

# Londonderry Times

April 8, 2021 ♦ Volume 22 – Issue 14

A FREE Weekly Publication



Battalion Chief Jim Roger, right, instructs Fire Fighters P.J. Ripaldi and Chris Lamy on securing a rescue victim in a confined space last week on Gilcreast Road. Photo by Chris Paul

## First Responders Practice Confined Space Rescues

CHRIS PAUL  
LONDONDERRY TIMES

Over the last couple of weeks, members of the Londonderry Fire Department performed their annual “Confined Space” rescue training. This year they were able to use the Pen-nichuck Water Company’s water pumping station located at 77 Gilcreast Road.

Most residents wouldn’t know that there is a good-sized underground pumping station in the Londonderry Commons complex, but that’s where crews frequently train to be prepared in the event of an emergency situation occurring in an extremely tight space.

Londonderry Fire Fighters train continuously for these situations

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## Town Council Agrees to Move Forward With Woodmont TIF

JOHN SEIDENBERG  
LONDONDERRY TIMES

The Londonderry Town Council has agreed to consider a resolution at its next meeting on establishing another Tax Increment Financing (TIF) District in town.

This area would be near the site where Exit 4A will be constructed on land now owned by Woodmont Commons east of I-93. The site represents approximately 200 acres of prime developable land, similar to Pettengill Road prior to it being developed, Town Manager Kevin Smith said at the council’s Monday, April 5, meeting.

A disincentive for developers in coming somewhere is the cost of utilities and roadway infrastructure, he noted. The town has received inquiries about the land from potentially large users who always ask about existing utilities.

Utilities are not presently there though some are nearby such as water and gas. Sewer services are close to Derry but long-range plans call for the sewer system going to Manchester.

Londonderry previously set up two TIF districts for Pettengill Road. Smith stated that within six months of its implementation, the first

company, UPS-Pratt & Whitney, moved in, with several more that followed.

Future development agreements would be done in a similar manner with the town reimbursing a developer upon completion and certificate of occupancy. The town would expend no money before any development comes, Smith stipulated.

“This is one economic development tool in the toolbox of many with the LHRA [now] being town wide,” Smith said.

The council voted at its March 15 meeting to expand the geographic

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## Town Officials Consider Water Restrictions If Drought Worsens

CHRIS PAUL  
LONDONDERRY TIMES

Londonderry residents should not be surprised to see another water use restrictions ordinance come forward in the near future, so planting grass this year might need to be put off again.

At the Monday night, April 5, Town Council meeting, Conservation Commission Chair Marge Badois warned members during Public Comment that many sections of the state are still classified as under

“Abnormally Dry” conditions.

Badois began by stating, “DES has come out reporting that 72 percent of the state is officially Abnormally Dry right now, which is up from 41 percent that was reported in December. Petty much the same place we were last year.”

She added that the area is at about 60 percent of normal precipitation and the low level of snow pack melt runoff has decreased stream flows by 20 per-

cent. She added that the prediction of above average temperature and below average precipitation for the upcoming months has DES recommending having a plan for multi-year drought conditions.

“So the outlook is

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## OBITUARY

### Marie Antonella Parker



Marie Antonella Parker, 63, of Londonderry passed away after a brief illness on Saturday, April 3, 2021, in the Neurological Intensive Care Unit of Massachusetts General Hospital in Boston, Mass. She passed peacefully, surrounded by her loving family, who write this in honor of her kind and generous spirit & in celebration of her beautiful life.

Marie was born in Bibano, Italy on Nov. 20, 1957, the oldest daughter of Peter & Caterina (Barro) DeNegri. Her family immigrated to America in May 1962 and settled in Oklahoma City, OK. Even at such a young age, Marie quickly learned English & selflessly assisted her family in navigating their new country's language. She enjoyed a wonderful upbringing with friends & extended family in the area, and as a big sister to 3 brothers and a sister (who claim she never sinned once in her life). Marie excelled in school, attending John Carroll Catholic School in OKC, graduating from Mount Saint Mary's High School in 1976, & earning her Bachelor of Science in Education from the University of Central Oklahoma in 1980. She went on to serve as an elementary school teacher for the Archdiocese of Oklahoma from 1980 – 1984 & in several other teaching capacities throughout her life.

July 16, 1983, Marie married Benjamin Edward Parker, who fondly refers to her as Antonella as her family had. They moved from OKC to Houston, TX with their firstborn daughter in 1985. There Marie focused on raising her growing family and taught third grade in the Houston/Aldine School District for three years. In 1994, Marie & Ben moved to Londonderry, with their three daughters, and welcomed a son in 1995.

In Londonderry, while raising her children, Marie worked for the Londonderry School District as a substitute teacher and Kindergarten classroom assistant, all while completing her Masters Degree in Library Science from the University of Connecticut. In 2004, Marie was hired as librarian for North Londonderry Elementary School & worked in that capacity for 10 years.

Since her semi-retirement in 2014, Marie has not stopped serving her family and community. She has been an active volunteer at the Londonderry Town Library, her church parish St. Jude's Catholic Church, the Manchester Food Bank, & and more. Marie also had a lot of fun, including adventurous world travels with her husband, family, & friends. Best of all, she has also served as dearly adored "Nella" – grandmother to five young grandchildren.

Marie was devoted to her family and faith and will be greatly missed by all who crossed her path in life. In addition to her parents of Norman, OK, Marie is also survived by her beloved husband & best friend of 37 years, her son Benjamin J. Parker of Oklahoma City, three daughters, Katrina D. Parker & husband Ryan Neumann of Indianapolis, Anna M. Parker & husband Tim Hepworth of Bedford, NH, & Alexandra L. Rizzo & husband Joe of Florence, SC; her grandchildren Parker, Ruby, Lillian, Alfred James, Madelyn, & Baby Parker-Neumann due in July; her three brothers, Tony DeNegri & wife Gail, Robert DeNegri & wife Talita, & Gianni DeNegri; her cherished sister & dear friend Regina Rischard & husband John; 18 nieces & nephews; as well as many close friends & colleagues.

Services for Marie will include a Mass of Christian Burial on Friday, April 9, at 10 a.m., in St. Jude Parish, 435 Mammoth Rd., Londonderry, NH. (Due to COVID restrictions, the Mass will be celebrated in-person by extended family & some friends; all others are welcomed & encouraged to attend the Mass virtually at stjudenh.com. A public burial, open to all friends & family, will follow in the Pillsbury Cemetery on Hovey Rd., Londonderry. (Due to NH guidelines, masks, minimized contact, & maintain social distancing are required.) The family is then welcoming & encouraging any friends & family to stop by an informal, outdoor reception to celebrate Marie at their home, 26 Anthony Dr., Londonderry, from 3 – 5 p.m.

In lieu of flowers, memorial contributions may be made in Marie's memory to causes dear to her, such as the NH Food Bank, NH Down Syndrome Association, Alzheimer's Association, or your local public school or library. To send a condolence or for more information, please visit [www.peabodyfuneralhome.com](http://www.peabodyfuneralhome.com)

## Woodmont TIF District

Continued from page 1

reach of the Londonderry Housing and Redevelopment Authority (LHRA) to pursue more economic development Initiatives for the town.

The LHRA could also help seek further development along with potential federal infrastructure funding. Councilor Tom Dolan recently met with the LHRA via Zoom and invited members to a future town council meeting to discuss their mission, organizational history, and some of their projects.

The town will be receiving \$2.6 million from the federal government under the American Rescue Plan Act of 2021, also known as the COVID-19 stimulus package, Smith told the council.

Those monies could be used for economic development or water infrastructure, depending on the amount of state water funding.

Any taxes generated in a TIF area above the prior baseline go into a TIF account, he explained. This is not added back to the tax base until the town makes that decision.

At Pettengill Road, the town used part of the TIF revenue to reimburse developers for the costs of road and sewer infrastructure. Upon reimbursement, the TIF was closed and those tax dollars went back on the tax rolls.

With a TIF, if a town puts up money for part of a project, it may see development starting earlier and tax revenue coming in sooner, said Dolan.

A TIF district would comply with the Woodmont Commons development agreement that does anticipate being able to have such a district.

In Londonderry's last valuation a shift occurred from commercial to residential values, which increased more rapidly. "The more commercial value we bring online, the more it lessens the burden on residents for property taxes," Smith said.

The Town Manager also mentioned he was approached by the office of U.S. Rep. Chris Pappas (NH-01) to submit local projects for the President's Infrastructure Plan. Those may include

sewer infrastructure for Woodmont Commons East and the planned expansion of Pettengill Road from two to four lanes.

Due to the development agreement made there, any future expansion of the road must be an expense of the town, not developers.

After Smith's presentation, Town Council Deb Paul asked the Town Manager to explain how the previous TIF at the airport worked.

He explained that the town had development agreements with developers who were willing to build at Pettengill Road and the town built some of the infrastructure with TIF District funds and once businesses started to pay taxes, the money was reimbursed until it was paid back. At that point the district was closed.

He added that the town no longer has any TIFs open and the longest it took for a company to pay back funding was about two and a half years.

Paul also inquired if Derry would be creating a TIF District on their side of the area.

Smith responded that he had not contacted officials in Derry about working in tan-

dem.

She also asked for Smith to share some of the numbers being generated in taxes from the Pettengill Road area.

Town Council Chair John Farrell interjected at that point saying that FW Webb pays \$1.1 million; EFI is about \$379,000; UPS is about \$500,000; Bellavance Beverage Co. will be about \$180,000, FedEx is about \$200,000.

This adds up to about \$2.2 million each year in taxes, Farrell said.

Smith added that finding businesses to build near Exit 4A is very difficult since there aren't any utilities there. He gave the example of bringing sewer and water and said it would be about \$5.5 millions.

The council will take up the TIF district resolution at its April 19 meeting at 7:00 pm followed by a public hearing at its May 3 meeting.

The four members of the council attending agreed to have Smith move forward with the idea of a Exit 4A TIF District. Councilor Joe Green was not in attendance.

Farrell stated that the School Board must also give its consent to the measure.

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# Londonderry High School Earns Purple Star Designation

ALEX MALM  
LONDONDERRY TIMES

During the March 16 Londonderry School Board meeting, Londonderry Superintendent Scott Laliberte announced that Londonderry High School was named as a school to participate in the Purple Star Initiative, and was given a Purple Star designation.

Laliberte explained that the Purple Star designation is something new and is being piloted in a number of different schools across the country.

"The idea behind the Purple Star Initiative is to offer in school support for the families and specifically children of

both active duty military and activated National Guard," Laliberte said. "This is something that is being piloted in a number of states around the country and the New Hampshire Department of Education and the New Hampshire Joint Military Task Force are trying to start the initiative here in New Hampshire."

He said that they are just one of 25 schools to be selected.

"They've selected 25 schools that they are offering a pilot program to which they will be funding and Londonderry High School is one of the schools that has been selected."

Laliberte said that

one of the reasons that they were selected is because of their active club called the "Blue Star Lancer Club."

According to the school's website, "The Blue Star Lancers is a Londonderry High School student organization. Members are students who have a family member who is currently serving in the military or has served in the military. Members are also students who don't have a family member in the military but want to lend their support to those who do."

Laliberte said that the group's advisor will be the point of contact person for the initiative.

"We have an active

Blue Star Lancer Club and Liz Juster does amazing work with them. Liz has actually offered to take this on," Laliberte said.

Juster said that she is excited about the program, and that the high school was given the designation.

"I'm excited about the Purple Star designation for LHS and eager to learn more about the program this summer. As the "point of contact" for Londonderry High School's Purple Star program, I'm looking forward to the new school year and the opportunities it will bring to our students who have a parent serving in our armed forces," she said.

"As the adviser of the Blue Star Lancers, a co-curricular organization which supports our troops and their families with a variety of activities throughout the academic year, I can see how both organizations - Purple and Blue - will complement each other and offer all students an enriched experience," she went on to add.

Laliberte explained that the initiative will help to create a network of support inside the high school for families of both active duty military and National Guard so that if students have struggles that are specific to that experience they would know that they have a place to go

and a person to talk to who can relate and are able to direct them towards resources that are specific to their challenges.

While there technically didn't need to be any vote taken, Laliberte wanted to inform the board of the program.

"I wanted to let the board know that we got selected for this," he said. "I didn't realize how many families we have in town who do have both active duty military and guard connections. It's certainly something we're enthusiastic about taking on."

The next Londonderry School Board meeting is slated for April 20 at 7 p.m.

## Londonderry/Derry Household Hazardous Waste Set for May 15

If residents of Londonderry and Derry are wondering what they should do with leftover paint and chemicals, the answer is: Take them to the Household Hazardous Waste Collection Day.

The next opportunity for residents of Derry and Londonderry to take advantage of disposing of hazardous chemicals will be Saturday, May 15, 2021 from 9 a.m. to 12 p.m. at the West Running Brook Middle School in Derry on Route 28 By-Pass across from the entrance to the Fairways Apartment Complex.

Residents are requested to stay in

their vehicle at all times while delivering materials to the site.

Town officials remind residents not to throw away any toxic products in the trash. In the trash truck they can cause fires and in a landfill, they contaminate soil and groundwater.

The following is a list of materials that will be accepted at the Household Hazardous Waste Collection Day.

From the Yard: Fertilizers; Pesticides; Fungicide; Insect Spray; Lighter Fluid; Pest Strips or Traps; Pool Chemicals; and Poisons.

From the Garage: Acids; Antifreeze; Car

Waxes/Polish; Creosote; Driveway Sealer; Flea Powder; Gasoline; Radiator Flush; and Roofing Tar.

From the house: Bathroom Cleaner; Disinfectants; Furniture Polish; Metal Polish; Mothballs; Oven Cleaner; Photo Chemicals; Rug Cleaner; and Thermometers.

From the Workbench:

Brush Cleaner; Corrosives; Oil Based Paint/Stain; Rust Preventative; Solvents; Thinner/Turpentine; Wood Preservatives; Wood Stripper; and Rechargeable Batteries.

Residents are asked

not to bring automotive or alkaline batteries, latex paints, explosives, ammunition, used oil, or radioactive and infectious wastes.

Helpful Tips on Dealing with Toxic Products:

- Follow and use the safety instructions on

the label.

- Give leftovers to friends and neighbors.

- Keep the product in its original container and intact.

- Do not mix toxic products!

- Use in a well-ventilated area

- Keep flammables away from heat, sparks and flames

For more information about hazardous waste in your home, visit:

<http://www.derry.nh.us/environmental/pages/links-and-documents>



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# Editorial

## Time to Think About Lyme Disease

I love the outdoors, but I check for ticks every time I go outside. Ticks can be found out almost every month of the year, one should be especially aware of the risk of tick bites from early spring until late fall.

If you find a tick attached remove it as soon as possible. You should put the tick into a sandwich bag with a small piece of damp paper towel and mark the date and the person who was bitten on the bag. Then, the tick can be identified by someone knowledgeable about ticks or can be sent to a lab to see if it was a carrier of Lyme disease or other infections such as Bartonella, Ehrlichia, Babesia or Anaplasma.

Most people feel that you need to have a bulls eye rash (erythema migrans rash) to develop in order to be diagnosis with Lyme disease, this is not true. It can also be an even red appearance across the entire area. Typically when a person first contracts Lyme disease, he or she will develop flu-like symptoms about 7 to 21 days after the tick bite. However, this is not necessarily the case. Sometimes the onset is quite insidious and may take years to show.

Lyme disease can spread to most organ systems, including the heart and the central nervous system. More than a decade ago, Syphilis was nick named "the great masquerader" since it could develop symptoms that mimicked most any other disease. Today, Lyme disease is the

great masquerader, since it may appear to be like other illnesses, like cardiac arrhythmias causing sudden death, neurologic symptoms that often appear like Multiple Sclerosis or Parkinson's disease. There is often a buzzing or tingling sensation of the skin, burning neurologic pain, and a great amount of joint pain, muscle pain and incredible muscle stiffness. A lot of "brain fog" resulting in poor memory, difficulty with language skills and even out right dementia. Chronic sinus infections, migraines, and Lyme rage can be experienced as well. In other words, there are numerous complications a person can suffer that are connected to Lyme disease.

With most disease the best "treatment" for Lyme disease is prevention. Permethrin, a common synthetic insecticide, can be applied to clothing to make them tick resistant. DEET, Lemon, and Eucalyptus Oil, to name a few, can be used as insect repellent for the skin. Wearing light clothing makes it easier for you to spot ticks. Clothes should be put in a dryer for 10 minutes on high heat after coming in from outside to kill ticks. Tucking pants into socks can prevent the ticks from climbing up your leg.

Enjoy the outdoors and protect yourself from Lyme disease by taking preventative measures from tick bites and seek treatment if necessary.

# Letters

## Thank you to Mack's Apples

Girl Scout Service Unit 205 consisting of Londonderry and Litchfield Girl Scout troops would like to thank Mack's Apples for supporting us again at the start of our cookie season this year. Each year they allow us to receive our large cookie delivery at their facility. We do a massive cookie sort one afternoon into the evening for all our local troops who then come and pick up their orders. We jam pack cars, vans, jeeps, and trucks with cases of cookies. The troops then take them home to then deliver to their local customers from there. Having this sort location with plenty of space and the ability to move pallets of cookies right here in town really helps us out a lot. Thank you Mack's Apples for supporting your local Girl Scouts yet again - we really appreciate it!

Sara Clark  
Londonderry

## Chuckles

Reading the March 25 and April 1 editions of the Londonderry Times, I chuckled at the parroting of two articles; one by Ms. Luisa Piette and the other by Mr. Jim Green.

Both articles were in response to my article referencing the disaster that Biden's immigration policy, or lack thereof, has created on the southern border.

The two articles were identical word for word.

I find that hilarious. Not hilarious relative to the border debacle, but hilarious that they should at least coordinate their refuting my border statistics relative to illegal border crossings.

Is there a ghost writer for Ms. Piette and Mr. Green with both not knowing that the other authored the same article? Or are they conspiring to hammer their arguments by repeating their refutation of my border statistics. In either case, it doesn't come off well when two authors plagiarize themselves not showing original thought. I will admit that one statistic I quoted in my letter the week before was incorrect in that "Southern border states are in crisis being inundated by thousands of illegal immigrants entering the U.S. under Biden's open borders policies; more than in any Trump year." Only in May 2019 were illegal crossings greater under Trump than the 3 months of Biden's presidency of January through March. My bad. All other statistics in my March 18 letter are correct confirming that the southern border is indeed a disaster that Biden owns 100%.

What befuddles me is the statement by Ms. Piette and Mr. Green that "We Democrats don't want illegal immigration. Rather, we want fair, legal immigration." I agree with that, but if that's the case with rank-and-file Democrats, where's the rank-and-file Democrat outcry that Biden's open border policies are wrong.

I don't hear it.

It's estimated by the CBP that 184,000 kids will cross the border illegally this year. What's going on at the southern border is insane and inhumane with overcrowded, caged kids who have been given over to drug cartels to get across the border for a fee or as coyotes for drug running with up to 80% of kids being molested or raped.

Is dropping unaccompanied three-and-five-year-old kids from the top of a 20-25 foot wall humane?

Democrats, where's your voice to stop this insanity. Where's Kamal Harris who's supposed to head up revising the border policy; no-where to be found.

If Democrat leadership and Biden's socialist handlers really cared about these kids, they'd stop the insanity. But Democrat leadership and socialists have a more important agenda; getting as many border-crossings of Hispanics who traditionally vote Democrat to guarantee a controlling, socialist government.

That's an agenda that Nancy Pelosi is currently working on. Read up on the shortcomings of socialism and see where America will be in 12 years if the socialist trend continues.

America can't waste the blood and treasure of those who gave their all over 245 years to guarantee our freedoms and America's greatness.

Bob Pitre  
Londonderry

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# Londonderry Times

The Londonderry Times is a weekly publication. It is mailed to every home in Londonderry free of charge and is available at a number of drop-off locations throughout the town.

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# Granite YMCA Presents Its Community Service Award

CHRIS PAUL  
LONDONDERRY TIMES

The Granite YMCA of Londonderry named its 2020 Community Service Volunteer of the Year Award and the Community Service Award back in November, but because of extenuating circumstances due to COVID-19 they were never able to present one of the awards until last week.

The Volunteer of the Year Award is presented to a volunteer who goes above and beyond the expectations of any other YMCA volunteer. This award is the highest recognition a volunteer can be awarded by the Granite YMCA.

Londonderry Times publisher Deb Paul was given her Volunteer of the Year Award at the

end of 2020, but also receiving accolades were Gabe Leon and his brother Heriberto (Eddie) Leon for the Community Service Award. The brothers are the owners of LaCarreta's in Londonderry and Derry and Gabe was also sits on the YMCA Board of Trustees.

Gabe was presented the award at his Derry restaurant location last week.

This award recognizes a group of individuals, or a community business or agency for their significant contribution to The Granite YMCA.

The Community Service Award honors not only major gifts and/or donations that allowed the YMCA to deliver services, but also honors those who have put

in a significant amount of time to enable the YMCA to accomplish its mission.

Bernard said, "Eddie and Gabe Leon and the Derry and Londonderry LaCarreta have been a community partner for with the "Y" for the past five-plus years. Gabe, is an Advisory Board Member, supporting our annual campaign as a vendor, donor, and the highly sought after auction items, year after year. They also played an instrumental role during some of the country's most trying time in many, many years. In March, all the fear that had set in, and an estimated 50 percent of restaurants immediately shut down unable to weather the storm, LaCarreta reacted by



Gabe Leon, left, of La Carreta in Derry was presented with the YMCA Community Service Award by YMCA Executive Director Lisa Bernard and Board Member Nick Therrien last week. Photo by Chris Paul

not only staying open (and having to consolidate Derry into Londonderry because of water damage), they increased their giving. Which led to so many people reaching out to them and paying for other's meals. It was classic karma, in a good way. One good deed leading to others."

Bernard added, "They reached out to the "Y" and several other non-profit organizations, offering up free meals to the families in need, those that were unable

to grocery shop, as well as our many grandparent families. In all, thanks to LaCarreta and some of our advisory board members that personally delivered the meals, they served over 2000 meals through the height of the pandemic. They have

and continue to be a significant supporter of the YMCA and many other organizations.

The Granite YMCA awards Ceremony, was held through videoconference on Wednesday night, but was by invitation only.

## Derry Homegrown Opens June 2

Derry Homegrown Farm & Artisan Market is gearing up for their fifth season beginning June 2 2021. The Market will run every Wednesday for 18 weeks, June - Sept. Located at 1 West Broadway, in the center of Derry's Downtown, and right next to the Derry Rail Trail allowing easy access by car, bike and pedestrians. There is plenty of free parking on

street and at two municipal lots very close by.

As this will be the first season during Covid, masks will be required. The health and safety of patrons, vendors and volunteers will be paramount this year.

The goods vendors participating this season should include fresh seafood, meats (beef, pork, lamb), eggs, produce, gourmet cheese, artisanal

breads, pastries, chocolates, olive oils, jams, pickles, garlic, artisan pastas and sauces, locally sourced Puerto Rican cuisine, wine, beer, mead, natural soaps and more.

Visit derryhomegrown.org and Facebook page at facebook.com/derryhomegrown - both online resources will post news and information about weekly events schedule varies by week.

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# Londonderry Drop Off Center Opens Starting April 17

ALEX MALM  
LONDONDERRY TIMES

The Town of Londonderry recently announced that the West Road Drop Off Center would be open for the season starting Saturday, April 17, and remain open each Saturday until Nov. 20.

This year, there is a slight change to the hours of operation, the new Saturday hours are from 7:30 a.m. to 3:30 p.m.

The center will also be open each Wednesday starting April 21, through Sept. 8. Wednesday hours are 3 to 7 p.m.

In order to maintain proper social distancing and to ensure employee and resident's safety, the Drop Off Center attendants will allow only a limited number of vehicles into the gated area at one time. Because of this, residents may experience some delays.

Town officials ask that residents follow the CDC Face Mask guidelines while at the Drop

Off Center.

Payment at the center remains by check only and residents are encouraged to bring their own pens.

The center is located at 13 Recovery Way off of West Road. To get there from the junction of Route 102 and Route 128 take Mammoth Road to Route 102 West towards Hudson for approximately three miles. Take a right onto West Road for approximately one mile and take a left onto Recovery Way to the Drop Off Center.

Acceptable items at no charge are as follows:

- Yards Waste: Leaves, branches, grass clippings. (Limit one six-wheel dump truck of brush).

- Plastics: All rigid plastics with or without a recycling symbol, any size is accepted (No Styrofoam, No plastic tarps, No inflatable toys, No plastic wrap or bags).

- Clothing and Textiles: Any reusable item of clothing, draperies,

and linens for the Salvation Army.

- Corrugated Cardboard: Packing boxes and other packaging cardboard, packed flat.
- Single Stream Recycling: Acceptable paper, plastic bottles & containers, cans, glass (NO plastic bags).

- Rechargeable Batteries: From power tools, cell-phones, calculators, and laptops. Please give to attendants.

- Automobile Batteries: Please give to attendants.

- Fluorescent Bulbs: All tube types and CFL's (spiral) unbroken,

please give to attendant.

- Cell Phones: Please give to attendants.

There are many items that have fees charged for drop off and payment is by Check only, no cash payments will be accepted. Those items are:

- Scrap Metal: \$5 per load - Aluminum, steel, brass, copper, and virtually any item made from metal will be recycled except those containing Freon.

- Propane Tanks: 20 lb. tank \$4.00, small 1 lb. tank no charge.

- Construction Debris and Bulky Items: \$24 per cubic yard, Mini-

mum \$7 up to 55-gallon barrel. Six-foot Pickup Truck - \$36, Eight-foot Pickup Truck - \$48.

Acceptable Items include pressure treated lumber, fiberglass, cement, plastic piping, wiring, sheetrock, carpet, lumber, and other building materials and bulky household items.

The center will not accept railroad ties, asbestos, paint cans, gas cans or liquids of any kind.

Furniture: Small Items - \$7 each Chairs, twin mattresses etc.

Large Items - \$14 each Sofa, tables, full mattresses etc.

Tires: Four Free with car registration. Additional tires \$2 without rim, \$3 with rim.

Electronics: \$7 for computers, monitors, TV's ≤ 20", microwaves (No charge for mice, keyboards and wiring). \$14 commercial size fax/copier machines, TV's > 20"

Overflow Bags: \$3 each for a 30-gallon overflow bag used for curbside trash collection.

Any questions please call: Public Works & Engineering Dept. 432-1100 ext. X193 or X137

Note: Schedule and fees subject to change.

## Drought

Continued from page 1

not good," she said.

She then urged the council to implement odd-even outdoor watering restrictions now, to get people in the right frame of mind and to let people know that this is not the year to be putting in that new lawn.

Council chair, John Farrell, responded to Badois saying that the town is scheduled to have discussions with DES on water issues on Tuesday, the following day, and they would

have more information after that. He added that they would be able to give an update at the next Town Council meeting.

Councilor Tom Dolan had assumed the town was still under the same water restrictions as last year, but was corrected by Assistant Town Manager Lisa Drabik who said that those restrictions can only be implemented if the town is in a "Moderate Drought" or higher condition.

Farrell followed up by saying "What we've learned from working with DES is, unless we

push them, they generally don't respond until we push. We'll have a conversation with them tomorrow, but what would help us is if they would take a stronger position, so we can take a stronger position."

Badois then added that the town does not need the state to take a stronger position, since there is an RSA that allows towns to implement those restrictions.

Later in the meeting, Dolan also warned that when the area experiences drought conditions, arsenic contamination becomes more concentrated and can be more of a contaminant in times of drought.

Last year, the town imposed a Level One Lawn Watering Restrictions ordinance on Oct. 2. It stated:

In light of Londonderry's drought status, Drought Development.

the Town Council has voted to impose Level 1 lawn watering restrictions pursuant to Town Ordinance 2020-03. Effective Friday, October 2, 2020, the following restrictions apply to both residential and commercial lawn watering:

- Lawn watering by odd numbered addresses is allowed on odd numbered days; and

- Lawn watering by even numbered addresses is allowed on even numbered days; and

- Lawn watering shall not occur between the hours of 8 a.m. and 7 p.m.

According to the United States Drought Monitor, the latest monthly drought outlook from the Climate Prediction Center shows that most of New Hampshire likely to experience Drought Development.

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# Letters

Continued from page 4

## Choices

To the Editor,

In a popular management theory, Douglas McGregor suggested that there were two kinds of managers. (The Human Side of Enterprise, 1960) One that assumed that people were by nature lazy and had to be forced to work. They required constant oversight, without which they would slack off. He called this theory X managers. The second group assumed that people wanted to work, wanted to do a good job, and that the manager's job was to insure they had the training and support to be successful. Unfortunately, many management instructors depicted these benchmarks as the only alternatives.

As Graham Cleverly pointed out in his book *Managers & Magic* (1971) "McGregor hoped that his book would lead managers to investigate the two sets of beliefs, invent others, test out the assumptions underlying them, and develop managerial strategies that made sense in terms of those tested views of reality."

I find it useful to ask McGregor's question with a little twist, when examining political candidates and their policies. Every action and

policy position contains some very basic assumptions. Let's take the current debate about elections and voting for example.

Democrats want voting to be easy. HR1 includes automatic and same day registration, nationwide early voting, campaign finance reforms, eliminating gerrymandering, and requiring every state to have paper ballot backups. The results would encourage more people to vote by providing more choice on when and how to vote.

Republicans want to guard against potential voter fraud, and to strictly control absentee voting. Enacting more stringent voting provisions, with at least one state providing the ability of the legislature to insinuate itself into the local election process. The results make it more difficult for voters to vote by reducing election day voting hours and polling locations.

Given the above, how could we use underlying assumptions to help us decide on the best course of action or develop alternatives that accommodate the desire to make voting easier while reducing voter fraud?

Peter Drucker, another management guru said if you want to understand the other persons position, you must first find the set of assumptions that make

their argument perfectly reasonable. This eliminates the belief that the other guy has nothing but bad intentions and can open up avenues of fruitful discussion.

Personally, I think we need to take the suffering out of suffrage. In New Hampshire, we have no online voter registration, no early voting, and very limited absentee voting. A period of early voting and less restrictive absentee ballots would encourage and facilitate more of our citizens to vote. Democracy is a participatory sport.

Jlm Green  
Londonderry

## Thanks for Supporting Local Farms!

To the editor,

Every year I look forward to one thing on my calendar that starts my year off outdoors- New Hampshire Maple Weekend! This year it was held on Saturday, March 20th and Sunday, March 21st and thankfully, those were the two most beautifully warm days we've had so far.

I just love helping out Anne Peterson at her farm at 28 Peabody Row in Londonderry and reconnecting with the great group of folks who regularly step up to make Maple Weekend at Peterson Sugar House a wonderfully informative and tasty experience. Marcello from Jackson

also came down to help out this year- it was great working alongside him as well as Roy, Ray, Shirley and Kenny to welcome the many locals and out-of-towners who stopped by. I consider myself very lucky to be the one who gets to scoop out the vanilla ice cream and drizzle on the pure maple syrup every time because there's nothing like seeing a child's eyes light up when they sample that amazing flavor combination!

Come to think of it, we're all so lucky that in 2021, we still have a number of working farms in town that welcome us to enjoy ourselves out in the fresh air, especially since we've been cooped up indoors all winter and still have to social distance from one another. With the gorgeous sunny weather we had on maple weekend, it was

wonderful to see that so many people took the opportunity to come down to Peabody Row and learn how maple syrup is made, sample the syrup, enjoy a walk out to behind the sugar house and into the pasture and explore around the pond. You just can't beat Mother Nature and all she has to offer!

Londonderry has a rich agricultural heritage and I hope you all take the time to check out everything that our local farms have "on tap" for this year. Make a to-do list of the local things you and your family can learn and experience and enjoy together! Mack's, Merrill's, Sunny-

crest and Elwood's each have Facebook pages that you can "like" and follow to keep up with their latest news and information on what's happening.

There's scenic vistas, ponds, walking trails and farm animals; great crops of blueberries, strawberries, apples, peaches, corn and pumpkins; flowers, cornstalks, haying, hay rides, a corn maze and Christmas trees; and jams, pies, donuts, ice cream and more. Get out, have fun, and experience the heart and soul of Londonderry - its local family-owned farms!

Ann Chiampa  
Londonderry Local

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## Rescue

Continued from page 1

and they choose a different confined space each year to keep their skills sharp with the different challenges they have in

Londonderry.

All four Battalions of the LFD practiced these skills during the month of March, and then finished up with real-life training by rescuing a manikin from the water pumping station.

To make this rescue, crews perform air monitoring, ventilation and rope rescue skills to rescue victims from the underground structure.

Confined spaces are based on guidelines from the Occupational

Safety and Health Administration (OSHA). A confined space is defined as:

- Large enough for workers to enter and perform certain jobs.
- Limited means of entry or egress.
- Not designed for continuous occupancy.

According to Battalion Chief Jim Roger, "Many workplaces contain spaces that are considered 'confined' because their configurations hinder the activities of employees who must enter, work in, and exit them. A confined space has limited or restricted means for entry or exit, and it is not designed for contin-

uous employee occupancy. Confined spaces include, but are not limited to underground vaults, tanks, storage bins, manholes, pits, silos, process vessels, and pipelines. OSHA uses the term "permit-required confined space" (permit space) to describe a confined space that has one or more of the following characteristics: contains or has the potential to contain a hazardous atmosphere; contains a material that has the potential to engulf an entrant; has walls that converge inward or floors that slope downward and taper into a smaller area which

could trap or asphyxiate an entrant; or contains any other recognized safety or health hazard, such as unguarded machinery, exposed live wires, or heat stress."

According to US Department of Labor, fatal injuries in confined spaces averages 92 fatalities' per year. The main cause of the fatalities is workers entering oxygen deficient or toxic atmospheres.

Roger added, "I would like to thank Penichuck Water for allowing us to use the water pumping station. It's so important that we have real life spaces to train in, to keep our skills sharp."

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# LONDONDERRY SPORTS

## LHS Football Program Prepares Players for Collegiate Football

SUBMITTED BY  
OLIVIA WINDISCH –  
LHS, LANCER SPIRIT

The Londonderry Football program has reached many milestones over the past few years, beating Pinkerton Academy two years in a row and winning a state championship after an undefeated season. So how do they continue to do it? Every year, the program continues to build a team that has the desire to play beyond the high school level. The program has all of the tools necessary for the Lancers to move forward successfully in their football careers.

With an award-winning athletic training program and a supportive coaching staff, the program has sent 23 individuals to play college football since 2016 and has had 17 players move up in the past



Pat Zepf

three years. Lancer football head coach Jimmy Lauzon puts in an immense amount of effort each year to give players the opportunity to have a successful college football career after their high school experience here at LHS.

"I think we run our program as similar to a

college program as we can. That's always been the goal for our staff, but it took a few very dedicated classes to embrace that type of culture. I think we prepare [students] for the next level with the off-season program we have in place, the dedication to practice and film during



Josh Berube

the season, and learning everything we throw at them schematically,"

Lauzon said. "When they go on their college visits and hear what's expected of them at the next level, I don't think it scares them off. I think they're used to that type of time commitment."

By creating a college-like vigor in his daily training the Lancers are being prepared for the commitment of college football. The Lancer Football Program has a unique amount of hard-working and dedicated players that focus an immense amount of time and effort into their team. LHS alumni Josh Berube and Pat Zepf took advantage of the Londonderry Football

Program and went on to play football in college.

Berube currently plays on Saint Anselm College's football team as an offensive lineman. Berube has learned the value of hard work early in his football career.

"The Londonderry football program showed me how to be a leader and how to work hard. I built lifelong relationships with coaches and teammates that helped me prepare for football at the next level," Berube said.

Berube has taken advantage of every opportunity presented to him by the LHS Foot-

Continued on page 10



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# Football

**Continued from page 9** ball Program and credits it as the reason he knows how to work hard and be a leader.

"Coach Lauzon is pretty much the only reason that I am where I am," Berube said. "He helped me reach out and get my name out to colleges that he thought would be good fits and ultimately guided me through the whole process. Besides Lauzon, all of the other coaches consistently gave me love and support to be the best I can be."

With years of experience, Lauzon has fine-tuned the way he gives athletes who desire playing in college exposure. He begins the process by getting in contact with as many coaches as he can during typically the players junior year. Lauzon helps his players stand out from the crowds of kids trying to get into a school by putting a face to their name.

"I do whatever I can to improve their exposure. I want our players to have a chance to play beyond high school if they have aspirations to do so, and I want to help with that process. I also want our players to know when colleges are

interested in them," Lauzon said. "It helps motivate them in a lot of ways, most importantly it motivates them academically, but also helps motivate them in the off-season, and usually makes the player more coachable because they want to improve."

"We've just been very fortunate to have good, hard-working, dedicated kids. If the older kids continue to set the tone and expectation for the groups that come into the program, then things will continue moving in the right direction," Lauzon said. "I just think the players here have really bought in, the parents have been supportive and allowed their kids to be coached, and our administration has given us every tool to be successful. I think our off-season program has become somewhat of an expectation now. Our players improve tremendously from year to year which has to do with the time they put into training their bodies for nine months of the year and the time they put in improving their skill set over the summer. I don't think it's like that everywhere."

The program gives the players every tool and more to succeed in the sport, but it is a mat-

ter of drive and dedication that will determine whether an athlete is cut out to play at the collegiate level.

"I think our players must love football and be ready to work hard in order to play at the next level. It's usually easy to see which players can continue playing at the next level. If they are fully committed to our program, they grind hard all year long, they enjoy the game and all that comes with the game, then we know they can make it at the next level. They also need to do well academically," Lauzon said. "Unfortunately, I've seen many players' academics hold them back more than their football ability. And it isn't a Londonderry School issue, in fact we've had kids get into Ivy League level schools from Londonderry, academics here will never hold a player back from getting into a school, but rather how they do academically that will hinder their chances of getting a next level opportunity."

LHS football alumnus Pat Zepf currently plays football at Bowdoin College and appreciated the emphasis placed on being a well-rounded student athlete.

"A key part of playing in college is being able to manage your time and balance athletics with academics. Coach Lauzon always put an emphasis on achieving this balance at LHS by hosting study halls and meeting with teachers," Zepf said. "This really allowed my teammates to learn the skill of time management which has paid off in college. You cannot be successful on the field if your team lacks time management and discipline off of the field."

In order to succeed as a student athlete you must have dedication and discipline to stay focused on the task at hand. Both Berube and Zepf took full advantage of the opportunities the program presented them throughout their high school career.

"Pat and Josh embraced what our program had to offer, from the weight room, to the amount of time our staff was willing to spend with them to help them improve, to the academics LHS has to offer. They had a lot of college opportunities because of not only what they did on the field but also because they did well academically. They all brought into the weight room and training

opportunities Michelle Hart-Miller provided," Lauzon said. "They all got stronger and faster throughout their career which helped them perform better on the field. They also all stayed patient. The last thing I'll say about them is that they went about the recruiting process the correct way. They weren't just thinking about football, they went to a school that fit them academically, socially, and athletically which is why they're having success there."

LHS Athletic Trainer Michelle Hart-Miller dedicates her time creating a program designed to fit the needs of every sport, giving the Londonderry football program a personalized training schedule.

"Talent and having a good skill set that gets athletes to the collegiate level, some kids will excel despite a solid strength and conditioning program. What we provide is an opportunity to participate in a four-year developmental program with the goal of improving performance and building 'Lancer armor' or durability," Hart-Miller said. "All sports have the same fundamental patterns of movement, sports 'specificity' comes from playing their sport. We progress athletes as they master these basic movement patterns and we see the most progress and growth with athletes that meet or exceed our program expectations and goals. By far the biggest keys to success are year round consistency, effort and a respect for the process."

The program that the Lancers are provided

with is a rarity in the state of New Hampshire and provides high school athletes with a strength and conditioning program.

"I'll be honest, sometimes I'm not sure athletes understand what they had access to until they get to college and realize what they had access to. We provide our athletes with the same if not better programming than some collegiate programs," Hart-Miller said. "In our state in particular, having access to a high school strength coach and a solid strength and conditioning 'program' is extremely rare. I can think of only two other schools right now and only one in our division with a program in place."

The stakes are high at Londonderry High School and there is no shortage of team spirit or drive on the football field. The culture, training, and college recruitment process are just a few of the things that set LHS football apart from other teams.

"What makes our football team special is we have a head coach and a coaching staff in place that's helped to foster a culture where year round participation is a valued part of the football 'program' as a whole," Hart-Miller said. "I can say with 100 percent certainty we have the hardest working team in the state, we have a lot of expectations. Those expectations have led to an increase in game wins, fewer injuries, a state championship in 2019 and now a 'championship culture.' That's what it's all about, right?"



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# Canine Health Awareness Month Get the Family Dog More Walks

MELISSA BETH RUIZ  
LONDONDERRY TIMES

Springtime is also when most people either take or begin their fitness efforts outdoors. As enjoyable as a stroll alone might be, those with canine family members might want to consider letting FiFi or Sparky tag along. It could be the very thing that makes all the difference in his or her quality of life.

April is Canine Fitness Month, a time dedicated to focusing on keeping man's best friend healthy and active.

According to the most recent data available from the North American Veterinary Community (NAVC), in association with the Banfield Pet Hospital Network, a Veterinary Emerging Topics (VET)

Report revealed that more than half of all adult dogs seen at over 1,000 Banfield hospitals alone were considered overweight or obese in 2019.

Researchers found that 51 percent of the almost 2 million adult dogs seen at Banfield practices were classified as overweight. The report also showed that less than ten percent of these pets successfully went on to lose weight following their diagnoses, and of those, roughly 40 percent ended up gaining weight back within a year.

Excess weight in pets is associated with a number of adverse health conditions, says the American Animal Hospital Association (AAHA). These conditions include Endocrinopathies, metabolic

abnormalities, cardiovascular disease, decreased immune functions, and joint problems, and more.

Like their human counterparts, there are a number of different factors that can lead to canine obesity, according to Doctor of Veterinary Medicine, Christopher G. Byers.

Perhaps the biggest factor in weight gain is the ratio of exercise or activity to the amount of food a dog eats. The amount of food per meal, number of snacks and treats, and food quality can adversely affect a dog's weight.

"Indiscriminate feeding habits including feeding table scraps, poor diet, and constant access to food are significant contributing factors to this most prevalent issue in canine pop-

ulation." Dr. Byers wrote in his conclusion to the article: Obesity in dogs...exploring the causes and consequences of canine obesity.

Should bad feeding habits develop, coupled with a decrease in energy output, there are several other internal factors that could further exacerbate a dog's weight gain.

As it turns out, there are several dog breeds that have a biological predisposition to obesity, wrote Dr. Byers. These breeds include Cairn Terriers, West Highland White Terriers, Scottish Terriers, Shetland Sheepdogs, Basset Hounds, Cavalier King Charles Spaniels, Dachshunds, Beagles, Cocker Spaniels, and Labrador Retrievers.

Interestingly, Dr. Byers noted that certain dog breeds, particularly sight hounds (dogs such as Greyhounds, Whippets, etc), appear to be resistant to the development of obesity. This is due largely in part to their aerodynamic body structure and unique metabolisms which allow these breeds to move at great bursts of speed to chase down fast-footed game, says the American Kennel Club.

Age is also a factor in

animal weight gain, continued Dr. Byers, as lean body mass declines as dogs get older. This loss is often exacerbated if voluntary activity is also decreased along with age. Furthermore, if food intake does not decrease proportionately with decreasing energy needs, this results in Fluffy gaining weight.

Dogs can also gain weight after being spayed or neutered. As a net loss of circulating sex hormones occurs, the dog's metabolism also seems to slow. Changes in these hormones directly affect the satiety (feeling of fullness) center of the brain, causing spayed and neutered dogs to eat more food than is required for their energy levels, resulting in weight gain.

There are also certain medications that contribute to animal weight gain, including Phenobarbital and Glucocorticoids, particularly if taken over a long period of time.

For owners who suspect their furry family member may need to shed a few pounds, the first step shouldn't be diving head-first into a new diet and exercise regimen. At least not without consulting with Spot's doctor first.

Says Blue Cross for

Pets, "It is best to start with a trip to the vet...your pet will need a check-up for medical conditions that could interfere (with weight loss).

From there, the Veterinarian can help owner and pet begin a weight-loss journey best suited for the dog's unique needs. Most practices also offer calorie-controlled foods and weight control clinics to aid in getting pets back to their optimal health.

Of course, prevention is the best way to control a dog's weight. Ensuring pets get plenty of exercise and activity, eat the right foods in the right amounts, and getting annual wellness screenings can help keep dogs at their healthy weight. The Veterinarian can also help advise the owner what food and how much of it is best for his or her canine friend.

As days grow longer, there is more daylight after working hours to get the family, Fido included, out for some much-needed fresh air and exercise. The family that gets healthy together stays together, and its most loyal members deserve the proper care to ensure they can stay together as long as possible.

## Free Meal Plan Extended by the USDA Through Summer 2021

The U.S. Department of Agriculture (USDA) announced last week that they will continue support by providing free meals to NH students under several waiver programs. The extension is now good through Sept. 30, 2021.

The waiver extension allows for safe meal distribution sites that serve all children for free, regardless of income. In addition, the waivers:

- Allow meals served through the Summer Food Service Program (SFSP) and Seamless Summer Option (SSO) - collectively known as "summer meal programs"

- to be made available in all areas at no cost;

- Allow meals to be served outside of the normally required group settings and meal times;

- Allow parents and guardians to pick-up meals for their children, including bulk pick-up to cover multiple days of feeding children.

"We are very happy to hear that the USDA will be extending waiver programs through September so that schools and organizations are able to serve healthy meals to children safely, during the summer," said Michelle Myler, Administrator of the

Bureau of Student Wellness. "I want to thank the schools and their staff for their tireless efforts in supporting and feeding our children during these unprecedented times."

Since March 13, 2020, NH schools have served over 13 million meals to NH students.

In the past year, over 12 million children from all around the country have had a hard time accessing regular meals and these waiver programs have been able to provide needed relief to many. To learn more, visit [www.usda.gov](http://www.usda.gov).



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# AROUND TOWN

**Around Town Policy:** This section is meant to be used to announce free events to the communities. If your group is receiving money for what they are publicizing, there will be a charge of \$40/week per paper. All Around Town/Calendar Items will be held to 100 words maximum. All free announcements in the Around Town/Calendar section can run a maximum of three weeks. Deadline for submissions is Monday at 5 p.m. Please send items to [londonderrytimes@nutpub.net](mailto:londonderrytimes@nutpub.net).

## 50+ Softball

Enjoy a fun night out and play some softball. Looking for Londonderry residents at least 50 years old to play in our town softball league. We play on Tuesday nights at Londonderry's Nelson Rd field starting the end of April and going until September/October. If interested or need more information contact Jim Edwards at 603-432-5720 or [jimedwards48@comcast.net](mailto:jimedwards48@comcast.net).

## Trailways Spring Clean-up

Londonderry Trailways will be holding a spring trail clean-up Saturday, April 10 from 9 - 11 a.m. Volunteers are asked to meet at the North Elementary School parking lot. Garage bags will be provided. Pick-up trucks are needed, and work boots and work gloves are recommended. The rain date is Saturday, April 17. For more information: [www.londonderrytrails.org](http://www.londonderrytrails.org).

## Craft Time

Starting on Monday, April 12, at 10 a.m., a virtual craft time will be available to watch on the Leach Library Facebook page. Follow along with Miss Colleen as she decorates a bookworm puppet! Craft kits are available while supplies last. Please call the library at 432-1132 to reserve a time to pick up your kit today!

## Young Adult Craft

Starting on Monday, April 19, at 10 a.m., a virtual craft for teens will be available on the Leach Library Facebook page. Follow along with Miss Megan to make your own 3D framed quote craft! Please call the library at 432-1132 to reserve a time to pick up a craft kit.

## Story Time

Beginning on Monday, April 26 at 10 a.m., Join Miss Jennifer for a reading of "Sebastian Meets Marvin the Monkey"! This story time features a book written by Londonderry author Janice Spina and illustrated by her husband John Spina.

## Legion Karaoke

American Legion Post 27 will host a Karaoke night with DJ Sharon on April 9, from 7:30 - 11 p.m., at 6 Sargent Rd., Londonderry. Non-members interested in joining Post 27 are welcome to attend. Please wear a mask when entering and moving around within the Post. The bartender will take your temperature and ask for your phone number as part of our contact tracing.

## Legion Meeting

American Legion Post 27 Monthly General Meeting will be on April 12, at 7 p.m. at 6 Sargent Rd., Londonderry. The 2020-21 Executive Board officers will be installed so there will not be a normal meeting. All members are welcome to attend. Please wear a mask when entering and moving around within the Post. The bartender will take your temperature and ask for your phone number as part of our contact tracing.

## Voter Information

New Hampshire law requires that the Supervisors of the Checklist verify the voter checklist every ten years. Any person on the checklist who has not voted in the past four years must re-register to remain on the checklist. The Supervisors are sending notice letters to these voters at the address the voter provided when registering. The Supervisors of the

Checklist for the Town of Londonderry will hold sessions for re-registering voters who have not voted since April 1, 2017, as well as accepting applications for new voter registration, requests for the correction of the checklist, and changes of political party affiliation on the following dates: Monday, May 17, from 6 - 8 p.m., Saturday, June 19, from 11 a.m. - 1 p.m., Tuesday, July 13, from 6 - 8 p.m. To register to vote, one must provide: Proof of Londonderry residency, Proof of citizenship (passport, birth certificate, naturalization papers), Proof of age, Photo ID. Applicants for registration who possess proof of identity, age, citizenship, and domicile should bring that proof when they come to register. Qualified applicants who do not possess proof or who do not bring proof with them may register if they sign an affidavit attesting to their qualifications for identity, age, domicile and citizenship.

## Republicans Meeting

Exciting times are upon us. Take part in positive informative discussions, and be part of the process to resolve issues. Learn the latest happenings on important NH legislation, election integrity, 1st, and 2nd amendment issues, CRT, and the town's water quality issues. State Representatives and other officials want to hear from you and work with you to keep NH a great state to live and work in. Got concerns, questions, and ideas? Want to make a difference? Join us for a lively hour and half meeting on April 15, Thursday, 7 - 8:30 p.m., at 78 Litchfield Rd., Londonderry. Should you want more information about the Londonderry

Republican Town Committee's meetings and events, contact LRC Chairwoman Liz Thomas (603) 437-6090, [eathomas@comcast.net](mailto:eathomas@comcast.net).

## Tax Forms Available at Leach Library

Tax forms for the 2020 tax year are available for no-contact pickup at the Leach Library. Forms 1040 and 1040-SR as well as instruction booklets are available on a first come, first serve basis. The Reference Staff can also make photocopies by appointment and print other tax forms upon request. Please call the library at 432-1132 to schedule a pickup time during Drive-Thru Service hours: Monday through Friday 10 a.m. - 6 p.m. and Saturday 10 a.m. - 2 p.m.

## LEEP Applications

Londonderry Early Education Program (LEEP) is Now accepting applications for the 2021-2022 school year! Are you considering preschool for your child? If your child turned 3 by Sept. 1st and is a Londonderry resident, consider enrolling your child in the Londonderry Early Education Program (LEEP) preschool program. We are a developmentally appropriate preschool that is respectful of the talents and needs of individual children. Our teachers are all certified educators and the program is provided by the Londonderry School District. Programs for three-year old preschoolers meet from 8:25 - 10:55 a.m., either 2 or 4 days per week and our program for our prekindergarten students meet from noon - 2:30 p.m., either 3 or 4 days per week. Tuition rates are: Preschool: \$150 per month for a 2 day per week program and \$200 a month for a 4 day per week program. Prekindergarten: \$180 per month for a 3 day per week program and \$200 a month for a 4 day per week program. Applications are available online on the Moose Hill School website. We also have our LEEP Handbook available online on the Moose Hill School website if you'd like additional information on the program. For more information, contact Dee Fos-

mire at 437-5855 ext. 7223. Please email Dee Fosmire at [dfosmire@londonderry.org](mailto:dfosmire@londonderry.org) or Kim Speers at [kspeers@londonderry.org](mailto:kspeers@londonderry.org).

## Teen Talk

Free LIVE on Zoom on Tuesdays from 3 - 4 p.m., for teens 13-18 to talk, support each other, and be heard. No preregistration necessary. Zoom link to join: [bit.ly/tipstotics](https://bit.ly/tipstotics)

## Free Parenting Workshops

View these free parenting workshops at your own pace hosted by the Upper Room at [www.urteachers.org/workshops-on-demand](http://www.urteachers.org/workshops-on-demand). Dealing with Challenging Behaviors in Children - The Importance of Routines and Consistency for your Child.

## Raising another's child?

Are you parenting a second time around? Attend the Grandparent and Relative Caregiver Support Group. Join this free weekly meeting for resources, discussions and support for those raising another person's child. No preregistration needed. Tuesdays 6 - 7:30 p.m. Meeting in person at the YMCA - Londonderry. Contact: Seren Elizabeth at [selizab@urteachers.org](mailto:selizab@urteachers.org) or g. Grandparent PASTA Groups are brought to you by NH Children's Trust, the YMCA of Greater Londonderry, the Southern Rockingham Coalition for Healthy Youth (SoRock) and The Upper Room.

## Caregiver Resource Line

Have parenting questions? Upper Room offers Parent & caregiver resource line, call (603) 437-8477 ext. 26. Call with your name and contact number, and a trained professional will return your call within 24 hours. If you are having an emergency, please call 911.

## Free Stress Management Workshop

An on demand workshop by the Upper Room. View at [www.urteachers.org/workshops-on-demand](http://www.urteachers.org/workshops-on-demand). To learn more contact Beth O'Connell at [eoconnell@URteachers.org](mailto:eoconnell@URteachers.org).

## St. Jude Food Pantry

St. Jude's Food Pantry is open to all Londonderry resident who maybe in need. Call Kay at 434-1827 to make an appointment to pickup your food from the pantry. "We are there for the people and want to help them."

## Covid-19 Relief Fund

To apply for financial assistance, call Community Health Services at (603) 425-2545. For holiday gifts, food and other types of assistance, call The Upper Room at (603) 437-8477 x 110.

## TIPS Zoom

Are you a young parent? The Upper Rooms Teen Information for Parenting Success (TIPS) will hold Zoom meetings on Wednesdays from 5 - 6 p.m. Support and resources for young parents (up to age 24) and their children. Zoom meeting link: [bit.ly/tipstotics](https://bit.ly/tipstotics)

## Online Story & Craft

Looking for something fun for the kids? Connect Online Story & Craft Session for Parents and their children up to age 6 with the Upper Room. Free Live on Zoom. Join us on Zoom for live interactive songs and children's stories followed by a craft lesson, that is easy and fun to do with your child at home. Zoom link to join: [bit.ly/connectstorytimezoom](https://bit.ly/connectstorytimezoom). craft supplies at [bit.ly/connectstorytime](https://bit.ly/connectstorytime) or email [skoza@URteacher.org](mailto:skoza@URteacher.org).

## Vaping and Your Health

A Vaping and Your Health Teen Workshop will be held on demand. Workshops are held on the first Tuesday of the month and online options are also available. Call (603) 437-8477 x117 to register and get more information.

## Raising a Teenager?

Parent & Caregiver Café (PaCC) Group. These meetings are a wonderful resource for parents and caregivers raising teens. Discuss your concerns and learn new parenting strategies. New topics are introduced weekly including anger management, drug

Continued on page 13



## Around Town

Continued from page 12

and alcohol abuse, communication and setting boundaries. No preregistration needed. Thursday 6 - 7:30 p.m. Free live on Zoom. Link to Join: <https://us04w-e.zoom.us/j/302497889>. Contact: Seren Elizabeth at [selizabeta@urteachers.org](mailto:selizabeta@urteachers.org)

### Presbyterian Church

The Walking Together Group and the Walk With Me Group will be meeting together via zoom 7 p.m. every Tuesday, via computer or

telephone. This is a support group for anyone who has lost a spouse, a family member or a friend. For information, contact: 781-866-9976 or [jrkdias@aol.com](mailto:jrkdias@aol.com)

### Legion Meals

Every Sunday Post 27 is serving food prepared by members during the 1 p.m., football game. Legionnaires eat for free and there is \$5 donation for everyone else. Please wear a mask when entering and moving around within the Post. The bartender will ask for your cell number as part of our contact tracing. Locat-

ed at 6 Sargent Rd., Londonderry (behind the fire station on Mammoth Rd.)

### Food Pantry

Contact-free pick up at the Upper Room, 36 Tsenet Rd., Derry is available on Mondays from 11 a.m. - 1 p.m. (back entrance), Thursdays 3 - 4 p.m. and by appointment (front entrance).

### Young Adult Programs

On Fridays 11 - 11:30 a.m., facilitated by The Upper Room, weekly free remote support programs are available. To access: Contact Beth O'Connell at

[eoconnell@URteachers.org](mailto:eoconnell@URteachers.org) or follow the Young Adults Strong Facebook page.

### Parent & Caregiver Café

Parent & Caregiver Café Remote meetings are open to those raising teens. Thursdays from 6 - 7:30 p.m. To access, visit: [us04w-e.zoom.us/j/302497889](https://us04w-e.zoom.us/j/302497889) Meeting ID: 302 497 889 (no password needed) Contact: Seren Elizabeth [atselizabeth@urteachers.org](mailto:atselizabeth@urteachers.org) No preregistration need.

### Feeling Overwhelmed?

The Upper Room is offering supportive online counseling schedule a free

one-on-one supportive counseling session. Email Seren at [selizabeta@urteachers.org](mailto:selizabeta@urteachers.org).

### CART Transitions to Essential Trips only

In an effort to keep drivers and the ridership of CART safe and healthy during the COVID-19 pandemic, CART will transition to essential only. CART will communicate with all passengers who have current trips scheduled and make adjustments where appropriate. Essential travel will include medically necessary trips (dialysis, pharmacy, etc.) as well as trips to the

grocery store. CART will work with passengers to accommodate the essential trips and will work on timing to be as flexible as possible. Service will remain available to all towns, 5 days a week. Any questions, concerns or comments should be directed to [mwhitten@mtabus.org](mailto:mwhitten@mtabus.org) or phone CART at 603-792-5151. CART looks forward to restoring regular service levels as soon as this crisis passes.

### Raising children ages 0-12?

Upper Room offers Parent & caregiver workshops

Continued on page 15

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## Londonderry Police Log

### Selections from the Londonderry Police Logs

#### Monday - March 29

**10:21 a.m.** Suspicious Activity investigated by three officers on Granite Street

**10:45 a.m.** Three officers assist the Londonderry Fire Department with services on Rockingham Road at Woodhenge Circle.

**12:49 p.m.** Larceny/Forgery/Fraud investigated on Harvey Road.

**1:13 p.m.** Assisted the Londonderry Fire Department with transportation to a hospital

from Recreational Education on Center Mohawk Drive

**4:13 p.m.** Motor Vehicle Stop leads to an arrest citation being issued on Route 93 at Northbound mile-marker 13. Justin Iaci, 20, of Windham charged with Drive after having License Revoked/Suspended; Suspension of Vehicle Registration; and Misuse of Plates.

**6:07 p.m.** Services rendered during Suspicious Activity on Abington Drive.

**7:55 p.m.** Keeping the Peace on Bridle Path at Wallace Farm Apartments.

#### Tuesday - March 30

**1:30 a.m.** Motor Vehicle Check leads to an arrest being made by four officers on Mammoth Road at Moose Hill Orchards. Chelsey Hanulec, 19, of Londonderry charged with Driving Under the Influence - Impairment; Manufacture/Possess a False ID; Unlawful Possession and Intoxication; and

Continued on page 15

## Spring is Here Time to De-Clutter

We are offering a **FREE** classified ad (text only) in our papers if you are selling items for \$50 and under

**Call 537-2760**





## Police Log

Continued from page 14

Transporting a Alcoholic Beverage by a Minor.

**1:17 p.m.** Trespassing investigated on Village Common Crossing at Main Street.

**4:06 p.m.** Three officers assisted other Police Department with an arrests on Crosby Lane. Riley Leblanc, 20, of Londonderry arrested on a Warrant.

**8:38 p.m.** Report of a Prowler investigated on Boyd Road.

**8:58 p.m.** Suspicious Activity investigated at Londonderry Christian Church on Mammoth Road.

### Wednesday - March 31

**10:07 a.m.** Assisted the Londonderry Fire Department with transportation to a Hospital from Currier Drive.

**10:19 a.m.** Sudden Death investigated by four officers at Sleep Inn on Perkins Road.

**3:19 p.m.** Larceny/Forgery/Fraud investigated

on Capitol Hill Drive.

**3:44 p.m.** Four officers assist with taking Missing Person to Family/Guardian on Winding Pond Road.

**3:50 p.m.** Abandoned 911 leads to having Peace Restored by three officers on Elijah Hill Road.

**4:47 p.m.** Missing Person taken to Family/Guardian on Manter Mill Road.

**5 p.m.** Criminal Threatening investigated on Tokanel Drive.

**5:02 p.m.** Larceny/Forgery/Fraud investigated at 7-Eleven Food Mart on Nashua Road.

**6:01 p.m.** Services rendered to Keep The Peace on Bayberry Lane.

**8:52 p.m.** Peace restored after Neighborhood Disputes on Whittemore Road.

**9:22 p.m.** Disturbance investigated by three officers on Old Derry Road at Walton Circle.

**11:12 p.m.** Services rendered for a Medical Emergency at Manchester

Boston Regional Airport.

**11:24 p.m.** Peace restored by three officers after a Domestic Disturbance on Conifer Place.

### Thursday - April 1

**2:51 a.m.** Criminal Threatening investigated on Owl Road.

**9:54 a.m.** Criminal Mischief investigated at Crossroads Mall on Nashua Road.

**10:58 a.m.** Weapons Offenses investigated on Constitution Drive.

**3:07 p.m.** Five officers assisted the Londonderry Fire Department with an investigated on Wiley Hill Road at Colonial Drive.

**7:03 p.m.** Services rendered for Suspicious Activity on Jason Drive.

**7:10 p.m.** Peace restored by four officers during a Domestic Disturbance on Gordon Drive.

**9:53 p.m.** Medical Emergency transported to a hospital from Sugarplum Lane.

**10:56 p.m.** Services rendered after a report of Criminal Threatening on Winterwood Drive.

### Friday - April 2

**8:47 a.m.** Larceny/Forgery/Fraud investigated on Holton Circle.

**9:53 a.m.** Larceny/Forgery/Fraud investigated on Tinker Avenue at Stonyfield.

**12:09 p.m.** Three officers assisted the Londonderry Fire Department with services on Litchfield Road.

**4:24 p.m.** Motor Vehicle Stop leads to an arrest made on Litchfield Road at Mammoth Road. Three officers assist with charging Santos Crespo, 38, of Londonderry with Suspension of Vehicle Registration; and Driving after having a Revoked/Suspension of License.

**8:42 p.m.** Motor Vehicle Stop leads to an arrest made on Overlook Avenue.

### Saturday - April 3

**10:03 a.m.** Welfare Check

investigated at Wendy's on Nashua Road.

**10:25 a.m.** Larceny/Forgery/Fraud investigated on Airport Road at Avis Car Rental.

**4:49 p.m.** Services rendered for Weapons Offenses on Holstein Avenue.

**4:54 p.m.** Suicide Attempt/Threat investigated by four officers on Bayberry Lane.

**6:49 p.m.** Four officers assisted the Derry Police Department with services on Ash Street at Derry town line.

**7:43 p.m.** Disturbance investigated by three officers at Crossroads Mall on Nashua Road.

**9:35 p.m.** Assisted the Londonderry Fire Department with services on Rockingham Road.

**10:45 p.m.** Suicide Attempt/Threat investigated by five officers on Bayberry Lane.

### Sunday - April 4

**12:08 a.m.** Three officers assist the Manchester Police with services

on Mammoth Road.

**12:34 p.m.** Motor Vehicle Check results in two arrests being made at Park and Ride North on Symmes Drive. Three officers assist with charging Michael Noel, 37, of Nashua on three Bench Warrants. Ryan Carroll, 32, of Nashua charged with Receiving Stolen Property (Over \$1,501); Disobeying an Officer; Driving After License Revoked/Suspension; and three warrants.

**3:25 p.m.** Missing Person investigated on Ash Street.

**4:40 p.m.** Motor Vehicle Stop leads to an arrest on Route 93 at North bound mile marker 14.4. George Mycock, 36, of Derry arrested on a Warrant.

**5:55 p.m.** Services rendered for Suspicious Activity at Manchester Boston Regional Airport.

**8:07 p.m.** Assault investigated by four officers at LAFA Complex on Nelson Road.

# Governor Launches NH Emergency Rental Assistance Program

Governor Chris Sununu launched the NH Emergency Rental Assistance Program established through the Governor's Office for Emergency Relief and Recovery (GOFERR). It will provide aid to eligible residents of NH who cannot pay their rent, utilities and heating costs due to the COVID-

19 pandemic.

"While the worst of this public health crisis is now behind us, New Hampshire will continue to provide assistance to those in need of additional supports," said Governor Chris Sununu. "The Emergency Rental Assistance Program is key to ensuring that we open doors of opportu-

nity and help NH families as we begin to see the light at the end of the tunnel on this pandemic."

The five regional Community Action Partnership (CAP) agencies will work directly with renters in need, review their applications, check eligibility, and process payments for eligible

expenses.

The program will cover past-due and future rent payments; utilities, such as electricity, home heating costs, water, sewer, trash; and other housing-related costs such as internet and relocation expenses associated directly or indirectly with COVID-19. Relocation expenses including rental application fees, utility hook-up fees, and security deposits are also eligible. Grants will be provided directly to the landlord or utility provider on behalf of the household. A landlord, with the tenant's permission, may apply for assistance on behalf of their tenant.

To be eligible, at least one person in the household must qualify for unemployment benefits, had their income reduced, had significant costs, or had other financial hardship due to

COVID-19. The household must be at risk for homelessness, be paying more than 30% of their income for rent and utilities, or live in unsafe or unhealthy housing, as well as meet certain income requirements.

Program guidelines, a Frequently Asked Questions guide, and the NHERAP application (online and a printable form) at [www.CAPNH.org](http://www.CAPNH.org) and on each of the five CAP agency websites. CAP staff are available to assist with the application process. Individuals may also call 2-1-1 to get assistance in contacting

their CAP agency.

Under federal law, this program is only for eligible renters, not homeowners.

The NHERAP will be administered by NH Housing Finance Authority (NHHFA), in collaboration with GOFERR. An extensive statewide outreach campaign is planned to inform the public, renters, landlords, organizations, and service providers about the NH Emergency Rental Assistance Program. Details about the program also are available at [www.NHHFA.org/emergency-rental-assistance](http://www.NHHFA.org/emergency-rental-assistance).

## Around Town

Continued from page 13

on Wednesdays, from 6 - 7 p.m. Free live on Zoom, facilitated by The Upper Room. Tune into this new series for weekly workshops offering families information, discussion and support.

### Evolve!

A group for young woman ages 13 to 18 to talk about today's challenges meets every Wednesday from 5:30 - 6:30 p.m. at the Upper Room, 36 Tsienneto, Road, Derry.

This is a free weekly group. To register, Call 437-8477 to register ext. 16.

### COVID-19 Response Help Needed

The South Central NH Medical Reserve Corps (MRC) is recruiting medical and non-medical volunteers to help with the COVID-19 Response in the region. Are you a practicing or retired medical professional or a concerned local citizen (with or without medical expertise), and interested in assisting your community during an

emergency? The MRC provides communities with medical and nonmedical volunteers trained to assist in the event of public health emergencies. Volunteers may be called to assist during emergencies, such as the COVID-19 response. Activities may include but not limited to greeting, registration, and vaccine administration. Free training will be available within your scope of practice. For more information, please reach out to Kate MacDonald at [katemacdonald@catsnh.org](mailto:katemacdonald@catsnh.org) or 603-505-7216.







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