

Londonderry Times

November 3, 2016 ♦ Volume 17 – Issue 44

A FREE Weekly Publication



All Tied Up

Londonderry Middle School seventh grader Will Plante was one of many students who taped Principal Rich Zacchilli and physical education teacher Marcel Caron to a wall on Monday. The “Stick it to Drugs” event raised money for the Upper Room in Derry. *Photo by Chris Paul*

Five New Firefighters Join Force, Staffing Increased

HALEY PATON DUFOUR
LONDONDERRY TIMES

The Londonderry Fire Department has hired five new firefighters since June 2015, with one more expected to be hired next month. The hirings are the result of two retirements as well as four

additional firefighters approved by voters in Article 14 of the March 2015 election.

Article 14, which passed with 1,866 votes in favor and 735 votes against, approved raising and appropriating \$263,144 to hire four new firefighters and allowing the London-

derry Fire Department to increase from nine to 10 firefighters on staff every day, 24 hours a day.

A conditional offer was given to an applicant for the last of the four positions on Oct. 25 and the pre-hiring process will start “in the next few

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Budget Committee Discusses Schools’ Surplus Revenue

HALEY PATON DUFOUR
LONDONDERRY TIMES

Londonderry School District Business Administrator Peter Curro went before the Budget Committee on October 27 to report on the school district’s budget year-end for fiscal year 2016 as well as to discuss the first quarter financials for fiscal year 2017. Custodian negotiations were also discussed.

The district ended with a \$200,000 surplus, \$100,000 of which was transferred to the capital reserve fund, with the remaining \$100,000 being transferred to the undesignated fund balance.

Revenues were also

better than normal by \$70,000. The reason for this was two-fold, Curro said. “Medicaid funds were better than expected and money from FEMA for heavy snowfall two winters ago was received in July and carried over as revenue.”

Out-of-district tuition was over budget by about \$440,000.

Tuition-out-of-district refers to special education students that require outplacement to another school.

The amount of cost savings of in-house special education services on an annual basis Curro noted, has been \$6 million.

Budget Committee Chair James Hooley suggested adding more services to the in-house program to save money, wondering if it is costlier to do so.

“Life’s a balance, so you get to the point where the needs of the students are so severe that we don’t have the specialized facility or people to handle what they need,” Curro responded.

“Even with the in-house programs, it gets to a point where we’re not doing the kids justice and we’re not serving them correctly, we don’t have the ability, so you have no choice but to outplace them.”

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‘Complete Streets’ Ideas Presented to Master Plan

KATHLEEN D. BAILEY
LONDONDERRY TIMES

Sylvia Von Aulock, Deputy Executive Director of the Southern New Hampshire Planning Commission (SNHPC), remembers a street she worked on developing in Windham. “Nobody walked, nobody biked. It was like a ghost town,” she said. With the help of the Complete Streets program, the town is putting in foglines and other amenities so residents and businesspeople can enjoy the road to the fullest.

Von Aulock gave a presentation on Complete Streets at the Sept. 28 meeting of the Master Plan Implementation Committee. While a Council

commitment would be needed to engage the program, members of the committee agreed it would be one more tool to increase walkability.

Von Aulock said she had talked with the Planning Board in May, and revisited the concept with the Implementation Committee. Complete Streets, she said, is a program based on the concept that streets are built for all users, not just vehicles.

“Its goal is to ensure safe, comfortable and convenient travel for cars, foot traffic, wheelchairs, people with strollers, and bicycles,” she explained. “It ensures that the entire right-of-way have safe access for all users.

“It is not one-size-fits-

all,” Von Aulock warned the group. “Each road has a different feel, and fits into a different context.”

It’s not always sidewalks, Von Aulock added. Sometimes an expanded shoulder or a fog line, or both, provides the necessary space to walk, run, bike and more.

“If you don’t have people on the streets, it feels like a ghost town,” Von

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November's Artist at Leach Library Features Movie Theme

HALEY PATON DUFOUR
LONDONDERRY TIMES

This month the Leach Library will be exhibiting a painting series by Nashua artist John Paul Marmonti. The series will feature images from the Harry Potter movies as well as from Star Wars and Lord of the Rings. Marmonti, whose work includes a series on the Amish, 9/11, and castles, as well as a series called "Stargazers & Skyscapes", has come to enjoy working on and exhibiting one theme at a time rather than a collection of unrelated works.

"The series work lets you focus on one type of interest and you just

immerse yourself in that," Marmonti said in a recent phone interview.

Marmonti chose to focus on characters and scenes from Harry Potter after watching the movie series with his young grandson.

"I just loved the story and I love the images," Marmonti said.

He was especially impressed by Harry's strength of character, and said that his painting of Harry "is very detailed."

"He's honest, he's not afraid to stand up for himself. I think it's a positive movie and it's fascinating," Marmonti said.

The movie series exhibit will feature what

Marmonti called "an information piece." A display frame of photographs taken while Marmonti was working will allow viewers to see the painting process.

"It's just something you wouldn't know if you didn't see it," Marmonti said of the photos.

To create his works, Marmonti takes lots of photographs of skies, sunsets and landscapes and saves them for later reference, to use in the background of a painting later on. Sometimes he uses models, like for his Amish series when he drove out to a farm with family members and had them pose for photographs in authen-

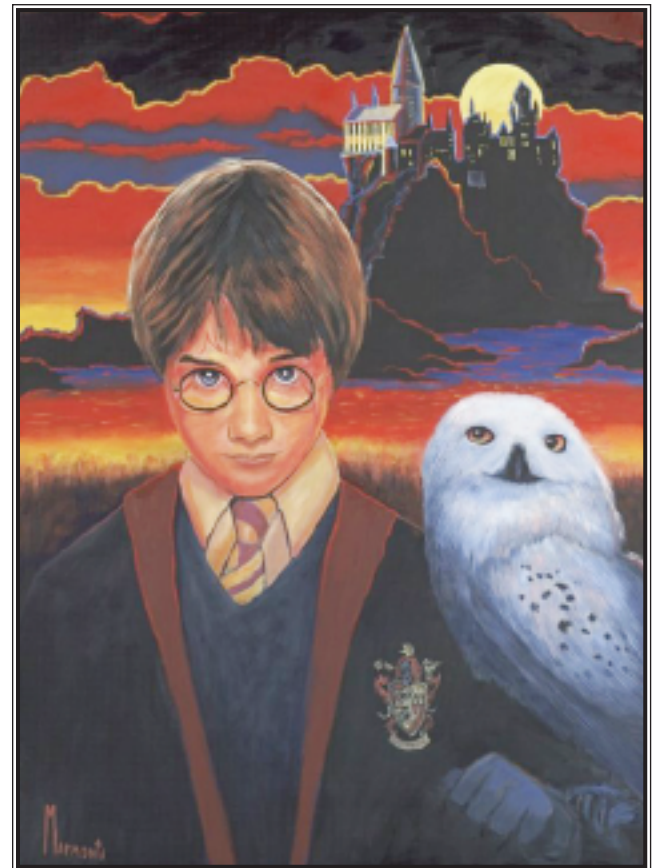
tic Amish clothing.

Marmonti also uses color studies, which are sketches that are photocopied or, for simpler sketches, copied by hand, to be colored in different ways. This helps him decide the look of a painting.

"You just play with different color schemes to see what you'd like before you finally go to the canvas," he explained, calling the process "kind of an old illustration thing."

Marmonti is excited for the movie series, which he hopes will bring together young kids, teenagers and grandparents.

"It just crosses all the ages which is really fun."



Harry Potter, John Paul Marmonti

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Master Plan

Continued from page 1

Aulock reiterated.

But today's residents can't always do it on their own. "When I was a kid, our fathers would shove us on a bike and say, 'Go!'" she recalled. "You can't do that in a cul-de-sac - the streets aren't wide enough."

Complete Streets, she said, "combines social, economic and environmental processes together to create a cohesive unit." And it's imperative now, she said, noting, "Someone in Bedford was riding on Route 101 in their wheelchair, and they got killed."

Von Aulock flipped through slides showing the possible evolution of a street, from a simple two-lane road to a road lined with trees and street lamps, to sidewalks and a parallel parking lane.

The policy is multi-layered and begins with a vision, she told the Londonderry group. A community has to ask itself why it wants Complete Streets. "Is it for safety, health, to travel more efficiently, to create more choices?" she asked.

New Hampshire communities implementing the program include Portsmouth, Plymouth, Concord, Swanzey, Dover and Keene. Towns range in size from Concord's 45,000 people to Swanzey's 3,100, she said.

There are exceptions,

and Complete Streets allows for those, Von Aulock said. "Every community has an area where this will not work," she said.

Where would it work in Londonderry? Von Aulock noted that she came into town through Pettengill Road. "It's not exactly a pleasant feeling," she said. "You just want to get through."

There are a lot of workers in the area who would benefit from walking on their breaks, and Pettengill Road borders some residential development, she said.

"The houses are in Manchester," member Ray Breslin observed, to which member Mike Speltz responded, "They're still occupied by humans."

"It would not be difficult," Von Aulock said, "to incorporate Complete Streets at Pettengill Road."

Member Martin Srugis warned that a third warehouse is scheduled to be built, and delivery trucks in the area will increase. "Trucks and bikes," he said, "don't mix."

"People are already walking on it," Committee Chair Ted Combes observed.

Members asked about the response of the Planning Board, and Von Aulock said it had questions. Community involvement is important, she said, as well as approval by a town's governing body.

A sample of their work

Von Aulock described the process used in Francetown, one of three pilot communities along with Deerfield and Windham. Francetown has a "quintessential" New England downtown with three or four streets converging on the town center. There is little signage, she said, and residents are concerned about safety, especially from cars coming off a state road.

"The DOT (Department of Transportation) took one of their crosswalks, when they paved," Von Aulock said. "The residents want it back."

A public meeting on the town center was packed, she said, with safety the chief concern of residents. "They wanted to slow traffic coming off the state road," she said.

There was also an issue with "way-finding," Von Aulock told the Londonderry group. "The

signs aren't clear."

She held a walk of the site with town officials, the Fire Department, the Planning Board and the Historic District Commission. The town officials and Von Aulock met with the DOT to discuss the feasibility of temporary fog lines, done with spray paint, to see if it would slow traffic.

They did a traffic study of "rush hour" without a crosswalk, and learned that at least 50 percent of the cars would not stop for a pedestrian.

"We are going to do a temporary crosswalk, with duct tape, and re-test them," Von Aulock said. The results will be forwarded to the DOT Traffic Bureau, which, she said, wants evidence that a crosswalk would make a difference.

The traffic count is 1,300 to 1,500 cars a day through the town center, Von Aulock said.

It is a lot of cars for a

town of only 1,300 people. But resident Debra Paul, owner of Nutfield Publishing, reminded the group that Francetown and Londonderry are "apples to oranges."

The process is different for each town, Von Aulock said. In some communities the Planning Board takes the lead; in others, it's the Town Council or Board of Selectmen. Concord's process started out with the city's Transportation Subcommittee.

"And sometimes it's just a 'champion' of the cause," she said.

SNHPC is there as a sounding board and a facilitator, she said, adding that what's done is what

the community wants.

Paul observed that implementing Complete Streets would make spontaneous recreation easier. "Our trails are wonderful," she told the group. "But to get to them you have to pack your bike or your dog. When you get there you have to unload, and when you're done you have to reload and unload again at home."

Combes said the committee should study the concept, and possibly suggest to the Planning Board that it be applied in a couple of areas.

"This is wonderful homework for all of us," he said.



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Editorial

Hopes for Peace

When an armistice began at the eleventh hour of the eleventh day of the eleventh month of 1918, Americans honored that date as the end of "the war to end all wars."

That turned out to be premature.

The deaths and devastation of World War II, Korea, Vietnam, Grenada, the Gulf wars, Iraq and Afghanistan have turned that hope into wishful thinking, but the message that underlies what is now known as Veterans Day is as strong today as it was when President Wilson proclaimed Nov. 11 to be Armistice Day. Especially so, as Special Forces troops are sent as we write this into yet another battlefield, this time in Syria.

Indeed, when Congress officially recognized the end of World War I and the establishment of Armistice Day on Nov. 11 in a resolution passed in 1926, it referred to "the resumption by the people of the United States of peaceful relations with other nations, which we hope may never again be severed..."

The resolution continues, "it is fitting that the recurring anniversary of this date should be commemorated with thanksgiving and prayer and exercises designed to perpetuate peace through good will and mutual understanding between nations,"

and advocates marking the date "with appropriate ceremonies of friendly relations with all other peoples."

In 1938, Nov. 11 became a federal holiday, "dedicated to the cause of world peace." In 1954, the name Armistice Day was changed to Veterans Day to honor the service of veterans in all wars.

And the U.S. Department of Veterans Affairs emphasizes that Veterans Day is largely intended to thank living veterans for their service, to acknowledge their contributions to national security, and to underscore that all those who have served, living and dead, have sacrificed and done their duty to their country.

Veterans Day is not a time of celebration, but is intended instead as a break in the routine, a time to reflect on our freedoms and on the sacrifices of those who have fought to defend what we hold dear - and what we all too often take for granted.

It's much more than a day when mail isn't delivered or school is not in session. Veterans Day should serve as a reminder that our veterans deserve recognition and thanks for their sacrifice, and an acknowledgement that what they are fighting for ultimately is world peace.

Letters

Grange Thank You

To the editor,

The members of Londonderry Grange #44 want to thank everyone who participated in our first Annual Scarecrows on the Common Event.

The winner of the People's Choice Award goes to Bob Ciarletta for his Tweedle Dee scarecrow. We hope everyone had a chance to admire all the scarecrows on the Common. The Grange will be selling scarecrow kits at

the 2017 Old Home Day. So stop by and purchase a kit and start planning your new creation for the 2017 Scarecrows on the Common Event.

Janet Cichocki
Londonderry

Londonderry Times welcomes letters of up to 500 words on topics of local interest, written by local residents, and prints as many letters as possible. Please e-mail your letters to the Londonderry Times at londonderrytimes@nutpub.net. All letters must include the writer's name, address and phone number for verification if needed; name and town of residence will be printed. Londonderry Times reserves the right to reject or edit letters for content and length, and anonymous letters will not be printed. Deadline is 5 p.m. Monday.

Manchester Man Arrested in Local Kidnapping Case

HALEY PATON DUFOUR
LONDONDERRY TIMES

Londonderry Police have issued a warrant for the arrest of Victor Rosario, 22, of Manchester. Charges for the warrant include two counts of Domestic Simple Assault and one count of False Imprisonment.

Rosario is suspected of kidnapping his ex-girlfriend from the Ecco Corporation, located on Delta Drive, on October 27. A female employee called 911 after witnessing her coworker being "forced

from their building and into a vehicle by a male party," according to a recent Londonderry Police press release.

Police were able to identify the vehicle as a red 1996 Honda Civic hatchback registered to a relative of Rosario's based on the caller's description. Tips came in on social media after Londonderry Police released information about the suspect and the vehicle.

Massachusetts State Police were finally able to stop the vehicle in Wor-

cester, Massachusetts, after Rosario's cell phone was "pinged" and his location was determined to be I-290 near Shrewsbury, Massachusetts. The victim was found in the vehicle uninjured.

Rosario was detained for questioning by Massachusetts State Police and later released as Londonderry Police continued their investigation.

Anyone with information on Rosario's whereabouts is encouraged to call Londonderry Police at 603-432-1118.

Local Woman Pleads Guilty to Unemployment Fraud

A Londonderry woman has pleaded guilty to one count of Class A felony unemployment compensation fraud.

New Hampshire Department of Employment Security Commissioner George Copadis and Attorney General Joseph A. Foster announced that Erin Richmond pleaded guilty and was sentenced for having fraudulently received \$4,515 in unemployment benefits. During

Aug. 16 and Dec. 6, 2015 she filed for 15 weeks of unemployment compensation benefits while knowingly failing to report her employment.

She was sentenced to 12 months in the House of Correction, with all but 10 days suspended for two years conditioned on good behavior, "meaningful participation" in any counseling, treatment and educational programs as directed by the correctional authority, and the

use of her likeness in a Department of Employment Security Benefits Rights Interview video, which discusses the ramifications of committing unemployment fraud.

Richmond is also disqualified from receiving unemployment compensation benefits for 52 weeks.

She paid full restitution of \$4,515 plus a 20 percent penalty of \$903, for a total of \$5,418.

Londonderry Times

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Fire Department Gets New Tanker, Refurbishes Tower Truck

HALEY PATON DUFOUR
LONDONDERRY TIMES

The Londonderry Fire Department has purchased a new 2,500-gallon water tanker as one of two pieces of equipment bought with money saved through a new spending plan.

Rather than buying a new aerial tower truck for \$1.7 million, the department is having the aerial tower truck refurbished, which allowed for the purchase of the new tanker as well as a straight stick ladder truck.

"It's been on the town's agenda for quite some time now," said Londonderry Fire Chief Darren O'Brien of the tanker purchase. Londonderry has not had a tanker truck for the past 15 to 18 years.

The tanker is expected to have several benefits. It holds two-and-a-half times more water than the fire

engines, which hold 1,000 gallons. This is especially important in an area like Londonderry that is only about 40 percent protected by a municipal hydrant system.

In cities, 750-gallon trucks are commonly used "because they are so close to the hydrants," Battalion Chief James Roger explained.

"From the central to the southernmost point is not covered (by hydrants)," said Roger, adding that Londonderry has had to rely on mutual aid from other towns. The new tanker will allow the Londonderry Fire Department to "reciprocate" mutual aid.

The average house fire, Roger said, takes 500 to 750 gallons of water per minute to fight, requiring six tankers to "effectively flow that amount."

"In a non-hydrant district you do need more tankers. If every town has one, the

quicker we're going to get that water to the scene of the fire," Roger said.

Roger also noted that the tanker will help the fire department in emergencies that occur on the highway.

The straight stick ladder truck, O'Brien said, "has a much smaller wheelhouse" that will allow firefighters to more easily get into tighter spaces, such as in multifamily, industrial and apartment complexes. O'Brien also noted that the truck's smaller size would be useful in the future Woodmont Commons development.

"It just gives us another tool in the toolbox to address the needs of the community," O'Brien said.

The aerial tower, which dates from 2001 or 2002, is set for refurbishment in May or June. The refurbishment will include the rebuilding of its transmis-



The Londonderry Fire Department has purchased a new 2,500-gallon water tanker with money saved through a new spending plan.

sion and braking systems and will certify the truck for another 10 years.

In addition to using the refurbishment program, the fire department has begun leasing equipment as well. Instead of coming up with \$560,000

for a fire engine at once, O'Brien explained, leasing allows fire departments to purchase an engine for \$80,000 per year.

Leasing also allows for regular replacement of vehicles, most of which need to be replaced every

10-15 years. Londonderry's oldest pumper truck is a 2007.

"It's worked very well for us," O'Brien said.

"I would consider the Londonderry fleet to be second to none in New England."

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LHS Crazy Hat Day Benefits Children with Cancer

HALEY PATON DUFOUR
LONDONDERRY TIMES

Londonderry High School held its third Annual Crazy Hat Day for Childhood Cancer Awareness on Oct. 18 and collected over 200 hats this year.

Participants in the event wear crazy hats and collect donations of new hats for children who have lost their hair to can-

cer. The hats collected from Crazy Hat Day at Londonderry High are later taken to Boston Children's Hospital.

According to Londonderry High School Assistant Principal Katie Sullivan, the event was the idea of former student Emily Crausse during Crausse's junior year. Crausse had seen similar events online and wanted

to bring the event to LHS.

"It's actually an event that many people do," Sullivan said. "We just kind of made it into our own."

Crausse was inspired to raise awareness by her experience watching her older brother go through childhood cancer. "She wanted to give back and do something positive," Sullivan said.

"She realized what an importance it was to brighten someone's day. So she thought of this fun activity," Sullivan explained.

It's a fun event for the staff as well as the students, Sullivan said, adding that the students enjoy seeing the staff wearing the hats and the staff enjoy wearing them.

Hats donated to the

drive typically include winter hats as well as Disney hats, such as the Frozen and The Little Mermaid hats that were included in donations this year. Hats from the movie "Elf" were donated this year as well.

"We don't put a limit on the sort of hats that the kids donate. Whatever they want to donate

we'll take, as long as it's new," Sullivan said.

North Elementary School fifth grader Matt Gagnon, whose mother is a teacher at LHS, is the top donor this year, having donated 90 hats, Sullivan said. Gagnon used his own money and "challenged other people to give him money" to purchase donations, Sullivan said.

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Revenue

Continued from page 1

Curro went on to say that the budget was close for FY16, with some items going over budget and several going under budget.

What saved the budget, Curro said, was staff retirements, which allow for the hiring of new staff at lower amounts. However, the numbers of retirements verses hirings were not as helpful as they have been in the past, because enrollment over the summer required the hiring of six additional positions.

The warm winter helped as well.

"On a cost basis it matters when it snows more than anything," Curro said, noting that a storm during the day on Monday costs less than a storm on a Sunday because it does not require overtime payment for snow removal.

Food services had a \$30,000 surplus, which Curro attributed largely to the new program being used by the high school.

Curro praised Dining Service Director Amanda Venezia's creativity, noting that last year Dining

Services purchased a new hot and cold salad bar and a frozen yogurt machine that have both become popular with students. Flavored coffees and sandwiches have been added and portion sizes have increased.

"What we're hearing is students are eating more at the high school," Curro said.

The district is being cautious. The reason is due to increased enrollment over the summer that necessitated the addition of 6.2 positions to the budget that the district does not have the money for, on top of spe-

cial education still being \$440,000 over budget for out-of-district tuition.

Nothing is being frozen or held, Curro said, but the district is checking all expenses to make sure they are truly necessary. The Second Quarter Financials will give the district a better idea of where they are headed financially.

"By the second close, I always say that's the most important one for us, because now you've identified where you unders and overs are, where you think you're going to end up in the budget, and you've got time still to fix it if you need to fix it."

"Revenues are fine," Curro said, but explained, "I can't go over whatever the budget is even if revenues come in a million dollars over. I still can only spend whatever the budget is."

Other concerns that could affect the budget included snow removal costs this winter, what condition the practice fields will be in during the spring after the water ban this fall and new students coming in mid-year.

Contact negotiations were concluded for the district's 45 custodians. Minor changes were made to contract language. A reopener for health insurance was also added in case the Cadillac Tax goes through. The Cadillac Tax is an excise tax as part of the Affordable Care Act on high-cost health insurance plans that may go into effect in January 2018. The contract is a three-year contract that begins June 2017 and ends in July 2020.

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Conservation Commission to Keep Watch on Exit 4A Alternatives

HALEY PATON DUFOUR
LONDONDERRY TIMES

Conservation Commission alternate member Mike Speltz attended the Oct. 25 meeting with information to share on proposed routes for Exit 4A off Interstate 93, from the public information meeting held in Derry on Sept. 27.

Most of the planned routes for Exit 4A, Speltz said, will pass the Rail Trail, which he said

"would cause a problem."

Although most of the Rail Trail is owned by the state, towns will be expected to pay for any bridges, stoplights or tunnels needed for use of the trails.

Speltz also noted that "a lot of alternatives follow powerlines" and that the "northern alternative would make sense for the rail trail."

According to Speltz there will be a public re-

view period on the plans, including drafts of the Environmental Impact Statement, in May and June.

"Between now and May we're going to want to keep an eye on what's developing," Speltz said.

A link to the presentation is available at www.i93exit4a.com.

In other business:

- The commission discussed concern for the upcoming hazardous tree cut to be done by Ever-

source on the transmission lines off Hickory Hill Drive, Red Fern Circle, and Sara Beth Lane. Questions were raised regarding what will be done with the trees once they are taken down. Leaving the trees could pose problems due to their large size and the narrowness of the trails.

Another issue raised was that the trees to be removed are dead, have split tops, or are forked, making them unsuitable for logging. Chair Marge Badois said she plans to contact Eversource for more information.

- Terms are expiring

this year for Conservation Commission members Jamie Mantini and Mike Noone. If they are interested in continuing to

serve, they are required to reapply for renewal, with information posted for 30 days.

Firefighters

Continued from page 1

weeks," said Londonderry Fire Chief Darren O'Brien.

"If everything goes well, we're hoping to hire him by the end of November," O'Brien said.

The hiring process for the four additional firefighters has been "very staggered" according to O'Brien, with one firefighter hired in September 2015, one in February 2016, and one in April 2016.

Brian Schofield and Michael England were hired as the replacements for the two retiring firefighters. The three additional firefighters hired so far are Christopher Girard, Riley Northrop and Kyle Bigelow.

On Oct. 26, O'Brien interviewed another applicant, this time to fill a position left by a retirement in August.

"Each battalion will have 11 members," O'Brien said, adding that "10 is considered full staffing."

Now the department can lose one position before it has to use overtime. This is especially beneficial, as the number of simultaneous calls has been increasing.

"Within a minute after receiving an emergency call we're getting another

call for service, sometimes more than one," O'Brien said. The most calls at one time has been 14.

The department, O'Brien said, is excited about the increase in staff.

"It's been a pretty long process," he said.

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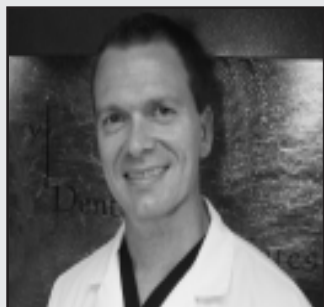
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OBITUARY

Manuela Garcia Concepcion



Manuela "Mama" "Mening" Garcia Concepcion, 96, of Londonderry, NH died on Friday, October 21, 2016 after being hit by a car while getting the mail. She was the oldest citizen of Londonderry.

Born on December 19, 1919 in Bacarra, Llocos Norte, Philippines. She was married to Luis G. Concepcion who was inducted into USAFE and died in the concentration camp in the Philippines during WWII, then to Lester Arnold Thompson of Conneaut, Ohio. Mama was a very determined young woman who survived the Japanese occupation of the Philippines. She was a founding member of the Filipino American Friendship Society and the Filipino American Charitable Trust. She has been a member of the Salem Senior Center for 5 years.

Mama was predeceased by her siblings: Aurelio, Filomena, Crispina, Justo, Daniel and baby Cervando. Mama is survived by her daughter, Betty Thompson Bretschneider of Londonderry, NH, brother Sabino "Ben" Garcia of Corona, CA, brother Eligio Garcia of Lagro, Novaliches, Philippines, sister Dionisia Garcia of Murphy, Quezon City, Philippines, grandchildren, Kanani Bretschneider and Brian Bretschneider, great-grandchildren Gabriel, Christian and Milla.

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OBITUARY

Joseph Aiello



Joseph Aiello, 78, of Londonderry, NH, passed away Thursday, October 27, 2016, at Brigham and Women's Hospital, Boston, Ma. He was born in Palermiti, Italy on March 29, 1938, the son of the late Giuseppe and Teresa (Canistra) Aiello, and had been a resident of Londonderry for the past eight years, formerly living in Somerville, MA and Hollywood, FL. Joseph graduated from Catanzaro High School in Catanzaro, Italy before coming to the U.S in 1958. He loved to cook and take care of his family and is forever known for his meatballs. He loved to spend his time gardening, spending time with the grandkids and teaching his nieces to cook. He loved to write and sing spiritual poetry about his hometown in Italy and was also a founder and active member of Maria S.S. Della Luce Association. Joseph was known for his amazing sense of humor and for having the biggest and softest heart. He was loved by all who met him.

He is survived by his daughter, Teresa Perron and her husband Kenny of Londonderry, NH; son, Michael Aiello of Somerville, MA; four grandchildren, Matthew and Jake Perron, Allie Kelly and Adrian Aiello; two sisters, Rachael Osburn of Hollywood, FL and Caterina Rationale of Middleborough, MA, along with several nieces and nephews. Joseph is predeceased by his wife, Rosalie Aiello and his brother Aldo Aiello.

Calling hours will be held on Sunday, November 6, 2016 from 3 p.m. to 7 p.m. in the Peabody Funeral Homes and Crematorium, 290 Mammoth Rd., Londonderry. A Mass of Christian burial will be celebrated on Monday at 10:30 a.m. in St. Mark's Church, 1 South Rd., Londonderry. Memorial contributions may be made in Joseph's name to a charity of your choice. To send a condolence or for more information, please visit, www.peabodyfuneralhome.com

OBITUARY

Betty Sampson

Betty A Sampson (Genge) of Londonderry, NH passed away suddenly to be with the Lord on Oct. 24, 2016. She will be sadly missed by her beloved husband, Bill, her 4 wonderful children, Carol, Chris, Chase, and Cliff, and also her 6 beautiful grandchildren, Anthony, Madison, Amber, Ava, Chris Jr., and Isaac.

Among her many interests were crocheting, playing cards, and watching TV shows with her family. But above all else Betty especially loved spending quality time with her family and friends. At her request, there are no calling hours. However, family and friends may join together on Friday Nov. 11 at Marian Gerrish Community Center, Derry, NH from 4 - 8 p.m. to celebrate Betty's life.

OBITUARY

Edward A. Jones



Edward A. "Eddie" Jones, 59, of Londonderry, passed away at Mass General Hospital on Oct. 28, 2016, after a valiant fight to recover from a bi-lateral lung transplant. Throughout this two-year journey Eddie was surrounded by many great

friends and family who supported him.

Eddie was born on Nov. 8, 1956 in East Derry at the Alexander Eastman Hospital to the late Albert and Theresa (Stock) Jones. Eddie attended elementary schools in Londonderry and was a 1975 graduate of Pinkerton Academy continuing his education at Manchester Technical College earning an Associate's Degree.

He was a skilled outdoorsman who loved the challenges and travel from hunting. Whether it was caribou in the Tundra, deer in Pennsylvania, or boar in Maine each were an exciting adventure, fishing wherever there was water from Lake Ontario to the Caribbean. Sharing his hunting and fishing bounty with his Man Night buddies on Wednesday nights, was something Eddie looked forward to each week. He was a member of the Chester Rod & Gun Club and Rocky's Rangers.

He was a devoted family man always finding the time for his children. Sharing in countless activities including ice fishing; snowmobiling and any outdoor escapade. He loved travels with his wife and children, from winters at Nordic Village to spending summers at Old Orchard Beach, Maine. Eddie's sense of adventure led him and his family on multiple cruises and many vacation destinations including a trip to Europe.

Eddie's career began working at First Lumber and Supply as a yard foreman for many years. This hard-working man then dedicated his life to Pinkerton Academy where he worked for 23 years until his illness forced him to retire. He was a true "Astro at heart" who was inducted into the Pinkerton Hall of Fame and it was one of the proudest moments in his life. His commitment to Pinkerton was truly respectable. This respected man also owned and operated his own business Jones Custom Floor Care and Cleaning for over 20 years. People who knew and love Eddie would consider him to have a great influence on their life. He was known as the "The man, the myth, the legend" he could light up any room with his infectious smile and sense of humor. He was the grill master, the horseshoe champion and was known for his gut busting laughs and great compassion for others, The Patriots and Bruins have lost an enthusiastic fan. His genuine soul made Eddie truly one of a kind who will be missed by so MANY.

He will be sadly missed by his loving wife of 27 years Elizabeth Olivari Jones; his daughters Taylor Jones, Alexandra and her husband Dan Proulx; and his two precious grandchildren Keegan and Maeve. He is survived by two older children Hollie Herrick and her daughter Courtney, and Edward Jones; his brother Richard Jones; his mother in law Evelyn Olivari, sister and brother in law Robert and Teresa Enos; and his nieces Bianca and Felicia Enos, as well as members of his large extended family. He was predeceased by his brother Donald Jones.

Calling hours will be held at the Peabody Funeral Home, 290 Mammoth Rd., Londonderry on Thursday Nov. 3 from 3:30 to 8 p.m. A funeral mass will be celebrated at St. Jude Parish, 435 Mammoth Rd., Londonderry on Friday at 10:30 a.m. In lieu of flowers, donations may be made to the Ed Jones Fund, C/O TD Bank, 35 Manchester Rd., Derry, NH 03038. To send a condolence or for more information, please visit, www.peabodyfuneralhome.com



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Schools Celebrate Season with Parades



Elementary Schools throughout the district celebrated the season with costumes parades on Friday afternoon. At South Elementary School administration lead the way in Disney attire while students followed through the Multi-Purpose Room. Rainy conditions forced the parade indoors.

Photos by Chris Paul

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Riding in Style


Brock and Adam Tamburello won the North School Raffle for a ride to school in a fire truck on Friday morning. The annual contest is a North Elementary School Parent Teacher Association Fund raiser. Londonderry Fire-fighter Chris Lemy and Jeremy Mague were on duty to transport the two students. Above, classmates look on.

Photos by Chris Paul

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LONDONDERRY SPORTS

Lady Booters Get To Tourney Quarters, Then Fall to Exeter

CHRIS PANTAZIS
LONDONDERRY TIMES

Rolling into the Division I tournament late last week, the Londonderry High girls' soccer team was in the midst of doing one impressive imitation of a steamroller.

The Lady Lancers had closed out their regular season by going unbeaten in their final five matches of the regular season - posting a 4-0-1 record and outscoring those opponents by the jaw-dropping margin of 22-0 - to claim the number five seed in the D-I tourney.

After a dominating game against the visiting, 12th-seeded Spaulding High Lady Red Raiders of Rochester by a 6-1 tally in first-round play on Thursday, Oct. 27, a return trip to the state championship match looked like a real possibility for the locals.

But the LHS crew then ran into a tough, fourth-ranked Exeter High contingent on that opponent's home pitch in quarterfinal-round action this past Sunday the 30th, and the Lady Lancers' title hopes

fell away under the weight of a 2-0 shutout loss.

Exeter's Blue Hawks made a loud statement and placed Londonderry into a challenging predicament which no soccer team wants to face when the hosts scored what would prove to be the game-winning goal in the very first minute of the match. And the Lady Hawks added an insurance goal 14 minutes later, forcing the Lancers to climb a big hill if they were to come back in a tourney battle against a squad which went 12-3-1 on the regular season and 4-1-1 in its final six games.

Londonderry was one of the three teams which bested Exeter during the regular campaign (2-1 on Sept. 13), so there were reasons to feel the locals could rebound with a full second half to play. But despite an intense effort by the LHS crew during that period, the comeback was not to be.

"It's tough when you concede a goal in the first minute. It changes your game plan and forces you to chase the game instead

of playing on the front foot," lamented coach Derek Dane. "We settled after we conceded and had a 10-minute spurt where we had the majority of the possession and created some opportunities. But we gave up another goal on a counter-attack because we were chasing the game. We were far better in the second half. We worked harder and spent the majority of the half in their end, but were unable to find the finishing touch."

The 6-1, first-round victory over Spaulding that placed LHS in the quarterfinals against Exeter was a continuation of the way the Lady Lancers had closed out their regular campaign.

The locals led 3-0 by halftime thanks to scores from Olivia Stowell, Gwen Barnes, and Gretchen McGrath, and they outscored their guests by a 3-1 margin in the second half thanks to two more goals from freshman phenom Stowell and a single marker from Alyssa Anderson.

McGrath, Darby Dupuis, and Erin Barnes all

notched assists for the winning side, which received four saves from goalie Ryann Boudreau.

"We took a long time to get going, but once we got going we were fine," said a proud coach Dane. "Over the last few weeks we had a few games where we have scored multiple goals in quick succession, and this one was no exception. We scored two goals in two minutes in the first half and then two goals in two minutes again in the second half. One of the goals was a great counter-attack goal where we defended a corner, won the ball, got to the other end of the field with four passes, and scored. We are playing with confi-

Continued on page 19



Freshman standout Olivia Stowell netted three goals in her team's tournament win over Spaulding of Rochester last week. Photo by Chris Paul

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LHS Boy Harriers Seventh, Girls 11th at Division I Championships

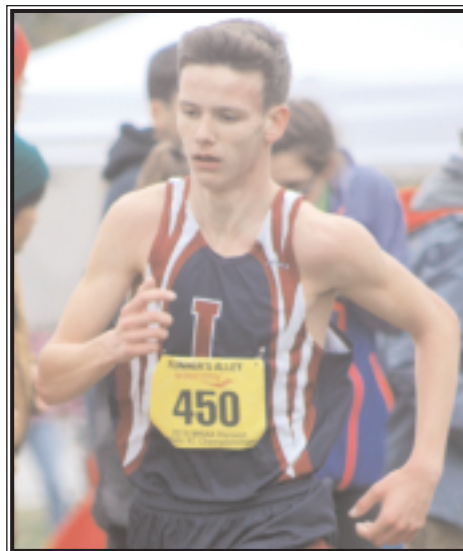
CHRIS PANTAZIS
LONDONDERRY TIMES

The Londonderry High School boys' cross-country team qualified for the state

Meet of Champions this coming weekend by managing a top-eight finish at the Division I state championship meet in Derryfield Park in Manchester



LHS junior Kalin Gregoire chugs toward the finish during the D-I race.



Chris Zaino was the first LHS male across the finish line at the D-I meet.

there were 122 finishers of the boys' D-I race.

GIRLS

Lady Lancers' coach Ed Burgess saw his charges tally 283 points to end up 11th out of the 18 competing squads. The Pinkerton Academy Lady Astros repeated as Division I champions by finishing with a score of 67, which was some 18 points better than the tally of the runner-up crew from Bishop Guertin High.

Burgess' bunch was paced by freshman stalwart Caitlin Boufford in 34th place (20:32.5). She was followed by junior Kalin Gregoire in 43rd place (21:06.2), freshman Jasmine Brown in the 57th spot (21:43.3), junior Jill Doris in 72nd place (22:36.5), sophomore Kaelyn Rourke in 77th place (22:48.1), freshman Cailin Borovicka in 93rd place (23:38.5), and senior Elizabeth Stubbs in 97th (24:21.1). All in all, there were some 117 finishers of the girls' race.

last Saturday, Oct. 29.

The LHS girl harriers were not quite as successful, ending up 11th out of 18 contingents to finish out of the competition for the Meet of Champs, which will be held this Saturday, Nov. 5 in Mines Falls Park at Nashua High School South.

BOYS

Coach Matt Smith's Lancer males ended up with a point tally of 202 to

end up seventh as a group. Pinkerton claimed its fourth consecutive D-I championship with a score of 60, just four points ahead of the runner-up and favored Concord High Crimson Tide but well ahead of the third place Keene High Blackbirds (85).

The Londonderry effort was paced by senior harrier Chris Zaino, who ended up 18th overall in

16 minutes and 58.4 seconds. Other LHS contributors were junior Jake Donnelly in 33rd place (17:26.3), seniors Kyle Freire (17:43.4) and Declan Hotter (17:53.1) in 45th and 52nd respectively, sophomore Carter Letalien in 54th place (17:53.9), junior Brian Metro in 61st place (17:59.5), and 12th grader Kevin Letalien in the 69th spot (18:15.9). All in all,

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Lancer Boy Booters Bested by Manchester Memorial in Division-I Prelims

CHRIS PANTAZIS
LONDONDERRY TIMES

The up-and-down season of the Londonderry High boys' varsity soccer squad came to an end Wednesday, Oct. 26 with a 3-1 loss to the Manchester Memorial High Crusaders in Division I first-round tournament play at LHS.

The eighth-seeded Lancers, who had edged out those same Memorial Crusaders by a goal in their second-to-last regular season game at Londonderry High eight days before, were bested by the number nine Memorial bunch by a 3-1 tally in the more significant tourney rematch.

Londonderry, Memorial, and Nashua South all finished the 2016 regular season with matching 8-7-1 records, but the Lancers got the highest seed of the three by virtue of their head-to-head success against the Crusaders. The LHS crew and Nashua South didn't face each other during the season, but the locals still won the tiebreaker with the Nashuans to get seed number eight while South had to settle for number 10.

In the tournament battle last week, the LHS squad saw Memorial jump out to a 2-0 lead by halftime and add an additional marker in the second half before Londonderry managed to tickle the twine itself with just four minutes to go. That Lancer marker was potted by Jack Brown with an assist from Nalen Iarribino.

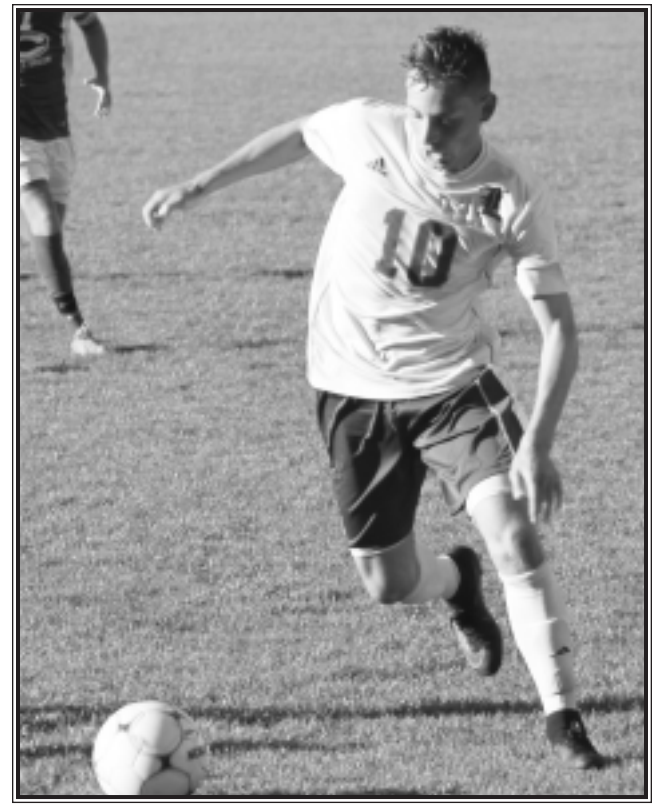
"Memorial deserved the win. I thought we played much better in the second half and created some great chances that could have gotten us to even, but it was not to be," said coach Todd Ellis.

"I was glad to see us fight until the end. We were young this year, and hopefully our experiences will make us better for next year."

The 2016 LHS contingent had no less than 13 players on its roster who had never played in a varsity soccer match prior to opening day. The 2015 Londonderry High contingent lost some 13 players to graduation, and nine of those booters had been starters for coach Ellis.

Working to acclimate those 13 newcomers to the varsity level - with help from some key returnees - was a process, and the Lancers were never really able to build up a head of steam where successes were concerned.

The 2016 crew never won more than two consecutive matches, and in the wake of arguably its biggest and most emotional win of the campaign - a 2-0 blanking of rival Pinkerton in the Mack Plaque match on Sept. 24 - the Londonderry squad went into a pretty significant spin.



Jayden West and the Londonderry Lancers' boys' soccer squad fell to Memorial in round one of the D-I tournament last week. Photo by Chris Paul

In the immediate aftermath of that besting of Pinkerton, Londonderry lost four consecutive matches and a total of five of the next six, and the locals were chasing the .500 mark from then to the end of the regular season. The Lancers won three of their final four matches of the regular season to end up with an 8-7-1 record, but the tourney loss to Memorial left the team at .500 once all was said and done.

Athletes of the Week

For the Week of Oct. 24



Gio Cafaro, Senior, Unified Soccer

This 12th grader is a standout forward who scored the tying goal in the first half of the Lancers' tournament game against Keene, which wound up being a 2-1 Londonderry victory.



Brigid Kennedy, Sophomore, Unified Soccer

This energetic 10th grader has been a strong addition to the Lancers' defense, and she played a crucial role in the local contingent's tournament win against Keene. The LHS crew went on to play Winnsquam in Tilton earlier this week.

Soccer

Continued from page 11
dence and it's fun to watch."

After falling just a bit short of a return to the D-I title contest - which Londonderry lost to Pinker-

ton by just a 1-0 tally last autumn - Dane was left contemplating what had been this season and the team's future as well.

"I'm really proud of the group. It's tough to come back from the season we had last year, losing the

final on penalty kicks. We had a great run. We graduate 11 this year, including some high-quality players and people, so we're back to the drawing board next year," he said.

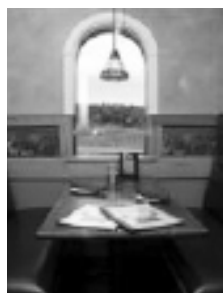
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Lancer Gridders Fall Just Short in Season Finale vs. Timberlane

CHRIS PANTAZIS
LONDONDERRY TIMES

The Londonderry High School football team's hopes of ending its 2016 season with two consecutive victories fell just short with the Lancers dropping a 14-12 decision to a struggling Timberlane Regional team from Plaistow at Londonderry High in damp conditions Friday night, Oct. 28.

The local gridders got to within two points of the lead with just 31 seconds left in the game, but their attempt at a two-point conversion, which would have knotted the score at 14-14, fell short on the muddy field. Oddly enough, the Lancers' pre-season meeting with the

Owls ended in just the same manner.

The hosts trailed by a 7-6 margin at halftime, and senior quarterback Jake Stevens and his teammates had struggled through the first two periods with just 11 total rushing yards and a mere four completed passes on 13 attempts.

But Stevens showed his leadership and physical skills in the second half in completing nine of the 12 throws he attempted during those 24 minutes of play, finishing the wet evening with 190 passing yards and two passing touchdowns.

"They played better in the second half, they played with a lot of heart,"

said coach Jimmy Lauzon. "It was ironic that we started off the season at the jamboree going for two (points) against Timberlane and came up short. It was the story of the season. We played hard week in and week out, but we just came up short a few too many times."

The Timberlane squad came into the Friday night game having lost seven consecutive games after starting the campaign with a 48-20 thumping of Manchester Memorial, drove out to a 7-0 lead with a touchdown on its first offensive play, which began at the Londonderry 28-yard-line after the Lancers got a weak punt off at the end of their first

offensive series. The Owls' score came with just 1:20 having been played.

That was it on the scoring until the final two minutes of the second quarter after Londonderry started a series at its own 19 - after the hosts' defense stymied Timberlane on a fourth down at the LHS 20 - as coach Lauzon's legion traveled some 81 yards in 3:01 with the possession ending with a shovel pass from Stevens to Eric Doran for a 2-yard touchdown with 1:02 to go. Londonderry then attempted its first two-point conversion try of the night, and that failed, keeping the score at 7-6 rolling into halftime.

The Lancers appeared

poised to claim a lead with an extremely long offensive series which began at their own 2-yard-line with 6:15 remaining in the third quarter and finally ended with 10:10 to go in the fourth after the hosts coughed the ball up on a fumble at the Timberlane 15.

The Owls put together a two-part offensive series - broken up into two segments by a punt that was fumbled by the Lancers on their own 37 - which finished with a 7-yard touchdown pass. And the subsequent point-after kick made it a 14-6 game with 2:32 left to play.

Things began to look black for the hosts minutes later when a Stevens

pass attempt was intercepted, but the LHS defense dug into the mud and forced the Owls into a three-and-out.

The Lancers got the ball back on their own 45 with 1:12 to go and needed just six plays to produce a 15-yard scoring pass from Stevens to Pete Navarro with 31 ticks of the clock remaining.

Seconds later an attempted conversion pass attempt from Navarro to junior tight end Pat Zepf fell short of its goal, as did an attempted on-side kick which was recovered by Timberlane.

As a result of the 14-12 final score, both teams finished their regular seasons with 2-7 records.

LHS Unified Soccer Squad Advances in Tourney With Upset Victory

CHRIS PANTAZIS
LONDONDERRY TIMES

After pushing through a roller-coaster regular season, the Londonderry High School co-ed unified soccer team stepped into the state tournament last week and pulled off an upset victory over a much higher-seeded op-

ponent.

Coach Ashley Tebbetts' Lancers - who collected the number 11 seed in the tournament after going 2-3-1 during their regular season - upset the sixth-ranked Keene High Blackbirds by a 2-1 tally on that opponent's home field in first-round tournament play

Friday, Oct. 28.

Gio Cafaro scored before halftime to tie the game at 1-1 for the Lancers, and with six minutes remaining Noah Ellis netted the eventual winning goal.

The two squads were initially slated to face off in Keene the previous afternoon, but wet weather forced the postpone-

ment of that game. It rained again on Friday the 28th, but the teams were able to play the match.

The Lancers faced an even tougher test in the form of a quarterfinal-round tournament meeting with the third-seeded Winnisquam Regional contingent in Tilton this Tuesday, Nov. 1, after Londonderry Times press time.

Londonderry and Keene faced off at LHS in the first regular season match for both sides way back on Sept. 15, with the squads each having to be satisfied with a 4-4 tie. However, Keene went a superb 4-1 through the remainder of its regular campaign while the Lancers went 2-3.

The LHS crew claimed its two regular season vic-

tories over Hollis-Brookline (an 8-4 final) and Alvirne of Hudson (an 8-6 success) in winding up at 2-3-1 overall.

The LHS team consists of athletes Will Boyle, Faye Brown, Olivia Brutus, Morgan Brutus, Alex Cafaro, Cafaro, Billy Croteau, Ellis, Sarah Fawcett, Nate Gadzik, Amanda Graf, Olivia Graham, Brianna Ho, Layna Holk, Annie Hughes, Brigid Kennedy, Hannah Kennedy, Ali Kraytenberg, Keagan Mark, Trevor McInnis, Kathleen Murphy, Christian Paulenka, Kaitlyn Quirk, Chris Rossi, Ryan Shields, Maddie Sullivan, Skylar Tarmey, Chris Tutt, and Sara Viela.

"This season the team has been extremely enthusiastic and supportive of one another," said coach Tebbetts. "They

celebrate each other's successes and they encourage one another during practice and during games. I am so proud of their accomplishments, their sportsmanship, and their work ethic."

The unified sports programs were begun by the New Hampshire Interscholastic Athletic Association several years ago, with the teams combining special needs students with typical peers who often play on varsity sports squads during the school year as well as contributing to the unified contingents.

Londonderry is one of 20 New Hampshire high schools which participate in the unified program each year, with track and field and basketball also being sports in which unified teams participate.

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Lancer Crew Team Holds Final Regatta of the Season in Hooksett

The Londonderry High School crew team competed in some of their final races on Saturday morning on the Merrimack despite the cold and rainy conditions. The annual Halloween Regatta gives racers a chance to have fun during this light spirited event. Some teams chose to dress up for the occasion. The season has been a tough one, with water levels forcing the team out of Lake Massabesic they have been practicing on the Merrimack out of Hooksett this year.

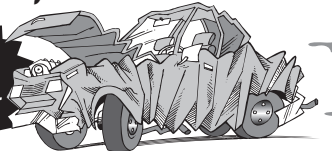
Photos by Chris Paul



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AROUND TOWN

Around Town Policy: This section is meant to be used to announce free events to the communities. If your group or non-profit is receiving money for what they are publicizing, there will be a charge of \$40.00/week per paper. All Around Town/Calendar Items will be held to 100 words maximum; anything over will incur a charge of \$40.00/week for up to another 50 words. All free announcements in the Around Town/Calendar section can run a maximum of 3 weeks. Deadline for submissions is Monday at 5 p.m.

Additionally: We will run the full versions of any calendar items online free of charge at www.nutpub.net. Please send items to calendar@nutpub.net.

Veterans Breakfast

Londonderry High School presents a "Thank You Veterans Breakfast," a patriotic salute to American heroes, on Saturday, Nov. 12 from 8 to 9:30 a.m. at the LHS cafeteria. The event is hosted by the LHS Pay It Forward Club and sponsored by the Londonderry Town Council and School Board. Gift baskets were donated by the staff and students of the Londonderry School District. The breakfast is free to veterans; guests can make a small donation.

Scouting for Food

The Boy Scouts of America will be conducting its annual food drive on Saturday, Nov. 12 to benefit local food pantries and soup kitchens. Bring food donations to the Central Fire Station on the morning of Nov. 12, or leave them on your doorstep if you previously received a Scouting for Food door hanger.

Father/Daughter Dance

The So. NH Indian Pathfinders are hosting a Father/Daughter Dance at Londonderry High School on Satur-

day Nov. 12, from 6:30-8:30 p.m. Admission: \$30 per family (father/daughter(s) or \$40 (cash only) at the door. Admission, snacks & beverages, door prizes, as well as a free photo for all couples. Corsages available for \$15 each. Order Deadline for Flowers Saturday Nov. 5. Registration deadline Thursday Nov. 11.

Seniors to Polls

On Election Day, Nov. 8, the Londonderry Senior Center is providing a bus to take seniors to the polls for voting. It will leave the senior center at 10:30 a.m. and

return once everyone on the bus has voted. Call 432-8554 with questions.

VFW Christmas

In conjunction with the local VFW Post #8214 Auxiliary, LHS Art students in Mimi Johnson and Suzanne Hjlem's classes made ceramic pocket charms and art cards to be sent by NH Operation Care For Our Troops at their November Nashua/National Guard Armory Christmas Stocking Overseas Troop Packing. LHS Faculty and the VFW Post Auxiliary members hail the extraordinary efforts of the LHS students. These donations will go directly to troops in Kuwait, Afghanistan, and Iraq. NHOTC does 4 overseas troop shipments yearly. For more info on this story please email dharmon@londonderry.org

Anniversary of Pearl Harbor

December 7, Countdown to Pearl Harbor: The Twelve Days to the Attack, by Steve Twomey, learn the stories of surviving military personnel and civilians in Eyewitness to Infamy: Understand the impact that the Japanese Midget Submarines had on the surprise attack in The Lost Submarines of Pearl Harbor. These are just a few of the titles we have highlighted this month to pay homage to the survivors and the fallen of Pearl Harbor re-open at 9 a.m. on Tuesday, January 3, 2017.

Movie Time

Come to the library on Thursday, December 8, from 3:15 - 5:15 p.m. for our Young Adult Movie Time program. All participants in grades 6 through 12 will

enjoy the 2016 epic adventure movie The Jungle Book, along with popcorn and beverages. In addition, there will be a raffle for fun door prizes at this special event. No sign up is necessary.

Winter Fun Book Bingo

Come to the library on Monday, December 12 from 4 - 5 p.m. to play an exciting picture version of this popular game. All participants will have a chance to win books from our special selection table. Advance registration is required and begins at 9 a.m. on Monday, December 5. To register call 432-1127 or stop by the Children's Room.

Visit with T-Rex

Take a trip back in time with T-Rex, star of the popular How Do Dinosaurs series by Jane Yolen on Monday, December 19 from 4 - 5 p.m.

Continued on page 17

Daniela E. Verani, M.D., P.A.

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- PROVIDER ON CALL - IS IT STRESS OR AN ADJUSTMENT DISORDER

There are many definitions of stress. A good way to think about stress is that it is a feeling that may occur in response to positive or negative situations in which your body's natural response, biological and psychological, is to be in a heightened state of readiness, allowing you to perform well under pressure.

People can experience stress in different degrees, from mild to severe. "Just enough" stress can be a good thing and indeed critical to survival. However, when this stress response fails to switch off and reset itself after a challenging situation has passed, or if it worsens to the point of distraction, it can lead to more significant psychological problems and even worsen some medical conditions. That is the point at which an adjustment disorder or more severe problems can develop.

An adjustment disorder is a severe emotional reaction to a stressful event that has occurred in your life such as the death of a loved one or being diagnosed with a disease. It is a type of stress-related mental illness that can affect your feelings, thoughts and behaviors. Adjustment disorders are characterized by:

- Having emotional or behavioral symptoms within three months of a specific stressor occurring in your life
- Having serious symptoms involving severe distress or an inability to function well in your daily life

People may experience depressed mood, anxiety, disruptive behavior or other problems. Generally, there is an improvement within six months of the stressful event coming to an end. Taking good care of your emotional needs, talking to a trusted

friend or family member, and avoiding isolation are important in recovery. If symptoms persist, it may be helpful to talk to your doctor about what treatment options may be right for you.

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Around Town

Continued from page 16

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December 12. To register call 432-1127 or stop by the Children's Room.

Winter Session 1 Programs

Winter Session 1 will run December 7 through December 15 & January 11 through January 19, 2017. The Children's Room will be offering the following programs: Craft Time, Shake, Move & Read, and Toddler Time. These dates include a break for the winter holidays. Advance registration is required and began on Monday, November 28. To register, call 432-1127 or stop by the Children's Room.

Toy Sale

St. Gianna's Closet is

hosting its annual Used Toy Sale on December 3rd from 9 a.m. to Noon. It will be held at St. Thomas Aquinas Church on Crystal Ave in Derry (across from Sal's Pizza). There is a large number of beautiful toys from puzzles and games to action figures, electronics, dollhouses, and ride-on toys. Everything is very cheap. All proceeds go to help the poor through different outreach programs in the community. Please come and get great toys for little cost! Cash and carry.

Young Adults

Leach Library Young Adults program presents "It's All About Me" for

grades 6 through 12 on Thursday, Nov. 10 from 3:30 to 4:30 p.m. Participants will explore how to record in words, photos, sketches, doodles, and collage who they are today. Snacks and drinks will be served and there will be a raffle for door prizes. No sign-up is necessary.

Holiday Closure

The Leach Library will be closed on Friday, Nov. 11, in remembrance of Veterans Day. In celebration of Thanksgiving, the library will close at 5 p.m. on Wednesday, Nov. 23, and reopen on Saturday, Nov. 26 at 9 a.m.

'Spies in Time'

On Thursday, Nov. 17 at 7 p.m., the Leach Library will host Douglas Wheeler's free presentation, "Spies in Time." Wheeler is Professor Emeritus of History at the University of New Hampshire and an instructor at Granite State College. Utilizing his research, he will discuss how spying and intelligence activities have influenced the course of history, and will trace the history of espionage from the Dreyfus case in France to the Aldrich Ames case in the United States by focusing on how human motives, traits, and ideas shape the search for secret information. This

program is in the lower-level meeting room. Light refreshments will be served.

Pelvic Floor Disorders

On Wednesday, November 9, 6 - 7 p.m. Parkland Medical Center, Kropp Boardroom, One Parkland Drive, Derry. If you're like most women, you have LOTS of questions about personal topics that don't often get discussed - it's time to start talking! Pelvic floor disorders can be an annoying, embarrassing problem, and the condition impacts 1 in 3 women at some point during their lives. Learn about risk factors, symptoms and options

Continued on page 18

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Farm Fresh Eggs For Sale \$3.00 A Dozen at 714 Lucas Rd Londonderry Or Call Ray At 978-996-7832

KILL BED BUGS & THEIR EGGS! Buy Harris Bed Bug Killers/KIT Complete Treatment System. Hardware Stores, The Home Depot, homedepot.com

HANDYMAN SERVICE

ADVANCED HANDYMAN SERVICES. Bathroom remodeling, carpentry, rot repair, & painting. Low rates. Call (603)490-4673. www.advanced-handymanservices.org

HELP WANTED

Local Residential Plowing Company hiring drivers and trucks to service Londonderry, Derry and Chester. Competitive Hourly Rates. Contact Mark (603)475-6532

LANDSCAPING

Handyman (603) 303-5310 Landscaping, Home Repairs, Painting, basement clean outs (Sr discounts) + more

MASONRY

Michael's Masonry- Specializing in repair work. Steps, retaining walls, basements, stone work. Free Estimates 603-421-0686.

PLOWING

CALL NOW for SNOW PLOWING rates for SANDOWN AND HAMPSTEAD areas 603-819-1652

Londonderry Police Log

Selections from the Londonderry Police Logs

Tuesday, Oct. 25
1:27 a.m. Criminal mischief on Hovey Road.

Wednesday, Oct. 26
5:35 p.m. Overdose on Stage Coach Circle.

6:07 p.m. Breanna Raymond, 22, 20 River Road, Apt. 25, Manchester arrested on warrant for

Theft: From a Building.

Thursday, Oct. 27
12:27 p.m. Dominic Michael Filice, 19, 16 Woodbine Drive, Londonderry arrested on warrant for Conduct After an Accident.

3:46 p.m. Kidnapping reported on Delta Drive at

Ecco Corporation (see story page xx).

11:33 p.m. Matthew Gregory Tompkins, 26, 46 Boulder Drive, Londonderry arrested on warrant for Criminal Threatening (intimidation, etc.)

Around Town

Continued from page 17 for effective treatment. Join Urologist Lara MacLachlan for this presentation and register today at parklandmedicalcenter.com or call 1-877-642-2362.

Hip & Knee Replacement

Wednesday, November 16, 6 - 7 p.m. Concord Orthopaedics, 6 Tsienneto Road, Suite 200, Derry. Join Dr. Jeffrey Wiley to learn about the advances that have been made in total hip and knee replacement. Dr. Wiley will talk about minimally-invasive anterior approach hip surgery, total knee replacement versus partial knee replacement, what to consider and what to expect when making the decision to pursue hip or knee replacement surgery. Register today at park-

landmedicalcenter.com or call 1-877-642-2362.

Social Security Workshop

On Thursday, Nov. 10 at 6 p.m. at the Marion Gerrish Community Center, 39 West Broadway, Cynthia Pellegrino of Symmetry Wealth Management LLC in Londonderry will present a free Social Security workshop. She will discuss rules and strategies for collecting retirement benefits and answer questions about Social Security. Call -505-4922 or book online at <http://www.symmetrywm.com/p/social-security> to reserve a seat.

Christmas Wreaths

Boy Scout Troop 109 is taking orders for Christmas wreaths until Nov. 1. Delivery is the week of Thanksgiving. Wreath bow choices are red or burgundy. Costs are: 12-inch wreath with bow, \$20; 16-inch wreath with bow, \$22; and 24-inch wreath with bow, \$35. To order a wreath, contact Christine Arseneault at Outdoorme@yahoo.com.

LEEP Preschool

The Londonderry School District's Londonderry Early Education Program (LEEP) inclusion preschool is accepting applications for

the current school year. Londonderry children who turned 3 by Sept. 1 are eligible. Programs for 3-year-olds meet from 8:45 to 11 a.m. two or four days per week; prekindergartners meet from noon to 2:30 p.m. three or four days per week. Tuition is \$145/month for the two-day/week preschool and \$195/month for four days/week. Prekindergarten is \$180 for three days/month and \$195/month for four days/week. For details, call Kathy Kelley at 437-5855, ext. 7223 or kkelley@lonodnderry.org or Kim Speers at kspeers@londonderry.org. The LEEP handbook is online at moose.londonderry.org.

Artists Wanted

Londonderry Senior Citizens, Inc. (LSCI) will hold a Holiday Fair and Cookie Walk on Nov. 19 from 9 a.m. to 3 p.m. at the Londonderry Senior Center, 535 Mammoth Road. Space is available to local artisans. Money raised will be used to purchase equipment and materials for the Senior Center. Vendor spaces are available at \$35. Crafters must provide their own table and chairs. LSCI will have food and drinks available for purchase and will sell raffle tickets.

Continued on page 19

National/Regional Listings

Find Ads From Around New England and Across the Country

AUTOS WANTED

Cars/Trucks Wanted!!! All Makes/Models 2000-2016! Any Condition. Running or Not. Top \$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806.

EDUCATION

Airline Mechanic Training - Get FAA Technician certification. Approved for military benefits. Financial Aid if qualified. Job placement assistance. Call Aviation Institute of Maintenance 866-453-6204.

HEALTH & FITNESS

Viagra 100MG and Cialis 20mg! 50 Pills \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 1-866-312-6061 Hablamos Espanol

guaranteed. CALL NOW! 1-866-312-6061 Hablamos Espanol

Erectile Dysfunction Medical Pump Change your sex life in minutes! FDA Licensed. 30-Day Money Back Guarantee. Free Brochure: Call (619) 294-7777 www.DrJoelKaplan.com

MISCELLANEOUS

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it Free. Call Now: 1-888-909-9905 18+.

WANTED TO BUY

Cash Paid- up to \$25/Box for unexpired, sealed Diabetic Test Strips. 1-Daypayment.1-800-371-1136.

Wants to purchase minerals and other oil and gas interests. Send details to P.O. Box 13557 Denver, Co. 80201.

Advertise to 10 Million Homes across the USA! Place your ad in over 140 community newspapers, with circulation totaling over 10 million homes. Contact Independent Free Papers of America IFPA at danielleburnett-ifpa@live.com or visit our website cadnetads.com for more information



TOWN OF LONDONDERRY VOLUNTEERS

The Town of Londonderry is seeking volunteers to serve on the following Boards/Committees.

Senior Resources Committee

Three (3) Alternate Positions
One (1) Full-Time Position

Conservation Commission

Two (2) Full-Time Positions

Heritage Commission

Two (2) Full-Time Positions

Londonderry Housing & Redevelopment Authority

One (1) Full-Time Position

Planning Board

Two (2) Full-Time Positions

Solid Waste and Environmental Committee

Three (3) Full-Time Positions

Zoning Board of Adjustments

Three (3) Full-Time Positions

You must be a resident of Londonderry to apply for a position. If you are interested in more than one position, please check off.

Information regarding these Boards/Committees can be found on the Town's website. There is an application deadline of Thursday, November 24th, 2016 at 4:00 PM.

For more information regarding the open positions, please contact Kirby Wade at (603) 432-1100 x120 or kwade@londonderrynh.org.

CASH FOR CARS
ALL Cars/Trucks WANTED! Running or Not! Damaged/Wrecked...OK! FREE pick-up and towing! Sell your car in 60 seconds! CALL NOW FOR A FREE GUARANTEED OFFER! 1-888-524-9668 www.cashforcar.com

Around Town

Continued from page 18

ets for themed gift baskets and homemade cookies at the cookie walk. For details, call Bonnie Ritvo at 978-767-5057 or email: Senior-Center@LondonderryNH.org.

Garden Club

The Derry Garden Club meets at 10 a.m. Friday, Nov. 4 at the Boys and Girls Club of Greater Derry, 40 Hampstead Road, Derry. The program will be tablescapes with Amelia Holdsworth, an interior decorator, who will give a presentation of two tables decorated using items found around the home. The style will be from traditional to eclectic. The committee will provide a soup and bread luncheon.

Wonders of Fall

Children are invited to the Leach Library on Monday, Nov. 7 from 4 to 5 p.m. to celebrate the wonders of the fall. Participants will hear the story of a turkey that ate too much, follow a fox as she discovers the wonders of fall, and find out what happened to the Old Lady Who Swallowed Some Leaves. A turkey feather matching game will be

played, and everyone who attends will leave with an inflatable turkey beach ball. Advance registration is required and begins at 9 a.m. Monday, Oct. 31. To register, call 432-1127 or come to the Children's Room.

Ringmaster of Fun

Join the Ringmaster of Fun, magician Joe Howard, on Monday, Nov. 14 from 4 to 5 p.m. at the Leach Library, as he brings his trunk full of fun. During this program, participants will be treated to magic tricks, silly humor and lots of audience participation. The program is open to all ages. Advance registration is required and begins at 9 a.m. Monday, Nov. 7. To register, call 432-1127 or come into the Children's Room.

Holiday Library Hours

The library will close at 1 p.m. on Saturday, December 24, and re-open at 9 a.m.

on Tuesday, December 27. The library will also close at 1 p.m. on Saturday, December 31, and re-open at 9 a.m. on Tuesday, January 3, 2017.

Comedy Night

The Londonderry Women's Club holds its annual comedy night on Thursday, Nov. 10 at 8 p.m. at Tupelo Music Hall, 2 Young Road, Londonderry. The night features comedians Graig Murphy, Matt Barry and Andrea Henry. Come early for a chance to win prizes and gift cards from local restaurants, resorts and salons. Admission is \$25 per person. To purchase tickets, email info@londonderry-womensclub.org. Proceeds from the event benefit local charities and community outreach. For more information about the club and how to become a member, visit londonderrywomensclub.org or find the group on facebook.

We are expecting a RECORD TURNOUT for the Presidential Election on Nov. 8th



Voting takes place between 7 a.m. and 8 p.m. at the High School Gym. Please plan ahead and be prepared for traffic and parking delays.

All vehicles must enter through the lighted intersection across from the Library. All parking lots around the High School will be open and shuttle buses will be running all day between each lot and the polls.

Please plan alternate routes for daily activities to avoid the congestion. Town Hall will be closed to the public on November 8th.

Police and volunteers will be directing traffic on the site. *Your Patience is appreciated.*

More info is available at londonderrynh.org



AIRLINE CAREERS

Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly. Call Aviation Institute of Maintenance **800-481-7894**

ToyotaofManchesterNH.com

VOTE SELECTION...VOTE SAVINGS...VOTE IRA!

Lease a new 2016 TOYOTA **Corolla S PLUS**

\$38

PER MO. FOR 24 MONTHS

Lease a new 2017 TOYOTA **Camry LE**

\$83

PER MO. FOR 24 MONTHS

\$500

FIRST RESPONDER DISCOUNT

To all past and present first responders (police, fire, paramedics, and military) with valid ID. Discount is off any new or pre-owned vehicle purchase. Offer is an Ira Toyota of Manchester discount and can be used in conjunction with other Toyota incentives. \$405 dealer fee additional. Offer expires 11/30/16.

COME SEE OUR NEW, STATE-OF-THE-ART FACILITY

NOSOTROS HABLAMOS ESPAÑOL

†Lease a 2016 Toyota Corolla S Plus for \$38/month plus tax for 24 months on approved tier 1+ credit. Stock #GC720074. MSRP \$22,040. \$0 security deposit. \$5,246 total due at signing includes \$3,999 cash or trade equity, \$38 1st payment, \$559.95 title and documentation fee, and \$850 bank acquisition fee. Lease end value of \$14,767. 12,000 miles per year with \$.15/mile thereafter. Payment based on Tier 1+ credit approval through Toyota Financial Services. College Grad and Military Rebates not included. Lessee may be responsible for excess wear and tear at lease end. **Lease a 2017 Toyota Camry LE for \$83/month plus tax for 24 months on approved tier 1+ credit. Stock #HU621506. MSRP \$24,129. \$0 security deposit. \$5,799 total due at signing includes \$4,499 cash or trade equity, \$83 1st payment, \$559.95 title and documentation fee, and \$650 bank acquisition fee. Lease end value of \$15,683.85. 12,000 miles per year with \$.15/mile thereafter. Payment based on Tier 1+ credit approval through Toyota Financial Services. College Grad and Military Rebates not included. Lessee may be responsible for excess wear and tear at lease end. Offers end 11/30/16.

CALL NOW!

866-354-8104

IRA TOYOTA OF MANCHESTER • 33 AUTO CENTER ROAD, MANCHESTER, NH 03103



VOTE ON NOV. 8

For Your Londonderry Tax Fighting Team!



Sharon Carson



David C. Lundgren



Betsy McKinney



Marty Bove

For State Senator Vote for not more than 1	Sharon M. Carson <input checked="" type="checkbox"/>	
For State Representatives Vote for not more than 7	Sherman Packard <input checked="" type="checkbox"/>	State Representatives <input type="checkbox"/>
	Bob Rimol <input checked="" type="checkbox"/>	State Representatives <input type="checkbox"/>
	Doug Thomas <input checked="" type="checkbox"/>	State Representatives <input type="checkbox"/>
	Al Baldasaro <input checked="" type="checkbox"/>	State Representatives <input type="checkbox"/>
	Martin N. Bove <input checked="" type="checkbox"/>	State Representatives <input type="checkbox"/>
	David C. Lundgren <input checked="" type="checkbox"/>	State Representatives <input type="checkbox"/>
	Betsy McKinney <input checked="" type="checkbox"/>	State Representatives <input type="checkbox"/>

- Reduced business taxes for the first time in 20 years.
- Reducing state spending to preserve NH Advantage.
No new taxes & fees!
- Focusing on Veteran Affairs to protect and aid Veterans.
- Protecting our 2nd amendment rights and Individual liberties.
- Champion of family values and local control of education.
- Fully fund services for seniors and the developmentally disabled.



Sherman Packard



Doug Thomas



Al Baldasaro



Bob Rimol