, as well as a former third grade teacher.

"I'm taking your advice. You said to take the opportunity to volunteer

and this position has opened up," said Ellis, who has lived in Londonderry for about 20 years.

Ellis told the Council he served on the Litchfield Recreation Commission before moving to Londonderry with his wife to start a family.

"I have experience working with the Recreation Commission on various things," he said, noting his children have played on various teams in town and he is familiar with all the Town's facilities.

When asked about a potential conflict of inter-

est, Ellis said he will do "whatever is best for the children."

The Council plans to revisit making the appointment at its March 21 meeting.

In other business:

- The Council approved the expenditure of \$7,922 from the Expendable Maintenance Trust Fund for the replacement of a motor in an HVAC (heating, ventilation and air conditioning) unit at Town Hall, snow and ice removal at the Senior Center and winter maintenance at the Town Offices.

## Rezoning

Continued from page 1

Blatchford told the Council that Charlie Evans has been trying to market the property for quite some time with no success.

"There is no specific plan for developing the property, now," he said. "He had gotten some feedback that part of the property would be tough to develop to commercial."

Council Chairman John Farrell expressed frustration that he was not aware of the zoning request when it went before the Planning Board, which unanimously approved rezoning the property in February, as reported by the Londonderry Times.

"I'm a little disturbed by the fact we've had a num-

ber of these (large multi-family developments) and we're finding out about this now," he said. "There has been a lot of discussion about them and talk about what to do with them, but as a governing body, we're finding out about this now. I realize we're trying to hire a planning director, but this is not the way we should be doing business."

Farrell also said, "shame on us, we need to be informed."

Blatchford emphasized there are no specific plans for developing the property, saying Evans is "taking the time now to do the rezoning because we feel it makes sense."

But Farrell expressed skepticism that Evans is rezoning the property without a basic plan for development.

"Charlie Evans is a good developer, he gets

things done," he said.

GIS (Geographic Information Systems) Manager John Vogl said no site plans for the property have been submitted to the Planning Department and noted the rezoning request is consistent with the Master Plan and would create a better transition between Agricultural-I and non-residential uses in the area.

Councilor Tom Dolan said his concern with the rezoning request is a financial one.

"To take a potentially tax positive piece of property and turn it to a tax negative property by turning it into residential, I'm not saying it's a dis-

qualifier, but it's a concern. One of the reasons we tend to accelerate development of industrial property is for the benefit to the taxpayers," he said.

Dolan noted the Council has entered development agreements in the past where the developer is held responsible if the Town finds over time their project results in a negative tax impact.

"The developer has some skin in the game to keep the community whole," he said. "I wonder if this might be a candidate for that to keep this from going negative."

The Council agreed to table voting on the rezoning proposal until its next

meeting to allow time for Planning staff to evaluate the potential impact that full build-out of the site could have on town services.

Farrell directed Town Manager Kevin Smith to contact the School District to determine what the impacts on the schools would be.

"The impact of our decision could be monumental, but we don't

know what the impact of that decision is going to be," Dolan said. "Once we get those impacts, we can become more educated. It gives us some discussion."

"It would be prudent not to go quickly," Farrell said. "What we have learned over the last several years is when we are prudent and we don't move quickly, we make very good decisions."

## CONGRATULATIONS

### Clara Dooley



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# Fire Department Trains in Response to Increase in Solar

KAITLYN G. WOODS  
LONDONDERRY TIMES

As the State Legislature considers increasing the cap level for solar panel subsidies, the Londonderry Fire Department is assessing its strategy for responding to homes and businesses with solar panels and the unique challenges they present.

Londonderry Fire Marshal Brian Johnson said they have been working with the Town's building department to collect building permits

for solar panels and are entering the addresses into a computer system so that first responders will know before arriving to a burning building if the owner has installed solar panels.

"Things we need to look out for is the weight on the roof - when we have a building on fire and you have the added weight of the solar panels, the building will collapse faster," Johnson said. "And normally, we try to ventilate the roof to let heat and

smoke out. During the daytime, or at night when we use large lights at the scene, the solar panels are energized with a current and we can't just chop through one of those solar arrays without risk of being electrocuted. Even if we shut off the power to the building, there's no way to shut them off without covering them."

Based on the number of building permits that have recently been pulled to install solar panels on

buildings in Londonderry, use of the alternative energy source seems to be growing rapidly, according to Johnson.

With the potential passage of bills like HB116, which increases the cap on state subsidies for solar panels, State Rep. Doug Thomas, R-Londonderry said he expects to see the number of homes, businesses and municipalities installing solar panels continue to rise.

The Fire Department is

undergoing additional training on responding to a burning building that has solar panels, and Johnson anticipates changes in the Town's Code related to solar panels that would facilitate first responders, such as a required minimum space around solar panels for firefighters to work if they need to ventilate.

"In New Jersey, they recently made it a law you have to put some sort of sticker or sign on your front door, so when fire-

fighters show up, they know if the home has solar panels," he said.

The training Londonderry firefighters are undergoing is a "classroom-type education," according to Johnson.

"We won't deal with the fire differently, but the Battalion Chief will be watching the roof more and we will be looking for different places to ventilate," he said. "We are making our firefighters aware of what to do in that situation."

## Fire Staffing

Continued from page 1

third firefighter they hope to have on duty by April 1.

Additionally, the Department hopes to hire the fourth firefighter by the end of May, according to O'Brien.

"The taxpayers should not see any difference in response times," he said of the temporary reduction in staffing levels. "It's only when we have all our apparatus out mitigating multiple emergencies and we have to bring in mutu-

al aid that you might see a delay."

But O'Brien noted such a delay could happen even on a day all the stations are fully staffed.

"It comes in spurts," he said, pointing to the snow on Friday, March 4 that created slippery road conditions, causing multiple car accidents on Interstate 93. "There was a major accident in Windham, so a lot of our resources were committed there. Then we had to call for mutual aid from Hudson, Salem and Hook-

sett because we had several calls in town."

According to the Professional Fire Fighters of Londonderry, the Department provided mutual aid to Derry twice, as well as to Manchester and Windham last week. The Department received mutual aid from Derry four times, from Windham twice, from Hudson twice and once from Litchfield.

"Effective March 1, companies entered 'drop down staffing,' meaning there will be days of only nine total people on shift as opposed to the normal 10. We will still give our best efforts to provide the highest level of care to you and your loved ones," Londonderry's Fire Union wrote on Facebook.

Town Manager Kevin Smith said all town departments are instructed at the beginning of every fiscal year to stay within their budgets.

"No one was told any differently. They all need to stay within their budget because by law, we cannot overspend the bottom line," he said. "The departments can't count on other departments covering for them. In terms of staffing levels, the Fire Chief is managing the Department the best way he can to make sure he stays within the budget. Contrary to what was written on the Facebook page, if someone calls, there's not going to be a delay in the firefighters answering that."

"We stand behind the post. We want to be active in the community and inform the residents if their safety is involved," said Lt. Michael Roberts, president of Local 3160.

Roberts said he met with O'Brien and Smith on Monday and the three parties could not come to agreement over the issue.

"By no means does this (Facebook) post take the position we will not be able to meet the 4- to 6-minute response requirement. But we are already stretched thin as is, and to have an effective and efficient force to meet the public's needs, we're simply not able to do it as effectively and efficiently without proper staffing," he said. "Look what happened last March. The voters approved increasing staffing by one, but we don't even have the four firefighters hired yet and

the budget we have in place doesn't support the staff in place now. We're trying to combat this in a collaborative effort to come up with the dollar amount necessary to support our budget and the four new members the residents voted in last year."

Roberts said he understands the Department must live within its budget just as every other department must.

"All we're asking for is an efficient, effective force to meet the needs of the community, which is growing by leaps and bounds," he said. "The budget is the residents' decision. Our due diligence is to effectively inform residents and the community about what's going on so they can make informed decisions at the polls."



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# Zika Virus

Continued from page 1

would have a full testing program," he said.

Robert Mackey, who serves as Derry's Public Health Officer, said the Town will similarly begin its mosquito control program with contractor Dragon Mosquito and will continue to follow recommendations of the State as it works to address Zika.

In a presentation to the Town Council Monday evening, Dragon Mosquito President Sarah McGregor said that although the *Aedes aegypti* is limited to southern U.S. states, the *Aedes albopictus*, which is also capable of transmitting Zika, has been found in Massachusetts.

"Will there be a Zika outbreak in New Hampshire? It's highly unlikely," she said. "We don't have the two main species of mosquitoes that transmit the virus. Right now, we don't."

But McGregor emphasized that her almost 40 years of experience as an entomologist have taught her insects can change their behaviors and habi-

tat, noting the *Aedes albopictus* has been moving up the east coast and she believes it's likely it will eventually make its way to New Hampshire.

Additionally, McGregor said experts believe it's likely mosquito species other than the *Aedes aegypti* and *Aedes albopictus* will prove capable of transmitting Zika.

For now, McGregor told the Council the control program it has in place will most effectively manage mosquito populations and limit the spread of diseases.

Dragon will begin collecting stagnant water in swampy areas and investigating the various mosquito species they find in late March or early April, according to McGregor.

Then the company applies larvicide to catch basins, storm drains and other man-made habitat

to control the populations before they hatch.

"Londonderry had very little disease activity last summer. It was one of the driest summers on record," said McGregor.

Canuel and McGregor advised against spraying, explaining it's unnecessary and not as effective as larvicide treatment.

"I can't imagine we would get to that because it's such a limited effect," Canuel said, explaining spraying only kills adult mosquitoes in a limited area, which is eventually repopulated.

"I think the effects of microcephaly on pregnancy are what's going to be the main issue here," Town Council chairman John Farrell said. "I would encourage the Council to encourage town staff to get an idea of what the cost of town-wide spraying would be and what's involved in that so we can

educate the public and people can make their own decisions. If I can save one baby, I'm in."

"I think if we do sprays around the recreation fields for the kids there and expecting moms, that might be a good proactive approach," Councilor Joe Green said.

McGregor said one of the most important things the Town can do is educate the public about Zika and the steps people can take to prevent transmission of the virus.

Because there aren't any treatments or vaccines for Zika, prevention efforts are focused on preventing mosquito bites - avoiding travel to affected areas, using repellents containing DEET and wearing long sleeves and pants, according to the DHHS.

McGregor also underlined the importance of

eliminating standing water outside the home, where mosquitoes lay their eggs.

The federal Centers for Disease Control and Prevention (CDC) has issued travel warnings for pregnant women; and the DHHS is encouraging college students and others who may be traveling to Zika-affected regions this spring, including South America, Central America, the Caribbean, Pacific Islands and U.S. territories, to take strict precautions against being bitten by mosquitoes.

Symptoms of the Zika infection include fever, rash, conjunctivitis and joint pain, but most people infected with the virus do not develop symptoms.

Because there aren't any treatments or vaccines for Zika, prevention efforts are focused on pre-

venting mosquito bites - avoiding travel to affected areas, using repellents containing DEET and wearing long sleeves and pants, according to the DHHS.

The State is working with the CDC to enhance its Public Health Laboratory testing capabilities, protocols and certifications for Zika.

Additionally, the DHHS has been working to inform healthcare providers and the public about Zika; issuing two Health Alerts, holding a webinar to educate health care providers on treatment and prevention of Zika, and launching a website with resources and information about the virus.

For more information about Zika, visit the State's website at [www.dhhs.nh.gov/dphs/cdcs/zika/index.htm](http://www.dhhs.nh.gov/dphs/cdcs/zika/index.htm).

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### - PROVIDER ON CALL - PROSTATE CANCER, WHAT YOU SHOULD KNOW

It's the most frequently diagnosed form of cancer in the US, and if you're a man you should know about it. Consider the statistics that prostate cancer affects 1 in 6 men over their lifetimes. The National Cancer Institute estimates that nearly 200,000 new cases will develop this year, and more than 27,000 men will die from it.

Doctors believe prostate cancer begins when tiny changes start to take place within the prostate cells. Usually prostate cancer grows slowly and remains in the prostate, but in more aggressive forms the cancer cells break away and spread through blood or lymph vessels to other parts of the body. That's why early detection is so important.

No one knows what causes prostate cancer, but several factors may increase your risk. These include age, race, diet and family history. Even though scientists don't understand exactly what causes prostate cancer, there are things you can do that may help prevent it. Exercise, watch your weight (seriously overweight men are much more likely to die from prostate cancer than thin men), and limit alcohol to no more than two drinks a day. When it comes to diet, recent research is turning up exciting new findings. Brazil nuts, tomatoes and broccoli, soy, and green tea show tendencies to shrink tumors or prevent certain types of cancers.

Common signs of prostate cancer may be caused by other conditions as well. Talk to your provider if you have any problems such as frequent urination (especially at night), trouble urinating (such as frequent starting and stopping), pain or burning during urination, blood in your semen or urine or pain in the back, pelvis, or hips.

Sound scary? You bet. But there's good news: New screening tools are helping doctors diagnose prostate cancer earlier, and more and more men are surviving the disease. And with nearly \$300 million being poured into research as of 2007 (prostate cancer research is second only to that of breast cancer in funding, according to the most recent numbers), scientists are finding new forms of prevention, screening, and treatment. Currently the American Cancer Society doesn't recommend routine prostate cancer screening for everyone. Talk to your provider about the pros and cons of each test,

along with your own risk factors. Begin screening at age 40 if you are considered at very high risk, age 45 if you are at high risk, and at age 50 if you are at average risk.

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# Lancer Spirit Editors Head to New York for Journalism Convention

KAITLYN G. WOODS  
LONDONDERRY TIMES

Editors for Londonderry High School's award winning Lancer Spirit will head to New York City next week for the Columbia Scholastic Press Association's 92nd annual Spring Convention.

The journalism students will join peers, teachers and professionals in the field from all over the country at Columbia University, where

they will have the opportunity to choose from hundreds of sessions on news, magazines, online media, video/broadcasting, law and ethics.

"What I love about this conference is not only the look in the kids' eyes when they come out of the sessions, but also how it reignites their passion for journalism," Lancer Spirit advisor Mary DeWinkleleer said.

In addition to educational sessions, the 12 edi-

tors going on the trip will have the opportunity to network during special events with journalism professionals and collaborate with other students.

DeWinkleleer said an important part of the conference is sharing their publication with other schools and considering critiques to strengthen their product.

Over the past year, Lancer Spirit has undergone a substantial transition from a printed monthly newspaper to an online news site and quarterly magazine.

Conor Battles, Lancer Spirit's award-winning editor-in-chief, said he hopes younger staff members will learn strategies for

making the adjustment to an online student news site, particularly "how to roll with the punches" as they manage a more time-sensitive product.

Editor Shea Robinson, a junior, said she is hoping to learn more about producing a magazine, particularly with regard to balancing content in the quarterly publication with the content they share on their website.

"You can always take something away from the sessions," DeWinkleleer said of the three-day convention, held from March 16-18.

In addition to attending the convention, the students will have the opportunity to sightsee in



Lancer Spirit Online Editor Cristian Flores and Editor-in-Chief Conor Battles will travel with 10 other Londonderry High School student editors to New York City for the the Columbia Scholastic Press Association's 92nd annual Spring Convention. Courtesy photo

New York, with planned visits to Times Square, the Empire State Building, the Staten Island Ferry and Carnegie Deli for dinner on St. Patrick's Day.

## OBITUARY

### Helen Cail

Helen G. (Hamilton) Cail, born Sept. 18, 1928 in Medford, Mass., to Helen and Earl George Hamilton, died Feb. 29, 2016 at her home in Londonderry after a long illness.

She had lived in Wilmington and Westford, Mass., before moving to Londonderry.

She enjoyed reading and talking about politics, the weather and the Red Sox. She enjoyed rides with Ernie, watching British mysteries and trips to the ocean and flea markets.

Survivors include sons Ernest, Lawrence and Daniel Cail; daughters Katherine Rahn and Patricia Brown; grandchildren Devin Rahn, Bonnie Pierce, and Alexander and Brendan Cail; great-granddaughter, Emerson Rahn; a brother, George Hamilton; sisters Betty Rush and Patti Murphy; and several nieces and nephews. She was predeceased by her husband, Ernest J. "Ernie" Cail in 1994; grandson Casey Rahn; her parents; brothers Billy and Tommy Hamilton and sister Linda Keay.

Following cremation, calling hours will be held on Saturday, March 19, from 1 to 3 p.m. at Peabody Funeral Homes and Crematorium, 290 Mammoth Road, Londonderry. To send a condolence or for more information visit [www.peabodyfuneral.com](http://www.peabodyfuneral.com).

## Planning Board OKs Parking Lot for Manchester Business

KAITLYN G. WOODS  
LONDONDERRY TIMES

The Planning Board granted final approval March 2 for a site plan to construct a parking lot to serve a Manchester business near the town line.

The parking lot is to be constructed in Londonderry at 345 Rear Mammoth Road, near The Yard Restaurant, but there will be no connection to streets or properties in Londonderry.

"Business is going well and they have a need for additional spaces," Tucker McCarthy of TF Moran civil engineers said of Symmetry Medical, which is located on Abby Road in Manchester.

In addition to granting final approval for the 100 additional parking spaces, the Board approved six

waivers for the project, several of which were related to planting trees and screening for adjacent properties.

McCarthy said the site plan does not provide 5 percent dedicated landscape area within the parking lot, but rather focuses on landscaping around the exterior of the lot.

Contrary to Site Plan Regulations, the plan also does not include planting one tree for every 15 spaces being constructed, or for every 20 feet of perimeter.

Assistant Director of Public Works and Engineering John Trottier said staff supports granting the waivers to the requirements for deciduous plantings because the lot serves an industrial use and isn't visible from any

streets.

The Board also granted a waiver to not provide screening for the off-street parking area to abutting residential districts.

Trottier told the Board the site plan shows there is a significant stand of trees on the eastern side to buffer future development on the adjacent lot and noted the applicant provides a reasonable mix of evergreen and deciduous trees along the perimeter of the lot.

Additional waivers the Board granted include one to allow pipes to flow more than full and a waiver to allow an excess of .2-foot candles to trespass across the property line between the parking lot in Londonderry and the adjacent business it will serve in Manchester.

Trottier said staff sup-

ports both waivers, explaining the waiver to allow pipes to flow more than full is an "isolated occurrence," where the pipes are handling storm water from an abutting property.

At the advice of Town staff, the Planning Board agreed to grant the waiver to allow the foot candles to trespass across the property line because the parking lot is intended to serve the adjacent industrial site where the trespass occurs and additional lighting across the two driveway connections would enhance safety for those using the new lot.

The Manchester Planning Board also granted the site plan for the new parking lot conditional approval last month.



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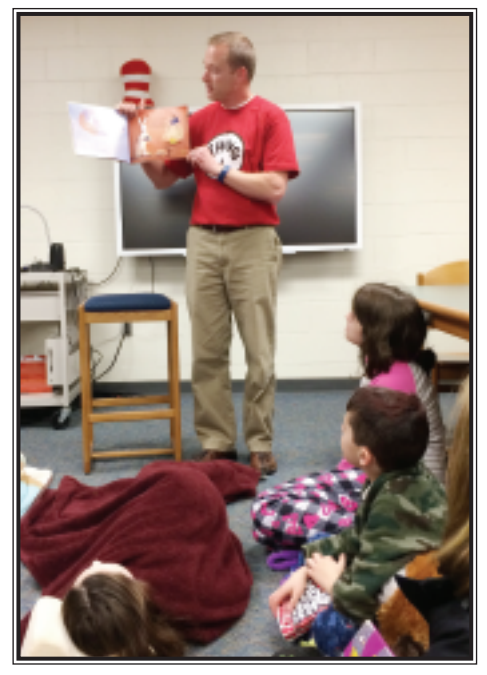
# North and South Elementary Schools Celebrate Dr. Seuss



Maria Del Rossi's second grade classroom at South School shows off their attire during one of the days celebrating Read Across America and Dr. Seuss. Photo by Chris Paul



Jordan Chadwick poses with some signs in the front lobby of South Elementary School. Photo by Chris Paul



North School Principal Paul Dutton reads to students and their families at the school's Read Until Bedtime event. Photo by Kaitlyn G. Woods

KAITLYN G. WOODS  
LONDONDERRY TIMES

Londonderry elementary schools celebrated Read Across America Week with family literacy events on Dr. Seuss' birthday.

Donning pajamas and wrapped in blankets from home, North School students gathered with their families in the library for the school's Read Until Bedtime event.

Principal Paul Dutton and Assistant Principal Jill Connors read bedtime stories out loud to students, a practice Librarian Kate Thompson said remains important as children grow older.

"We work hard to get

our children to be independent readers, but continuing to read to older kids is very important," she said at the March 2 event. "It could be reading something as simple as a bedtime story that can carry on for generations. That's why we're doing this tonight."

South School also celebrated and promoted reading with Literacy Family Night and Dr. Seuss-themed centers in the lobby during the day for the school's first graders.

Students at South School also dressed up like the beloved children's author, while North School students dressed in mismatched, inside out, crazy

clothes and hair for Wacky Wednesday.

Thompson said each day during Read Across America Week had a different theme based on a Dr. Seuss book - students wore crazy hats on the day celebrating "Cat in the Hat" and pajamas for the day celebrating Seuss' book "I am NOT Going to Get Up Today!"

North School teachers incorporated Dr. Seuss-themed activities into their lessons and first grade classes made green eggs and ham.

"It's all centered around reading," Dutton said. "Reading is really timeless and powerful."



Jaxson Byrd gets help with a project from South School second grade teacher Jennifer Cutuli, left, and Principal Linda Boyd. Photo by Chris Paul



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# Leach Library's March Artist Presents New Paintings

KAITLYN G. WOODS  
LONDONDERRY TIMES

With several intriguing new paintings to share, Londonderry painter Craig O'Neill has returned to the Leach Library as its featured artist during the month of March.

O'Neill's body of work reflects his desire to share multiple scenes or views in one painting, as well as his interest in telling a story and crafting the spatial arrangements of the objects in his pieces.

To his painting "Night Song," on display in the front lobby of the library, O'Neill said he recently added flying papers and curtains blowing in the breeze to complete the story he was trying to tell about a woman playing the guitar.

"A lot of people do studies - they observe a scene and create what they see. That's not enough for me," he said. "I need to have a design, a composition. I need to think about it for a while before I start painting. When I get the idea, that's when I can really get to the completion of something."

In his painting "Informal Garden," O'Neill said he shares his fascination with the 's' curve a field of flowers were blown into at Codman Community Farms in Massachusetts, one of several destinations in New England he enjoys visiting for inspiration.

O'Neill started painting when he was 8 years old, and attended the High School of Music and Art in New York.

After studying German Literature at Harpur College in New York state, he continued taking art classes at the New School in New York City, then later at the Cambridge Center for Adult Education in Massachusetts.

His medium of choice is oil paint, but he also enjoys painting with pastels. The subjects of his paintings are varied - landscapes, portraits, interior design, even cars and construction vehicles.

Although his paintings are very realistic, they feature abstract elements that lend a dreamlike quality to his subjects.

In a self-portrait in his exhibit at the library, for example, O'Neill's placement of abstract clouds enhances the intensity of his expression and adds

movement to the painting, another important characteristic of his work.

Even a painting of the marshes on Cape Cod, which depicts the stillness of the environment, features movement in the grass.

O'Neill has lived in Londonderry with his wife, Irena, for 26 years and works in billboard advertising.

He continues to take classes to develop as an artist and enjoys spending time painting at his home.

In addition to sharing his work at the Leach Library, O'Neill has had his paintings displayed at the public libraries in Derry and Plaistow and in Stoneham, Mass.

He can be reached at (781) 844-3137 or craig-oneill@clearchannel.com.



Londonderry artist Craig O'Neill displays his painting "Night Song," one of several featured in his exhibit at the Leach Library during the month of March. Photo by Kaitlyn G. Woods

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# LONDONDERRY SPORTS

## Lady Lancer Cagers Climb Two Wins From a Three-Peat

CHRIS PANTAZIS  
LONDONDERRY TIMES

**W**ins over Exeter and then Nashua North in the first two rounds of the 2015-16 Division I tournament last week got the Londonderry High School girls' basketball squad within two wins of its third consecutive state title.

And the defending D-I champs' quarterfinal-round thumping of North at LHS Saturday night, March 5 shoved second-seeded Londonderry into a semi-final-round battle with third-ranked Bedford at Southern New Hampshire University in Manchester Thursday, March 10 at 6 p.m., after Londonderry Times press time.

The 15th-seeded Exeter High Lady Blue Hawks hung with the Lady Lancers for one quarter in the first-round contest between the two squads at LHS Tuesday, March 1. But Londonderry busted away in the second and third periods after its defense clicked into high gear, and the locals rolled to a 53-26 blowout.

"Exeter had a good first quarter. They played very hard and hit some big shots starting out," said LHS coach Nick Theos, whose team led by a modest five points (16-



*Star senior guard Jackie Luckhardt has the Lady Lancer cagers pointed at another D-I title.*

11) at that stanza's finish.

"From the mid-point of the second through the third quarter we finally picked up our defense," added the coach, whose charges outscored their guests by the massive margin of 28-4 in the two middle quarters, even holding Exeter to a single point in the third stanza. "We also started running the court well, and our point guards pushed the tempo, which led to easy lay-ups. We started playing the type of ball we need to in order to compete in the playoffs, with strong defense and up

tempo-offense. Everyone is going to give us their best game, and we need to be ready."

Ashley Evans paced the LHS offensive charge with 16 points, Kelsey Coffey threw down 15, including a trio of three-pointers, and court general Jackie Luckhardt contributed seven points, seven steals, and 10 rebounds.

The Lady Lancers then moved on to a quarterfinal-round contest with a seventh-seeded North crew that Londonderry had bested by nine points (53-44) in the last game of the regular season for both squads.

Neither side shot well in the first quarter, which ended with the hosts grasping a 12-6 advantage. And when the second quarter was over, the Lady Lancers were still up by six at 26-20.

The Nashuans had received all but two of their points from senior guards Adaeze Okorie and Sara Cordova. Sharp-shooter Cordova netted all nine of her points on three pointers, and her success from distances was something Theos knew his side would need to address in the second half.

The Lady Lancers played a far more intense and

defensively successful game in the third quarter, and they outscored the Lady Titans by a 23-12 tally to carry a 49-32 advantage into the final stanza.

And the locals put the final touches on the victory by outscoring their guests by a 16-9 margin during the final eight minutes of play.

Cordova was held to just two more treys by LHS defenders led by freshman guard Amanda Deangelis.

"The kids stuck to the game plan perfectly," said Theos. "I was happy with this match-up and we knew this team, and the kids stuck to the game plan and got the job done."

Luckhardt finished with 15 points, nine assists, six rebounds, and two steals to pace the locals. Evans contributed 13 points and 11 big rebounds, Kate Balcom was good for 12 points and six boards, and Coffey came up with a dozen points of her own.



*Freshman center Ashley Evans appears to be coming into her own of late, putting forth several strong tourney performances for her two-time defending LHS girls' hoop team. Photos by Chris Paul*

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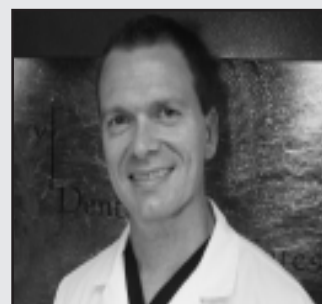
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# Coleman Paces LHS Charge in Season-Ending Victories

CHRIS PANTAZIS  
LONDONDERRY TIMES

Sharp-shooting junior guard Jake Coleman netted 24 points against the Alvirne High Broncos of Hudson and the Spaulding High Red Raiders from Rochester in leading his Londonderry High boys' basketball squad to regular season-

ending defeats of both opponents.

Coleman and his Lancer teammates ended up winning six of their last seven contests of the regular season to wind up a solid 10-8 in tough Division I. That 6-1 run came directly after the LHS hoopsters had struggled through a frustrating 1-6

skid between Jan. 22 and Feb. 6 that placed their divisional record well under the .500 mark.

The defending D-I champions bested home-standing Alvirne by a 52-42 tally in Hudson Tuesday night, March 1, and worked hard to do so.

The Broncos - who finished the regular season at 6-12 - led by a point after one period (16-15) but saw the score knotted up tight (23-23) at half-time.

The Lancers' big stanza was the third, in which they outscored their hosts by a 19-3 tally to grasp a 42-26 lead with eight minutes left to go.

The Broncos fought hard to come all the way back and outscored Londonderry by a 16-10 mar-



Senior guard Nate Gaw aims to end his career with another title.

gin in the fourth quarter. But the Lancers still managed to win by double digits.

Along with Coleman's

24 points - which included four three-point buckets - the victors received a dozen points from Matt Corey.

Three evenings later, on Senior Night, at home, the Lancers faced off against a spunky Spaulding squad that had won three of its last four games. But the now 6-12 Red Raiders would be making the long Friday night haul home contemplating a 54-46 defeat.

The hosts won every quarter by a small margin, leading 11-10 after one quarter, 28-25 at the half, and 38-33 going into the fourth period.

Spaulding kept themselves in the game throughout most of the first three quarters by hitting a number of three point

shots.

Coleman claimed a pair of three-point buckets among his 24 points, and Corey and Cam MacDonald each netted 10. Like Coleman, MacDonald also nailed a couple of three-point shots.

The Lancers honored Nate Gaw on Friday night. He is the team's only senior.

The Lancers then learned this past Monday morning, March 7, that they had snared the 10th seed in the Division I tournament pairings, and they drew number seven Winnacunnet of Hampton in round one. That contest was played Wednesday evening, March 9 on the seacoast, after Londonderry Times press time.



Big man Cam Reddy lofts a shot past a Spaulding defender during his Lancer squad's regular season-ending win over that team.

Photos by Chris Paul



## Practice Partnership

The members of the Londonderry Basketball Club's fifth grade girls' squad got the valuable opportunity to practice and challenge their skills with the Londonderry Middle School girl hoopsters recently at the middle school.

Courtesy photo

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# LHS Icemen Intent on Moving Marauders Out of Tourney

CHRIS PANTAZIS  
LONDONDERRY TIMES

At one point this winter, it looked as though the Londonderry High School ice hockey team's post-season hopes were withering on the vine.

But after dropping five consecutive decisions between Jan. 16 and Feb. 3 and falling under the .500 mark, the LHS crew began to play quite a bit closer to the way coach Dan Legro thought it could. And as a result of that, the Lancers won six of their last seven Division I games and finished up at a solid 10-8, ranking seventh in the tough league.

That finish set Legro's Lancers up in a first-round tournament match-up with a 10th-seeded

Hanover High Marauders' team that had its struggles down the stretch of the regular season, dropping four of its final six games and ending up under .500 at 8-9-1.

That contest was slated for this Wednesday evening, March 9, at 8:20 p.m. at the Salem Icecenter, after Londonderry Times press time.

The Marauders - who are led into battle by veteran coach Dick Dodds - entered their final regular season game against the weak Nashua South Purple Panthers late last week, having gone 1-4 in their previous five games and being outscored by a big 20-6 margin. They closed out the regular season with a 5-0 shutout of South.

The Lancers also ended their regular campaign on a high note, more than a week before Hanover did, with a shutout. They blanked Salem by a 2-0 tally. They entered the tournament rested but wondering if rust might be a factor.

When the Lancers and Marauders met up during the 2015-16 regular season on Jan. 16, home-standing Hanover started Londonderry's losing skid by besting its guest by a 3-2 tally.

"Hanover will bring a good game. I hope we bring better," said Legro in anticipation of the tournament match. "They have a few big guys, and they work hard."

And in Dodds, the Marauders have a veteran



Senior Jax Theriault and the LHS hockey team aim to end their season with a long tourney run. Photo by Chris Paul

mentor who has been around for decades and who has seen about everything that can from behind a bench.

## Local Swimmers Help Their RAYS to Strong Finishes

CHRIS PANTAZIS  
LONDONDERRY TIMES

The USA Swimming championship meet season got under way in February, and the Rockingham Area Youth Swim (RAYS) organization's team dove into the campaign with gusto recently by taking part in several competitions. And at both events, youthful swimmers from Derry and Londonderry made their presences known with significant contributions.

The RAYS - who are based in Londonderry and Salem - had 40 members achieve qualifying times that enabled them to swim at the 2016 New England Regional Swim Meet. That was the first qualifying meet of the season, and many RAYS swimmers competed at that event for the first time.

In the 8-and-under age group, 8-year-old Hazel Jean Tracy from Derry placed first in the 100-meter breaststroke, im-

proving her best time by over seven seconds. She also placed second in the 50-meter breaststroke, third in both the 50 butterfly and the 100 freestyle, fourth in the 50 freestyle, and sixth in the 25 backstroke, 50 back, and 25 fly.

The Derry youngster also combined with three talented teammates for a

third place in the 100 freestyle relay.

In the 9-10-year-old category, 9-year-old Jatin Patel from Derry earned a fourth in the 100 breaststroke, and Megan St. Germain (age 10) of Londonderry swam to a sixth-place finish in the 50 back, shaving over two seconds off her best time.

A week later, a lucky

13 RAYS qualified for and participated in the New England Silver Championship Meet in Andover, Mass.

Participants included Derry residents Emma Hazard, Reilly Hazard, and Hazel Jean Tracy, and Londonderry youngsters Ashleigh Leone, Megan St. Germain, and Brandon White.

Highlights of that

weekend included 10-year-old Emma Hazard placing second in the 100-meter freestyle with a time of 1 minute and 08.56 seconds, and fifth in the 100-meter individual medley, in which she took a significant 3.75 seconds off her previous best time.

The RAYS' team is a year-round competitive swim club for young people aged 5 through 19.

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# Lancer Skiers Perform Well at Annual Meet of Champs

CHRIS PANTAZIS  
LONDONDERRY TIMES

Londonderry High School skiing standouts Jaiden and Bryeton Evarts and Josh Galluzzo did their Lancer contingents and themselves proud at the state Meet of Champions at the Cannon Mountain Ski Area in Franconia Tuesday, March 1.

The LHS trio competed against the state's other top skiers in the slalom and giant slalom events, with senior Jaiden finishing ninth and qualifying for the Eastern Regionals in the giant slalom, her sister and sopho-

more Bryeton placing in the top 25 among the girls in both events, and sophomore Galluzzo placing among the top 30 male finishers in the giant slalom.

"Our racers skied strong with skill and determination," said Londonderry Gatechasers' skiing booster club secretary Michael Costello. "Josh and Bryeton will lead the way for LHS over the next few years."

The slalom course was an intense challenge for all who attempted it, and Jaiden ended up 12th with Bryeton taking 23rd place.

The top 12 racers from the combined final rank-

ings for both disciplines - both boys and girls - qualified for the New Hampshire State High School Ski Team. New Hampshire's 12 racers from each gender qualified to compete against 11 other state teams whose racers also qualified for the USSA Eastern Regional High School Championships at Attitash/Bear Peak in Bartlett, N.H.

"Jaiden was so happy to make the team her senior year. She made it as a sophomore, too," said proud Evarts' mom, Lisa, who is also the vice-president of the Londonderry Gatechasers.



Londonderry High School skiing standouts Jaiden Evarts, left, John Galluzzo, and Bryeton Evarts excelled at the recent state Meet of Champions. Courtesy photo

## Marching Lancers Head To New York's St. Patrick's Day Parade

The Londonderry High School Marching Lancer Band and Color Guard will return to New York City to participate in the annual St. Patrick's Day Parade on Thursday, March 17. This will mark the group's 20th appearance in the past 22 years.

This has been a busy year for the Lancers, with performances including the Florida Citrus Bowl

Parade in Downtown Orlando on Dec. 30, a Disney Magic Kingdom parade on New Year's Eve, a Drumline performance for the Boston Celtics, and a performance on ice for the Manchester Monarchs.

The New York City St. Patrick's Parade is the oldest in the country, lasts six hours, has over 150 bands and features more than 150,000 participants, including firefighters, police,

military, and musical units from around the country. NBC- NY will broadcast the event live from noon to 3 p.m.

LHS Music Director Andy Soucy said the Marching Lancers are honored to be invited each year to participate in this nationally acclaimed event. And the locals always manage to put forth a memorable performance.

## High-Flying Force



The Londonderry High winter varsity spirit contingent wound up falling just short of advancing from last Sunday's Division I preliminary-round championship event at Pinkerton Academy. The top eight squads made it to this Sunday's championship event, and coach Becki Barden's LHS bunch ended up ninth.

Photo by Chris Paul

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# Girls Track Team Wins First Lancer Games Fundraiser

KAITLYN G. WOODS  
LONDONDERRY TIMES

The Londonderry High School girls track team finished first in the National Honor Society's inaugural Lancer Games.

The unique fundraising event brought together co-curricular groups from throughout the school to compete for cash prizes and to raise money for Make-A-Wish.

Balancing ping-pong balls on spoons carried in their mouths and racing to stack cups in a cup stacking challenge, teams competed in a variety of fun games, including trivia, pass the hula hoop,

cotton ball scoop, marshmallow toss, puzzle challenge, shoe relay and unusual talent challenge.

"Our advisor (Elizabeth Juster) came up with the idea and the class officers expanded on it and came up with a long list of games to play," said Hayley Peters, president of the high school's National Honor Society chapter.

The cost to compete in the March 4 event was \$5 per team member and the National Honor Society split the money raised among the winning co-curricular groups and Make-A-Wish.

The event raised \$75

for Make-A-Wish, bringing the National Honor Society's total earnings for the non-profit to \$1,725, according to Juster.

Winning first place, the girls track team earned 30 percent of the pot, \$45.

The boys track and field team finished in second place, earning 15 percent of the pot, \$22.50; and the Class of 2017 and Student Council finished in third place, earning 5 percent of the pot, \$3.75.

Spectators also joined in the fun, adding to the pool of money for the student groups and a good cause.



Members of Londonderry High School's girls' track and field team competed at the National Honor Society's first Lancer Games. Courtesy photo

## Going Green in Londonderry Local Police to Accept Unwanted Household Drugs 24/7

In recent years the Londonderry Police Department has collected hundreds of pounds of prescription drugs as part of periodic National Drug Take-Back Days, according to Captain Chris Gandia.

Due to the community's strong support for this initiative and greater drug disposal opportunities, within the next two months the LPD will be installing a permanent drop-off box in their lobby for the safe, convenient and proper disposal of prescription and over-the-counter drugs.

The LPD's new drug drop-box will be accessible

24/7 and make it easy for residents to rid their homes of expired, unused or unwanted drugs of all kinds - as important a home safety activity as changing batteries in your smoke detectors to guard against fire.

Gov. Maggie Hassan, speaking for the National Governors Association, said recently, "Combating the heroin and opioid crisis is an all-hands-on-deck moment, and we must also partner with the private sector, from manufacturers to pharmacies and health-care providers, to find solutions and change the way we treat pain in America."

Leftover meds are a public safety risk that can lead to accidental poisoning, overdose and abuse. Not everyone understands that pharmacy drugs can be just as dangerous and addictive as street drugs if taken without a prescription. Most abused prescription drugs come from family and friends.

- 1 in 5 teens admit to abusing prescription drugs.
- 1 in 10 teens admit to abusing over-the-counter cough medicine

Every day in the U.S. some 2,500 teens abuse a

pharmacy drug for the first time. Kids try pain meds just to get high, while others abuse attention deficit drugs as a study aid. While most parents don't discuss drug abuse with their kids, research has shown that those who learn about the risks are half as likely to experiment.

Moreover, drugs discarded in the trash can be retrieved and abused. If flushed down the toilet they threaten our ground water. Proper disposal can save lives and protect

the environment. Remember "What's in your wallet?" How about: What's in your medicine cabinet?

The LPD's Drug Take-Back Program will enable us to clean up our collection of household

drugs and make sure we're not part of the problem. Look for a police department press release in the very near future.

*Courtesy of Londonderry's Solid Waste and Environment Committee and the LPD.*

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# AROUND TOWN

**Around Town Policy:** This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$30.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$30.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. Deadline for submissions is Monday at 5 p.m.  
**Additionally:** We will run the full versions of any calendar items online free of charge at [www.nutpub.net](http://www.nutpub.net). Please send items to [calendar@nutpub.net](mailto:calendar@nutpub.net).

## Coed Softball

Londonderry Coed Softball is looking for new players to join an existing team or start their own team. Play takes place Thursday evenings and a few Sunday afternoons. All skill levels are welcome. Contact Michael Costello at [Ltowncoed@gmail.com](mailto:Ltowncoed@gmail.com) for questions or to join.

## College Admission

Londonderry High School along with NHHEAF (New Hampshire Higher Education Assistance Foundation) offers a presentation aimed at juniors and their parents on March 14 at 6 p.m. in the LHS cafeteria. The session is intended to educate the student and family about the college admission process. Topics include: narrowing the list, questions to ask on a college tour, college essay pointers, application timeline and the basics of financial aid. Email [Iryan@londonderry.org](mailto:Iryan@londonderry.org) for more information.

## Israeli Dance Nights

Etz Hayim Synagogue, 1-1/2 Hood Road, Derry hosts Israeli Dance Nights on March 25, April 29 and June 3. Friday night services begin at 7:15 p.m., with Kid-dush, music and dancing following the services.

## VA Bingo

On March 28, American Legion Post 27 will play bingo with patients at the Veterans Administration Hospital in Manchester from 7 to 8:30 p.m. Donations are appreciated, or stop by and help out. The Legion will serve pizza and diet soda as well as provide \$150 in prize money. The Londonderry High School Pay-it-Forward team will be helping with this event.

## Easter Egg Hunt

The Londonderry High School Class of 2016 hosts its annual Easter egg hunt from 9 a.m. to noon Saturday, March 26 at the LHS gym. Visit with the Easter bunny, do crafts and play games until the hunt starts at 11:30 a.m., rain or shine. Ages 12 and under are admitted. Admission is free, but donations are accepted. Bring your own basket. Email questions to [ateb-betts@londonderry.org](mailto:ateb-betts@londonderry.org) or [hlafore@londonderry.org](mailto:hlafore@londonderry.org).

## Military Family Event

Service members, veterans and military families are invited to a free family event Saturday, March 12 from 2 to 4 p.m. at the Aviation Museum of New Hampshire, 27 Navigator Road, Londonderry. Children's activities include museum tour, avia-

tion experiments, and art. Paul Callen of the Military Child Education Coalition will address adults about easing transitions unique to military families. An ice cream sundae bar concludes the day. To register, visit: <http://tinyurl.com/n-hmilkid> or contact Kimberly at [ksomarriba@naminh.org](mailto:ksomarriba@naminh.org) or 568-5780. NAMI NH sponsors this initiative of the New Hampshire Department of Health and Human Services in partnership with New Hampshire Care Path.

## Marvels of the Sky

Children are invited to visit the Leach Library on Monday, March 14 from 4 to 5 p.m. for a program dedicated to the marvels to be found in the sky, from balloons to jets. During the program a clip of the Wright Brothers' first flight will be shown, and each participant will receive a paper airplane to decorate and fly at home. Advance registration is required. To register, call 432-1127 or visit the Children's Room.

## Writing Bug

The Leach Library presents a Young Adult "Follow the Writing Bug" program on Thursday, March 10, from 3:30 to 4:30 p.m. All participants in grades 6 through 12 will explore following their creative ideas



## Scout Climbing Badge

Troop 521 scouts, leaders and family members visited Vertical Dreams in Manchester recently, where the scouts were able to complete their Climbing Merit Badge. While working on their requirements, the scouts rappelled down a 72-foot elevator shaft, which left a great feeling of accomplishment for each participant.

*Courtesy photo*

and discover how successful writers develop their craft. Snacks and drinks will be served, and there will be a raffle for door prizes. No sign-up is necessary.

## Isinglass Voting

Young Adult voting on New Hampshire's Isinglass award-winning book titles is ongoing through March 31, and is open to all students in grades 6 through 8. The Isinglass Award nominees are books recommended by middle school students. Lists of the titles are available in the Young Adult area of the Leach Library. Everyone who votes will receive a chance to win a Barnes & Noble gift certificate. Youths may vote for more than one title if they consider them worth recommending to other teens.

## Visit with Peter Rabbit

Visit the Leach Library on Monday, March 21 from 4 to 5 p.m. to explore the world of rabbits, with stories ranging from Peter Rabbit to a bunny that loves chocolate cake. Participants can try their hand at a rabbit guessing game, and there will be time for a hug and picture with Peter. Advance registration is required and begins at 9 a.m. Monday, March 14. To register, call 432-1127 or stop by the Children's Room.

## Free Clothing

Renew opens March 12 from 8 to 10:30 a.m. at Cal-

vary Bible Church, 145 Hampstead Road, Derry. Arrive by 10 a.m. Derry residence not required. Renew offers free, gently-used apparel. Each household is limited to 20 of the newest items, plus a reasonable number of older items. Enter at the church marquee sign. Donations of good condition, modern clothing are welcome in the donation bin by the door at any time. No money is accepted. For details, search for "Renew Derry" on Facebook, email [renew-clothing@yahoo.com](mailto:renew-clothing@yahoo.com), or call the church secretary at 434-1516.

## Free Meals

The Free Community Meals program offers the following meals. Everyone is welcome. March 12, St. Patrick's Day Dinner, 5 to 6:30 p.m., Church of the Transfiguration, 1 Hood Road, Derry; March 17, dinner, 5 to 6:30 p.m. West Running Brook Middle School, 1 West Running Brook Lane, Derry; March 18, dinner, 5 to 6:30 p.m., First Parish Church, East Derry Road, Derry; March 19, dinner, 5 to 6:30 p.m., St. Luke's United Methodist Church, 63 East Broadway, Derry; March 20, dinner, 5 to 6:15 p.m., Etz Hayim Synagogue, 1-1/2 Hood Road, Derry; March 27, lunch, 1:30 to 2:30 p.m., St. Jude Parish Community, 435 Mammoth Road, Londonderry, and Sonshine Soup Kitchen, dinner, 4:30 p.m., Mondays through Fri-

days, Derry.

## Lenten Services

First Parish Congregational Church, UCC, 47 East Derry Road in East Derry, is holding Lenten services Wednesdays through March 16. A soup supper will be served each Wednesday during Lent at 6 p.m., followed by a service at 7 p.m. in the church's Currier Hall. All are welcome to join the congregation for food, fellowship, worship and community. For more information, contact 434-0628 or [officemgr@fpc-ucc.org](mailto:officemgr@fpc-ucc.org).

## Girl Scout Cookies

Girl Scout Cookie Booths are now open across New Hampshire and Vermont. Cookie booths can be found at shopping centers now through early April. To find a cookie booth, visit [girlscoutsgwm.org](http://girlscoutsgwm.org) and click on the Cookie Locator. Seven Girl Scout cookies, including the iconic Thin Mints and top-selling Samoas, and Tagalongs, are available at \$4 per box. Gluten-free Toffee-tastic Girl Scout cookies retail for \$5. All proceeds support local Girl Scout programs and serve as a major funding source for troop activities, including field trips, camping, and community service projects.

## Fuel Assistance

Fuel assistance is available from Southern New

**Continued on page 17**



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## Around Town

Continued from page 16

Hampshire Services, which is taking applications through April 30 to help renters and homeowners in Rockingham County pay past or future energy bills. Fuel assistance pays for oil, propane, wood, pellets, kerosene, natural gas or electric heat costs, with

payments going toward a past due balance or credit for future use. To qualify, one person can earn up to \$1,935/month, with a family of four earning up to \$3,986/month. Fuel assistance may also be applied to rent if heat is included in rent. To make an appointment, call the Derry office at 965-3029.

### Baseball Fundraiser

Training Effects of Londonderry joins the Londonderry Diamond Dawgs in a fundraiser to help the Dawgs travel in summer 2016 to Cooperstown, N.Y. Former Londonderry High football standout Bill Eacrett's Training Effects fitness business is hosting a pair of sports conditioning

classes for youngsters aged 10-16 at Training Effects' Derry location inside Derry SportsZone. All proceeds go toward the Diamond Dawgs' Cooperstown trip. Camp sessions are Saturday, March 19 from 9 to 10 a.m., and Thursday, March 24, from 5 to 6 p.m. Cost is \$10 per class; for details or registration, contact Jenny

Marshall at 493-7421 or jennymarshall225@gmail.com.

### Cellar Holes

On Thursday, March 24 at 7 p.m., the Leach Library will host the free program "A Walk Back in Time: The Secrets of Cellar Holes" with author and historian Adair Mulligan in the library's lower-level Meeting Room. She will explore the stories

of what can be discovered in the remains of long-forgotten structures in New Hampshire, and how one town has helped stimulate interest in its future by creating an inventory of its cellar holes. The program is sponsored by the Friends of the Londonderry Leach Library. Light refreshments will be served.

Continued on page 18

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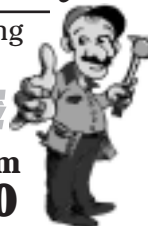
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## Around Town

Continued from page 17

### Model Railroading

The Seacoast Division of the National Model Railroad Association holds Derry Fun Night on March 11 from 7 to 9 p.m. at the Marion Gerrish Community Center, 39 West Broadway, Derry. Derry Fun Night is held the second Friday night of each month. Topic is "Modular Railroading" with Erich Whitney, who will show the HUB Division modular standards (2x4 module). Fred Hessler will discuss planning for Freemo modules. Always a part of the program is Model Showcase, where modelers bring in their projects to show and discuss. For details, visit [seacoastnmra.org/calendar](http://seacoastnmra.org/calendar).

### Easter Eggs-Stravaganza

Journey Church, a Church of the Nazarene, will

hold an Easter Eggs-Stravaganza on Saturday, March 26, beginning at 10 a.m. at the church at 5 Tinkham Ave., Derry. More than 2,000 filled Easter eggs will be distributed around the church property. In addition, there will be food, crafts and games. The event is free and open to the public. For more information, call Pastor Jason McPherson at 216-5155 or visit [www.journeynh.org](http://www.journeynh.org).

### Sunrise Service

Join First Parish Congregational Church, UCC to welcome the dawn of Easter morning at a Sunrise Service at 6:30 a.m. outdoors at Broadview Farm in Derry on Sunday, March 27. For more information, call 434-0628 or email [officemgr@fpc-ucc.org](mailto:officemgr@fpc-ucc.org).

### Easter Breakfast

The Best Breakfast crew of First Parish Congregational Church, UCC, 47 East

Derry Road, East Derry will serve an Easter Breakfast Buffet from 7 to 9 a.m. on Easter Sunday, March 27. The made-from-scratch meal costs \$5 for all-you-can-eat. For more information, call 434-0628 or email [officemgr@fpc-ucc.org](mailto:officemgr@fpc-ucc.org).

### Easter Sunday Service

A traditional Easter Service will be held on Sunday, March 27 at 10 a.m. in the sanctuary at First Parish Congregational Church, UCC, 47 East Derry Road, East Derry. For more information, call 434-0628 or email [officemgr@fpc-ucc.org](mailto:officemgr@fpc-ucc.org).

### HU Chant

A community HU chant will take place at 9:30 a.m. Sunday, March 13 at the Holiday Inn, 2280 Brown Ave., Manchester.

### Eckankar Worship

An Eckankar (ECK) worship service takes place Sunday, March 13 at 10:30 a.m. at the Holiday Inn, 2280 Brown Ave., Manchester. It consists of a discussion of the current theme and a short HU chant. Music is often included. Spiritual experiences and questions are welcomed. This month's topic is "Past Lives - Lessons from the Past for the Present."



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## Seuss and Science Night

Students and their family members at South Elementary School enjoyed the school's Family Literacy Night on Wednesday, March 2. The evening was part of the Read Across America events going on throughout the district last week and it combined reading and science. Families built towers and boats with materials offered.

*Photos by Chris Paul*

## Londonderry Police Log

Selections from the Londonderry Police Logs

### Sunday, Feb. 28

**4:25 p.m.** Caller at Pendleton and Bayberry lanes reported loud music coming from large speakers out in front of a residence.

**12:15 a.m.** Jeremy J. Case, 33, Chase Road, Londonderry arrested during motor vehicle stop at South Road and Pleasant Drive for Receiving Stolen Property, False Inspection or Registration Sticker and Unregistered Vehicle. Bail set at \$1,500 personal recognizance plus Derry

Circuit Court date of April 5.

### Wednesday, March 2

**6:25 a.m.** Tree on Pillsbury Road between Anderson and Willow.

**1:11 p.m.** Caller reports plate missing from vehicle at UPS on Pettengill Road.

**3:03 p.m.** Subject reports suspect threw rock at windshield while subject was leaving LAFA Fields complex, Nelson road.

**5:11 p.m.** Erica Caroline Howland, 21, Old Country Village Road, Londonderry

turned herself in on warrant for Receiving Stolen Property and Forgery. Bail set at \$2,500 personal recognizance with Derry Circuit Court date of April 12.

### Thursday, March 3

**5:19 p.m.** Jok J.A. Leek, 20, Concord Street, Manchester in custody in Keene on Londonderry warrant for Forgery and

Theft by Deception. Bail set at \$7,000 personal recognizance with Derry Circuit Court date of April 5.

### Saturday, March 5

**4:49 p.m.** Report of wallet stolen at TJ Maxx, Orchard View Drive.

### Sunday, March 6

**6:13 p.m.** Londonderry Fire toned out for brush fire on Hardy Road.

**8:25 p.m.** Londonderry Fire toned out for chimney fire on Sparhawk Drive.



## TOWN OF LONDONDERRY LEGAL NOTICE

The Zoning Board of Adjustment for the Town of Londonderry, NH will meet Wednesday, March 16, 2016 at 7:00 p.m. in the Moose Hill Council Chambers, 268B Mammoth Road. Please note: The Board reserves the right to continue presentations, deliberations, and/or discussion to April 20, 2016, if the need arises.

## PUBLIC HEARING OF CASES

**Case No. 3/16/2016-1:** Smith, Matthew C. and (Taranov) Smith, Tatiana request a variance from LZO 2.3.1.3.C.1 to encroach into the front setback to construct a handicapped wheelchair accessible landing 9 feet in length and 10 feet wide with a roof; 32 Holstein Avenue; Map 1, Lot 20-28, AR-I

**Case No. 3/16/2016-2:** Tana Properties Limited Partnership requests a variance from LZO 2.7.2.B & 2.3.1.3.B to subdivide a portion of two lots, Map 14, Lots 35 & 38 and consolidate those lots with a portion of Lot 36 to become a new Lot 36-1; off Pettengill Road; Map 14, Lots 35 & 38, GB & AR-I

**Case No. 3/16/16-3:** Mary P. Reed Revocable Trust requests a variance from LZO 2.3.1.7.F to allow an increase in the allowed footage in the amount of 184 square feet for an accessory dwelling; 70 Pillsbury Road; Map 9, Lot 63-1, AR-I

**Case No. 3/16/16-4:** Victory Baptist Church requests a variance from LZO 2.3.1.3.B.1 to subdivide a property into two lots with no frontage on a Class V road or better; 9 Harvey Road; Map 11, Lot 98, AR-I

**Other Business:** Review of By-Laws and/or Reading of Amendments



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